

What can I do with my major in...

Kinesiology?

Skills:

- 🌱 Ability to make informed decisions.
- 🌱 Ability to work either independently or as part of a team.
- 🌱 Ability to understand and work with complex scientific data.
- 🌱 Complete knowledge of the functions of the human body.
- 🌱 Social and Interpersonal communications skills.
- 🌱 Experience working in laboratories.
- 🌱 In-depth knowledge of the specific subject.
- 🌱 Verbal and written communication skills.
- 🌱 Listening Skills.
- 🌱 Time management and organization.

Sample Occupations

Occupation	Strategies for building experience
Clinical Kinesiologist	<ul style="list-style-type: none"> 🌱 Conduct an interview with a professional kinesiologist. 🌱 Become a member of the BC Association of Kinesiologists. 🌱 Volunteer at a Rehabilitation Clinic. 🌱 Become a member of KPESA. 🌱 Look into co-op and/or work study positions.
Physical Education or Health Teacher	<ul style="list-style-type: none"> 🌱 Become a member of UFV's Teacher Education Program Association. 🌱 Speak to a health and/or fitness educator. 🌱 Volunteer at a local school district. 🌱 Volunteer with youth programs where physical activities are strongly focused.
Cardiac Rehabilitator	<ul style="list-style-type: none"> 🌱 Volunteer at a Rehabilitation Clinic. 🌱 Conduct an interview with a professional kinesiologist. 🌱 Become a member of the Heart and Stroke Foundation of B.C.
Occupational Therapist	<ul style="list-style-type: none"> 🌱 Conduct an interview with an Occupational therapist. 🌱 Volunteer at a local hospital to work with a registered OT. 🌱 Look into co-op and/or work study positions.
Kinesiology Ergonomist	<ul style="list-style-type: none"> 🌱 Join the Association of Canadian Ergonomists. 🌱 Conduct an interview with a professional Ergonomist. 🌱 Join the Ergonomics Society.

Fitness Consultant	<ul style="list-style-type: none"> 🌿 Join the British Columbia Association of Kinesiologists. 🌿 Apply to work at a local gym. 🌿 Apply to work at a fitness equipment supplier. 🌿 Become a member of the Canadian Association of Fitness Professionals
Chiropractor	<ul style="list-style-type: none"> 🌿 Look into co-op and/or work study positions. 🌿 Join the International Chiropractors Association. 🌿 Look into teaching clinics for Chiropractors. 🌿 Apply to an accredited chiropractic college.
Massage Therapist	<ul style="list-style-type: none"> 🌿 Become a registered member of the College of Massage Therapists of BC. 🌿 Apply to an accredited massage therapy school. 🌿 Look into co-op and/or work study positions.
Certified Athletic Therapist	<ul style="list-style-type: none"> 🌿 Apply for an internship with a certified athletic therapist. 🌿 Join the Canadian Athletic Therapists Association. 🌿 Look into co-op and/or work study positions.
Exercise Physiologist	<ul style="list-style-type: none"> 🌿 Become a member of the Canadian Society for Exercise Physiology. 🌿 Fulfill the prerequisites to become a certified exercise physiologist .

University Links:

Kinesiology Physiotherapy Student Association (KPESA) :
Kinesiology Department

email: Martin.Kelly@ufv.ca
www.ufv.ca/kpe

Association Links:

American Kinesiology Association
American Kinesiotherapy Association
Canadian Association of Specialized Kinesiology
Association of Candian Ergonomists
British Columbia Association of Kinesiologists
Canadian Society for Exercise Physiology
National Strength and Conditioning Association (NSCA)
Canadian Society for Biomechanics
American College of Sports Medicine
Canadian Kinesiology Alliance
The Canadian Society for Psychomotor Learning
and Sport Psychology (SCAPPS)

<http://www.americankinesiology.org>
<http://www.akta.org>
<http://www.canask.org>
<http://www.ace-ergocanada.ca>
<http://www.bcak.bc.ca>
<http://www.csep.ca>
<http://www.csep.ca>
<http://www.health.uottawa.ca/biomech/csb/>
<http://www.acsm.org>
<http://www.cka.ca>

<http://www.scapps.org>

Volunteer Links:

VolunteerBC
Projects Abroad
British Columbia Recreation and Parks Association
Volunteer Canada

<http://www.volunteerbc.bc.ca>
<http://www.projects-abroad.ca>
<http://www.bcrpa.bc.ca>
<http://volunteer.ca>

