

ORIGINAL COURSE IMPLEMENTATION DATE: September 2003
REVISED COURSE IMPLEMENTATION DATE: January 2023
COURSE TO BE REVIEWED (six years after UEC approval): May 2026

Course outline form version: 09/08/2021

# OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: CYC 469			Numb	Number of Credits: 3 Course credit policy (105)		
Course Full Title: Advanced Skills with Families in Child and Youth Care Course Short Title: Adv. Skills: Families in CYC						
Faculty: Faculty of Education, Community, and Human Development De			Depar	tment: Child, Youth, and	Family Studies	
Calendar Description:						
Diverse and Indigenous frameworks and models for understanding family functioning and caregiving are explored. CYC milieus in which family work occurs are identified, and methods for understanding and working with families which are appropriate to CYC practitioners are presented and practiced.						
Prerequisites (or NONE):	Admission to the Bachelor of Arts in CYC 302, CYC 310, CYC 320, CYC					
Corequisites (if applicable, or NONE):						
Pre/corequisites (if applicable, or NONE):						
Antirequisite Courses (Cannot be taken for additional credit.)		Course Details				
Former course code/number: CYC 466			Special Topics course: <b>No</b>			
Cross-listed with:			(If yes, the course will be offered under different letter designations representing different topics.)			
Equivalent course(s):						
(If offered in the previous five years, antirequisite course(s) will be			Directed Study course: <b>No</b> (See policy 207 for more information.)			
included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)			Grading System: Letter grades			
			Delivery Mode: May be offered in multiple delivery modes			
Typical Structure of Instructional Hours			Expected frequency: Annually  Maximum enrolment (for information only): 36			
Lecture/seminar						
Tutorials/workshops		18				
				earning Assessment and		
			PLAR IS	s available for this course.		
	Total hours	45	Transfer Credit (See <u>bctransferguide.ca</u> .)			
Scheduled Laboratory Hours			Transfer credit already exists: Yes			
Labs to be scheduled independent of lecture hours: ☐ No ☐ Yes			Submit outline for (re)articulation: <b>No</b> (If yes, fill in transfer credit form.)			
Department approval				Date of meeting:	January 19, 2022	
Faculty Council approval				Date of meeting:	March 11, 2022	
Undergraduate Education Committee (UEC) approval			Date of meeting:	May 20, 2022		
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**Learning Outcomes** (These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.) Upon successful completion of this course, students will be able to:

- Identify the scope and uniqueness of Child and Youth Care practice with diverse families.
- Describe the socio-political, and cultural, influences impacting family development, functioning and the helping relationship.
- · Weave understandings of families through Indigenous, diverse, and family systems perspectives.
- Demonstrate reflexivity about intergenerational strengths, resiliency, and patterns through application to others.
- Identify theoretical perspectives and relationally and culturally safe interventions for CYC practice with diverse families.
- Apply CYC perspectives and social justice praxis in intervention with diverse families.

### Recommended Evaluation Methods and Weighting (Evaluation should align to learning outcomes.)

Assignments:	55%	%	%
Project:	45%	%	%

#### Details:

Project: Genogram, ecomap, and assessment of family culture and relationship to colonialism: 45%

Discussion posts: 10%

Participation (in class exercises and simulation): 10%

Journals: 20%

Parent support and intervention assignment: 15%

#### NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

**Texts and Resource Materials** (Include online resources and Indigenous knowledge sources. <u>Open Educational Resources</u> (OER) should be included whenever possible. If more space is required, use the <u>Supplemental Texts</u> and <u>Resource Materials form.</u>)

	Туре	Author or description	Title and publication/access details	Year
1.	Textbook	Spindel	Working with Families: A Guide for Health and Human Services Practitioners (2nd Edition)	2020
2.	Textbook	Garfat and Charles	A Guide to Developing Effective CYC Practice with Families CYC	2012
3.	Online resource	Infant Mental Health Promotion	Nurturing the Seed (Indigenous Families)	2017
4.	Indigenous knowledge	Simard and Blight	Developing a Culturally Restorative Approach to Aboriginal Child and Youth Development: Transitions to Adulthood	2011
5.				

Required Additional Supplies and Materials (Software, hardware, tools, specialized clothing, etc.)

## **Course Content and Topics**

- Family work within the context of child and youth care practice
- Context, culture, and development in CYC practice with families
- Family assessment and meaning making
- Family systems, Indigenous, and diverse models for CYC practice with families
- Family communication
- Strengths based, resiliency focused practice with families
- Intervention with conflict in families
- Violence in families
- Parent education and support
- Working with Indigenous families
- Intervention with families