

Education and Training

- 2007 Cybercounselling Level One - Counsellor Education Program
Worldwide Therapy Online Inc./University of Toronto, Faculty of Social Work

EMDR Parts One and Two
BC School of Professional Psychology
- 2006 Satir Level One
Satir Institute of the Pacific
- 2005 Masters of Social Work (MSW) - Distance Program
Maritime School of Social Work, Dalhousie University, Halifax, N.S.
- 2002 Bachelor of Social Work (BSW)
University College of the Fraser Valley, Abbotsford, B.C.
- 1997 Bachelor of Arts (BA)
Double Major in Sociology and Anthropology
Simon Fraser University, Burnaby, B.C.
- 1983 Criminal Justice Diploma
Fraser Valley College, Abbotsford
Dean's Award for Excellence in Criminology

Employment History

- 2008 to Present Yale Therapy
Private Practitioner
- 2007 to present University of the Fraser Valley
HS 120
Sessional Instructor
- 2004 to present Chilliwack Hospice Society
One on one support; program development; volunteer training; public education;
program facilitation
Program Director
- 1987 to 2003 Get Set Services Inc., Chilliwack, B.C.
Personal development and employment readiness programs for women on Employment
Assistance with abuse histories
Counsellor, Facilitator, Instructor
- 1998-2002 J & Z Consulting, Chilliwack, B.C.
Spousal Assault Program – weekly women's group for partners of assaultive men
Counsellor, Facilitator, Instructor

- 1998 University College of the Fraser Valley, Chilliwack, B.C.
Literacy Tutoring Program
Tutor 120 – Interpersonal Skills for Tutors
Tutor 130 – Group Dynamics for Tutors
Instructor
- 1993 – 1994 University College of the Fraser Valley, Abbotsford and Mission, B.C.
Lifeskills and college preparation for students with mental health disabilities
Instructor, Facilitator
- 1993 – 1994 Jackson Murray Consultants, Surrey, B.C.
Well Program – addictions recovery group for women
Instructor, Facilitator
- 1992 – 1993 Vancouver Eastside Enrichment Services - Newstart
Lifeskills and pre-release programs at federal penitentiaries, Fraser Valley, B.C.
Program Coordinator, Instructor
- 1992 – 1993 School District #33, Hope, B.C.
Women’s job re-entry programs
Coordinator, Facilitator
- 1991 – 1992 Westcoast Training Institute, Abbotsford, B.C.
Women’s job re-entry programs
Program Coordinator
- 1985 – 1987 University College of the Fraser Valley, Abbotsford, B.C.
Youth job re-entry programs
Lifeskills Instructor
- 1983 – 1985 Fraser Valley College
Elbow Lake, Kent and Mountain federal penitentiaries,
Harrison Mills and Agassiz, B.C.
Lifeskills and pre-release programs
Instructor

Short Term Employment Contracts

- 1983 – 1993 Lifeskills and facilitation contracts with adults and youth for the University College of the Fraser Valley, United Native Nations, Chawathil Reserve, Seabird Island Reserve, Abbotsford School District, Chilliwack School District and Sprott Shaw College.
Counsellor, Instructor, Facilitator

Hospital Social Work Experience

- 2003 - 2004 St. Paul’s Hospital, Palliative Care, Vancouver, B.C.
MSW Field Placement on the Palliative Unit at St. Paul’s Hospital. Also spent time on other hospital units: ICU; ED; HIV/AIDS; and CTU. Psychosocial assessment; Individual/family counselling.
Social Work Student

2002 Dr. Peter Centre, Vancouver, B.C.
Completed BSW practicum in the Day Program and Residence/Hospice of the Dr. Peter Centre, a facility for individuals with HIV/AIDS.
Social Work Student

Continuing Education/ Professional Development

2007 Hospice Mentoring
Fraser Health Authority

2006 Fraser Health Authority Workshops:
Ethics, Advance Care Planning and End of Life Decision-Making
Crossing Cultures
Spiritual Visioning

Narrative Conversations and Therapy in Health Services
Jack Cehac MSW RCC SWHSBC

2004 BCHPCA Conference
2005
2006

2005 Widening the Lens: Deepening the Practice
UBC Continuing Education for Social Workers

2004 Exploring the Heart of Grief: A “Companioning” Philosophy of Caregiving - Alan Wolfelt

2003 BCASW Annual Conference

2002 The Canadian Association of Nurses in AIDS Care (CANAC) 10th Annual Conference –
Social Justice: The Essence of HIV/AIDS Nursing

Evidenced-Based Social Work. Dr. Judith Globerman. BCASW

Health in the City: Conference on Urban Health Research. Centre for Health Evaluation and Outcome Services (CHEOS)

Professional Associations

British Columbia Association of Social Workers (BCASW)
British Columbia Hospice Palliative Care Association (BCHPCA)
Social Workers in Health Society of BC (SWHSBC)