

## OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

|  |           |  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
|--|-----------|--|----|---------------------|--|-----------------------------|----|--|--|------------------------------|--|----------------------|--|--------------------|-----------|---|--|
| <b>Course Code and Number:</b> CYC 167   |           | <b>Number of Credits:</b> 3 <a href="#">Course credit policy (105)</a>   |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Course Full Title:</b> Introduction to Working with Individuals in Child and Youth Care<br><b>Course Short Title:</b> Working with Individuals in CYC<br><i>(Transcripts only display 30 characters. Departments may recommend a short title if one is needed. If left blank, one will be assigned.)</i>  |           |  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Faculty:</b> Faculty of Professional Studies  |           | <b>Department (or program if no department):</b> CYFS  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Calendar Description:</b><br><p>Focuses on purposeful change in the lives of children and youth. Self-awareness, the importance and use of therapeutic relationships, the helping process model, and core communication skills are explored. Change theory, risk assessment, and crisis intervention are introduced.</p> <p>Note: Students with credit for CYC 267 cannot take this course for further credit.</p>  |           |  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Prerequisites (or NONE):</b>  |           | Admission to the Bachelor of Arts in Child and Youth Care or department head's permission.   |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Corequisites (if applicable, or NONE):</b>  |           |  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Pre/corequisites (if applicable, or NONE):</b>  |           |  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Antirequisite Courses</b> <i>(Cannot be taken for additional credit.)</i><br>Former course code/number: CYC 252A, <b>CYC 267</b><br>Cross-listed with:<br>Dual-listed with:<br>Equivalent course(s):<br><i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>  |           | <b>Special Topics</b> <i>(Double-click on boxes to select.)</i><br>This course is offered with different topics:<br><input checked="" type="checkbox"/> No <input type="checkbox"/> Yes <i>(If yes, topic will be recorded when offered.)</i>  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
|  |           | <b>Independent Study</b><br>If offered as an Independent Study course, this course may be repeated for further credit: <i>(If yes, topic will be recorded.)</i><br><input checked="" type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Typical Structure of Instructional Hours</b> <table border="1"> <tr> <td>Lecture/seminar hours</td> <td>35</td> </tr> <tr> <td>Tutorials/workshops</td> <td></td> </tr> <tr> <td>Supervised laboratory hours</td> <td>10</td> </tr> <tr> <td>Experiential (field experience, practicum, internship, etc.)</td> <td></td> </tr> <tr> <td>Supervised online activities</td> <td></td> </tr> <tr> <td>Other contact hours:</td> <td></td> </tr> <tr> <td><b>Total hours</b></td> <td><b>45</b></td> </tr> </table> |           | Lecture/seminar hours  | 35 | Tutorials/workshops |  | Supervised laboratory hours | 10 | Experiential (field experience, practicum, internship, etc.) |  | Supervised online activities |  | Other contact hours: |  | <b>Total hours</b> | <b>45</b> | <b>Transfer Credit</b><br>Transfer credit already exists: <i>(See <a href="#">bctransferguide.ca</a>.)</i><br><input type="checkbox"/> No <input checked="" type="checkbox"/> Yes<br>Submit outline for (re)articulation:<br><input checked="" type="checkbox"/> No <input type="checkbox"/> Yes <i>(If yes, fill in transfer credit form.)</i> |  |
| Lecture/seminar hours  | 35        |  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| Tutorials/workshops  |           |  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| Supervised laboratory hours  | 10        |  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| Experiential (field experience, practicum, internship, etc.)   |           |  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| Supervised online activities   |           |  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| Other contact hours:   |           |  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Total hours</b>   | <b>45</b> |  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
|  |           | <b>Grading System</b><br><input checked="" type="checkbox"/> Letter Grades <input type="checkbox"/> Credit/No Credit   |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
|  |           | <b>Maximum enrolment (for information only):</b> 36<br><b>Expected Frequency of Course Offerings:</b><br>Annually <i>(Every semester, Fall only, annually, etc.)</i>   |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Department / Program Head or Director:</b> Christine Slavik   |           | <b>Date approved:</b> September 2018   |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Faculty Council approval:</b>   |           | <b>Date approved:</b> October 12, 2018   |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Dean/Associate VP:</b> Dr. Tracy Ryder Glass  |           | <b>Date approved:</b> October 12, 2018   |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Campus-Wide Consultation (CWC)</b>  |           | <b>Date of posting:</b> February 22, 2019  |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |
| <b>Undergraduate Education Committee (UEC) approval</b>  |           | <b>Date of meeting:</b> March 29, 2019   |    |                     |  |                             |    |  |  |                              |  |                      |  |                    |           |   |  |

**Learning Outcomes:**

Upon successful completion of this course, students will be able to:

- Identify personal beliefs, values and ethics related to child and youth care practice.
- Demonstrate the flexible use of a range of core communication and helping skills.
- Explain the nature of helping relationships.
- Apply a problem-solving approach for intervention and crisis management.
- Demonstrate the ability to foster the development of a therapeutic relationship.

**Prior Learning Assessment and Recognition (PLAR)**

☒ Yes      ☐ No, PLAR cannot be awarded for this course because

**Typical Instructional Methods** *(Guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion.)*

Lecture, demonstration, role play, presentation

**NOTE:** The following sections may vary by instructor. Please see course syllabus available from the instructor.

**Typical Text(s) and Resource Materials** *(If more space is required, download Supplemental Texts and Resource Materials form.)*

| Author (surname, initials) | Title (article, book, journal, etc.)  | Current ed.                         | Publisher                                      | Year |
|----------------------------|---|-------------------------------------|--|------|
| 1. Ivey, A.E. & Ivey, M.B  | Intentional Interviewing and Counseling: Facilitating Client Development in a Multicultural Society | <input checked="" type="checkbox"/> | Brooks/Cole Publishing Co., Pacific Grove, CA. | 2017 |
| 2.                         |   | <input type="checkbox"/>            |  |      |
| 3.                         |   | <input type="checkbox"/>            |  |      |
| 4.                         |   | <input type="checkbox"/>            |  |      |
| 5.                         |   | <input type="checkbox"/>            |  |      |

**Required Additional Supplies and Materials** *(Software, hardware, tools, specialized clothing, etc.)*

Journals: Relational Child and Youth Practice

International Journal of Child, Youth and Family Studies

Web-based Resource: CYC Net

**Typical Evaluation Methods and Weighting**

|                |     |              |     |                   |   |            |      |
|----------------|-----|--------------|-----|-------------------|---|------------|------|
| Final exam:    | 20% | Assignments: | 35% | Field experience: | % | Portfolio: | %    |
| Midterm exam:  | %   | Project:     | 30% | Practicum:        | % | Journal:   | 15%  |
| Quizzes/tests: | %   | Lab work:    | %   | Shop work:        | % | Total:     | 100% |
|                |     |              |     |                   |   |            |      |

**Details (if necessary):****Typical Course Content and Topics**

- Fundamentals of change
- Ways of Knowing
- Self-awareness in CYC
- Theoretical basis for understanding self in relationship
- Relationship
- The Helping process — a framework for CYC practice
- Micro-skills — listening, attending, observation, empathy, concreteness, immediacy, self-disclosure, confrontation
- Risk Assessment
- Crisis intervention & Suicide intervention