

S'olh Shxwleli Siya:ye

Aboriginal Access Services



January 2007

Volume 2, Issue 1

Happy New Year with sincere wishes for academic success

So this is Christmas

And what have we done

Another year over

And a new one just begun

Lyric from the song *Happy Xmas (War Is Over)* by John Lennon

Past, present, future; this lyrical phrase from a late master songwriter is so powerfully and simply perceptive in the holiday context. Listening to the song during the holiday season can quiet a mind frenzied by constant activity. A mind can be reminded to review a year of accomplishments. A mind can connect to the upcoming January, to the reasons for

setting goals and setting out to accomplish them. The lyric can be a small way to connect to the big picture while details are being sorted and dealt with at Christmas, it's good practice anytime.

Is that certificate, diploma or degree closer to becoming a reality? Is entering the workforce with training and credentials becoming more likely? What time and energy commitments are expected in the next semester? What adjustments might help in achieving success? Classes begin January 8th regardless of answers to any question.

Making a plan and being ready to adjust if necessary will help in being successful.

Remember, if you'd like to talk things through any aspect of your life in the upcoming semester, you are likely to find a good listener and, perhaps if you ask, a helpful suggestion or two at S'olh Shxwleli. Remember to ask about activity dates when you visit one of the centres.



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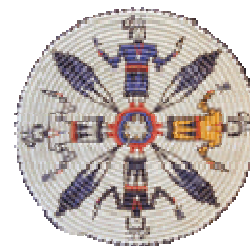
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Did You Know....

Shannon Baker, a Carrier Dene native from the Stellat'en First Nation near Prince George, will be competing in the Miss Universe® Canada 2007 pageant. Shannon, identical twin sister to Shauna, is a BA student, model, actress, musician, and dancer.

Check it out online:

<http://www.thebakertwins.com/home.html>

<http://www.thebakertwins.com/missuniverse.html>

One-Horned Baby Mountain Goat



He stays here at S'olh Shxwleli Chilliwack longer than anyone else — even Shirley. In fact, he has not left since he moved here in March of 2005.

He is the carving by Stan Greene, one-horned baby mountain goat. He stands vigil

over the centre and all who enter there.

To hear the story of this carving, just visit us and ask one of us to tell it. We're happy to share this small part of UCFV and Sto:lo history.



Winter 2007: Important Registration Dates

Registration and Class Dates

- Nov. 6 Winter registration times available through [myUCFV](#).
- Nov. 16 Registration begins.
- Dec. 19 Last Day a course may be cancelled by UCFV under normal circumstances.
- Jan. 4 (4 pm) Course adds through [myUCFV](#) close at 4 pm. To register after this date, attend the first class and obtain instructors permission, then register in person or by phone.
- Jan. 5 No course registrations while class lists are prepared.
- Jan. 8 Classes begin. Instructor's permission required to register in a course.
- Jan. 10 (noon) Deadline to login to online courses.

- Jan. 22 Fee payment deadline. Penalties apply if fees not paid in full.
- Jan. 23 Late registration fee of \$20 per course in effect. No refunds or fee reductions are given for dropped courses or sections from this date.
- Feb. 5 Last day to add course without department head's permission.
- Feb. 19 Semester break.
- Feb. 20 Semester break.
- Mar. 15 Final day to withdraw from classes (for courses scheduled Jan. 8—Apr. 5)
- Apr. 5 Last day of classes.
- Apr. 10—23 Examination period—no classes. (Saturdays included.)

- Dec. 19 Last day to drop courses without financial penalty (100% refund).
- Dec. 20—Jan. 5 A penalty of 5% of the total tuition fee will be charged for any dropped courses or sections.
- Jan. 6—22 A penalty of 10% of the total tuition fee will be charged for any dropped courses or sections (for courses scheduled Jan 8-Apr 5).
- Until Feb. 12 Withdraw without a "W" appearing on transcript (for courses scheduled Jan 8-Apr 5).
- Feb. 13—Mar. 15 Withdrawals available. A "W" grade will be recorded on transcript.
- Mar. 15 Final day to withdraw from classes (for courses scheduled Jan 8-Apr 5).

Drop/Withdrawal Dates and Penalties

Did You Know...?



Thomas Longboat of the Onondaga was the headliner at many long distances races at the height of his running career one hundred years or so ago today.

Longboat set a course record of 2 hours twenty-four minutes and 24 seconds for the Boston Marathon in 1907.

Longboat collapsed during the Olympic Marathon in 1908 and did not finish.

Longboat enlisted in the Army in 1914. He continued running in events for the military and he served as dispatch runner between posts when regular communications were not working.

In 1999, Maclean's Magazine selected Longboat ninth on the top ten list of important Canadians in history. He was selected first on the accompanying list of top Canadian athletes of last century.

Today, Aboriginal Sport Circle awards the Thomas Longboat Awards annually. There are male and female winners from each province and territory as well as a male and female national award selected from the provincial winners.

Check it out online:

<http://www.aboriginalsportcircle.ca/main/tomlongboatawards.html>

<http://www.ammsa.com/buffalospirit/2004/footprints-TomLongboat.html>

http://www.peabody.harvard.edu/mcnh_running/Longboat.html

A Place for Info and Free Clipart - First People web site

SAMPLES



http://www.firstpeople.us/FP-Html-Clipart/NativeClipart_pg1.html

Contact Information for Aboriginal Access Services Staff

Mailing address:
Aboriginal Access Services
UCFV
Chilliwack Campus
45635 Yale Road
Chilliwack, BC
V2P 6T4
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Website: <http://www.ucfv.ca/arc.htm>

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Aboriginal Culture and Language
Coordinator
604 792 0025 local 4255 (Chwk)
604 504 7441 local 4255 (Abb)
laura.smith@ucfv.ca

To contact Aboriginal Access Services from out of the Chilliwack/Abbotsford area call toll free 1 888 504 7441 and ask for Shirley, Peter, Josephine or Laura at local 2835.

Xyolhemeylh Services — Sto:lo Nation

FN Child and Family Services

Includes:

Voluntary Request for Services Program
Foster Care Parent Education
On and Off Reserve Services
Youth Reconnect Mentorship Program
Reports of Abuse/Neglect Much more

<http://www.stolonation.bc.ca/Miramar/Downloads/Xyolhemeylh%20Services.htm>

Emergency Telephone Numbers

After Hours 7 days a week

1-800-267-7534

Mon-Fri (8:30 am-4:30 pm)

604-858-0113

Toll Free: 1-800-663-9393

Help for UCFV students in need



If you are finding there are times when your cupboards are bare, there is help. Student Life has food hampers for those students who run short on funds. The food hampers are donated by the food bank and you cannot get a hamper if you are already receiving one. All you need to get a hamper is proof that you are enrolled as a student at UCFV. The food hampers are limited to one per month. Please see the Student Life coordinator, Elicia Tournier or if you prefer, you may contact the Aboriginal Coordinators to fill in an application or to ask for more details.

Contact info:

Elicia Turnier
Student Life

Office: F107 in University House on the Abbotsford Campus

Phone: 604 557 4063