

**Larry Depow, BSW, MSW, RSW**

**Objective: Sessional Instructor – University of the Fraser Valley**

**Experience:**

- September 2006 – Present, University of the Fraser Valley  
**School of Social Work – Sessional Instructor & Private Practice**  
Sessional Instructor for Interpersonal Communication; Social Work and Mental Health; Theory and Ethics courses.
- May 2007 – February 2009, Fraser Health, Mental Health & Addictions  
**Concurrent Disorder Therapist & Clinical Coordinator**  
Provided consultation to health care professionals concerning clients with mental health and addiction issues. Conducted two to three weekly treatment and psycho-educational groups. Assessed client needs, provided individual treatment and when appropriate, referred for additional services. Field supervisor for BSW student and MSW student.
- June 2006 – May 2007, Mental Health & Addictions, Fraser Health  
**Manager, Mental Health & Addictions**  
Manager of Mission Mental Health Clinic, Community Residential Emergency Short Stay Facility and mental health contracts in Fraser East. Provided leadership in planning and implementing programs, recruiting and managing staff, and contract management.
- September 2003 – June 2006, Mental Health & Addiction Services, Fraser East  
**Coordinator, Concurrent Disorder Program**  
Assisted the management team in establishing contracted concurrent disorder services and monitored program deliverables. Provided direct clinical services to consumers experiencing complex concurrent disorder issues. Provided consultation and training to addictions and mental health staff. Facilitated the development of withdrawal management protocols in psychiatry. Assisted in the development of a business plan for a Withdrawal Management Unit in Chilliwack. Initiated and coordinated training in cognitive/behavioral therapy for mental health staff in Fraser East.
- September 2000 – September 2003, Mission & Chilliwack Mental Health  
**Mental Health Therapist**  
Provided assessment, short-term treatment and crisis intervention services to clients referred to and seeking services from Mental Health. Presented at the annual education day on concurrent disorders and conducted several in-service training sessions. Conducted a weekly cognitive therapy group. Field Supervisor for BSW students on two occasions.

- August 1999 – August 2000, Peace Arch Community Services  
**Concurrent Disorder Specialist**  
 Facilitated a weekly support group for persons experiencing mental illness and substance misuse. Initiated a weekly treatment group for persons with severe mental illness and substance misuse. Provided training to alcohol and drug counselors and psychiatric staff on concurrent disorders. Provided individual assessment and treatment services for clients.
- 1998 Alberta Adolescent Recovery Centre, Calgary Alberta  
**Assistant Director Clinical**  
 Provided assessment and treatment services to adolescents with substance dependence problems. Provided group counseling to parents of adolescent clients. Coordinated administrative and intake procedures. Presented to the substance abuse panel for the purpose of obtaining funding for clients and families.
- 1994 – 1997 Self-employed social worker, Fredericton, N.B.  
**Social Worker in Private Practice**  
 Provided individual, couple and family counseling on a fee for service basis. Taught Introduction to Social Work at St. Thomas University. Conducted smoking cessation and stress reduction seminars.
- 1990 – 1994 Michelin Tire Canada Limited, New Glasgow, N.S.  
**Manager-Employee Assistance Program**  
 Developed policies and training initiatives and implemented a comprehensive employee and family assistance program. Supervised two full time staff and one part time staff. Provided crisis intervention and counseling services to employees and their families in three communities. Administered the program budget and provided consulting services throughout the organization on EAP related matters.
- 1988 – 1990 Self-employed social worker, Fredericton, N.B.  
**Social Worker in Private Practice**  
 Developed a private practice in individual, couple and group counseling. Taught courses on alcohol and drug abuse (including off campus courses in First Nation communities) for Social Work Department - St. Thomas University.

**Education:**

- Master of Social Work, Dalhousie University, Halifax, N.S. 1988
- Bachelor of Social Work, St. Thomas University, Fredericton, N.B. 1986

**Community Service:**

- Member, Suicide Intervention Committee, Fredericton, N.B.
- Board Member, Family Enrichment and Counseling, Fredericton, N.B.

- Member, Interagency Committee on family violence, New Glasgow, N.S.
- Trainer, Pictou County Help Line, New Glasgow, N.S.
- Youth Group Leader, United Church, Fredericton, N.B.

**Professional Development:**

- Grief Counseling; Dr. David Crenshaw
- Male Sexual Abuse Survivors; Mike Lew
- Anger Management; Clarke Institute
- Alcohol and Drug Counseling (1 week).
- Cognitive Behavioral treatment of anxiety disorders; Newth & Haring
- David Berman Dual Disorder Conferences
- Cognitive Behavioral Therapy; Dr. Pedeskey
- Changeways Depression Group; Randy Patterson
- Cognitive Behavioral Therapy for Depression; Randy Patterson