

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

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|---|-----------|--|----|---------------------|----|-----------------------------|--|--|--|------------------------------|--|---|----|--------------------|-----------|---|--|
| Course Code and Number: CYC 395 | | Number of Credits: 3 Course credit policy (105) | | | | | | | | | | | | | | | |
| Course Full Title: Developing Healthy Relationships in Child and Youth Care Course Short Title: Healthy Relationships in CYC <i>(Transcripts only display 30 characters. Departments may recommend a short title if one is needed. If left blank, one will be assigned.)</i> | | | | | | | | | | | | | | | | | |
| Faculty: Faculty of Professional Studies | | Department (or program if no department): CYFS | | | | | | | | | | | | | | | |
| Calendar Description: Addresses issues of safety in all human relations, and guides students in psychoeducational strategies to help young people to learn how to choose friends, dates, and intimate partners, inclusive of diverse constructs of relationships. | | | | | | | | | | | | | | | | | |
| Prerequisites (or NONE): | | Admission to the Bachelor of Arts in Child and Youth Care, or department head's permission. | | | | | | | | | | | | | | | |
| Corequisites (if applicable, or NONE): | | None | | | | | | | | | | | | | | | |
| Pre/corequisites (if applicable, or NONE): | | None | | | | | | | | | | | | | | | |
| Antirequisite Courses <i>(Cannot be taken for additional credit.)</i> Former course code/number: Cross-listed with: Dual-listed with: Equivalent course(s): <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i> | | Special Topics <i>(Double-click on boxes to select.)</i> This course is offered with different topics: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes <i>(If yes, topic will be recorded when offered.)</i> | | | | | | | | | | | | | | | |
| | | Independent Study If offered as an Independent Study course, this course may be repeated for further credit: <i>(If yes, topic will be recorded.)</i> <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit | | | | | | | | | | | | | | | |
| Typical Structure of Instructional Hours <table border="1"> <tr> <td>Lecture/seminar hours</td> <td>14</td> </tr> <tr> <td>Tutorials/workshops</td> <td>21</td> </tr> <tr> <td>Supervised laboratory hours</td> <td></td> </tr> <tr> <td>Experiential (field experience, practicum, internship, etc.)</td> <td></td> </tr> <tr> <td>Supervised online activities</td> <td></td> </tr> <tr> <td>Other contact hours: field experience hours</td> <td>10</td> </tr> <tr> <td>Total hours</td> <td>45</td> </tr> </table> | | Lecture/seminar hours | 14 | Tutorials/workshops | 21 | Supervised laboratory hours | | Experiential (field experience, practicum, internship, etc.) | | Supervised online activities | | Other contact hours: field experience hours | 10 | Total hours | 45 | Transfer Credit Transfer credit already exists: <i>(See bctransferguide.ca.)</i> <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes Submit outline for (re)articulation: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes <i>(If yes, fill in transfer credit form.)</i> | |
| Lecture/seminar hours | 14 | | | | | | | | | | | | | | | | |
| Tutorials/workshops | 21 | | | | | | | | | | | | | | | | |
| Supervised laboratory hours | | | | | | | | | | | | | | | | | |
| Experiential (field experience, practicum, internship, etc.) | | | | | | | | | | | | | | | | | |
| Supervised online activities | | | | | | | | | | | | | | | | | |
| Other contact hours: field experience hours | 10 | | | | | | | | | | | | | | | | |
| Total hours | 45 | | | | | | | | | | | | | | | | |
| | | Grading System <input checked="" type="checkbox"/> Letter Grades <input type="checkbox"/> Credit/No Credit | | | | | | | | | | | | | | | |
| Labs to be scheduled independent of lecture hours: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes | | Maximum enrolment (for information only): 24 Expected Frequency of Course Offerings: annually <i>(Every semester, Fall only, annually, etc.)</i> | | | | | | | | | | | | | | | |
| Department / Program Head or Director: Christine Slavik | | Date approved: September 2018 | | | | | | | | | | | | | | | |
| Faculty Council approval | | Date approved: October 12, 2018 | | | | | | | | | | | | | | | |
| Dean/Associate VP: Dr. Tracy Ryder Glass | | Date approved: October 12, 2018 | | | | | | | | | | | | | | | |
| Campus-Wide Consultation (CWC) | | Date of posting: February 22, 2019 | | | | | | | | | | | | | | | |
| Undergraduate Education Committee (UEC) approval | | Date of meeting: March 29, 2019 | | | | | | | | | | | | | | | |

Learning Outcomes:

Upon successful completion of this course, students will be able to:

- Determine their role and responsibility in a human relationship.
- Describe how to choose friends with intention.
- Identify the warning signs of an unsafe relationship.
- Describe comfort level and expectations regarding intimacy and sexuality.
- Decide on boundaries for relationships in their lives.
- Explain modern dating.
- Assess desirable characteristics of intimate partners.

Prior Learning Assessment and Recognition (PLAR)

☒ Yes ☐ No, PLAR cannot be awarded for this course because

Typical Instructional Methods *(Guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion.)*

Lectures, presentations, interviews, workshops, small group work

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Text(s) and Resource Materials *(If more space is required, download Supplemental Texts and Resource Materials form.)*

| Author (surname, initials) | Title (article, book, journal, etc.) | Current ed. | Publisher | Year |
|---|---|----------------------------|-----------------------|------|
| 1. Miller, R | Intimate Relationships | <input type="checkbox"/> | McGraw Hill Education | 2014 |
| 2. Gottman, J & Silver N | What Makes Love Last? How to Build Trust and Avoid Betrayal | <input type="checkbox"/> | Simon & Schuster | 2012 |
| 3. Bern, E | Games People Play: The Psychology of Human Relationships | <input type="checkbox"/> | Ballantine | 2010 |
| 4. Gazda, G & Asbury, F & Balzer, F & Childers W & Phelps, R & Walters, R | Human Relationship Development: A Manual for Educators | 6 <input type="checkbox"/> | | |
| 5. Lane, T & Tripp, P | Relationships: A Mess Worth Making | <input type="checkbox"/> | New Growth Press | 2007 |

Required Additional Supplies and Materials *(Software, hardware, tools, specialized clothing, etc.)***Typical Evaluation Methods and Weighting**

| | | | | | | | |
|----------------|-----|--------------|-----|-------------------|---|------------|------|
| Final exam: | % | Assignments: | 40% | Field experience: | % | Portfolio: | % |
| Midterm exam: | % | Project: | % | Practicum: | % | Other: | % |
| Quizzes/tests: | 25% | Lab work: | 35% | Shop work: | % | Total: | 100% |

Details (if necessary):**Typical Course Content and Topics**

- Communication
- Conflict
- Friends and friendship
- Dating
- Sexuality
- Love and romance
- Stressors: money/time/kids
- Marriage: "till death us do part" and other ideas
- Power/control/manipulation
- Dependence/co-dependence
- Endings: separation, divorce, and death