

ORIGINAL COURSE IMPLEMENTATION DATE: September 2003

REVISED COURSE IMPLEMENTATION DATE: September 2017

COURSE TO BE REVIEWED: (six years after UEC approval) February 2023

Course outline form version: 09/15/14

## OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: CYC 167			Number of Credits: 3 Course credit policy (105)					
Course Full Title: Introduction to Working with Individuals in Child and Youth Care								
Course Short Title (if title exceeds 30 characters): Working with Individuals in CYC								
Faculty: Faculty of Professional Studies			<b>Department (or program if no department):</b> Child Youth & Family Studies					
Calendar Description:								
This course focuses on purposeful change in the lives of children and youth. Self-awareness, the importance and use of therapeutic relationships, the helping process model, and core communication skills are explored. Change theory, risk assessment, and crisis intervention are introduced.								
Note: Students with credit for CYC 267 cannot take this course for further credit.								
Prerequisites (or NONE):	Admission to the Bachelor of Arts in Child and Youth Care department head.				Child and Youth Care or	permission of the		
Corequisites (if applicable, or NONE):								
Pre/corequisites (if applicable, or NONE):	CYC 100 and CYC 101.							
Equivalent Courses (cannot be taken for add	ditional credit	t)		Transfer Credit				
Former course code/number: CYC 267				Transfer credit already exists: ⊠ Yes ☐ No				
Cross-listed with:				Transfer credit requested (OReg to submit to BCCAT):				
Equivalent course(s):				Yes No (if yes, fill in transfer credit form)				
Note: Equivalent course(s) should be included in the calendar description by way of a note that students with credit for the equivalent course(s) cannot take this course for further credit.				Resubmit revised outline for articulation:  Yes  No To find out how this course transfers, see				

CYC 167	University of the Fraser Valley Official Undergraduate Course Outline					
Learning Outcomes						
Upon successful completion	of this course, students will be able to:					
<ul><li>Demonstrate the fle</li><li>Explain the nature o</li><li>Apply a problem-sol</li></ul>	liefs, values and ethics related to child and youth care practic xible use of a range of core communication and helping skills if helping relationships ving approach for intervention and crisis management ility to foster the development of a therapeutic relationship					
Prior Learning Assessment	and Recognition (PLAR)					
Typical Instructional Metho	ds (guest lecturers, presentations, online instruction, field trips	s, etc.; may va	ry at department's discre	tion)		
Lecture, demonstration, roleplay, presentation						
Grading system: Letter Grades:  ☐ Credit/No Credit: ☐ Labs to be scheduled independent of lecture hours: Yes ☐ No ☐						
NOTE: The following section	ns may vary by instructor. Please see course syllabus a	vailable fron	n the instructor.			
Typical Text(s) and Resource Materials (if more space is required, download Supplemental Texts and Resource Materials form)						
Author (surname, initials)	Title (article, book, journal, etc.)	Current ed.	Publisher	Year		
1. Ivey, A.E. & Ivey, M.B.	Intentional Interviewing and Counseling: Facilitating Client Development in a Multicultural Society	$\boxtimes$	Brooks/Cole Publishing Co., Pacific Grove, CA.	2013		
2.						
3.						
4.						
5.						
Required Additional Suppli	es and Materials (software, hardware, tools, specialized cloth	ing, etc.)				
Journals: Relational Child ar	nd Youth Practice					
International Jour	nal of Child. Youth and Family Studies					

Web-based Resource: CYC Net

## **Typical Evaluation Methods and Weighting**

Final exam:	20%	Assignment:	35%	Midterm exam:	%	Practicum:	%
Essay:	30%	Lab work:	%	Journal:	15%	Shop work:	%
Other:	%	Other:	%	Other:	%	Total:	100 %

## Details (if necessary):

## **Typical Course Content and Topics**

- Fundamentals of change
- Ways of Knowing
- Self-awareness in CYC
- Theoretical basis for understanding self in relationship
- The Helping process a framework for CYC practice
- Microskills listening, attending, observation, empathy, concreteness, immediacy, self-disclosure, confrontation
- Risk Assessment
- Crisis intervention & Suicide intervention