

OFFICIAL GRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: CYC 762		Number of Credits: 3 Course credit policy (105)																	
Course Full Title: Transitions: Working with Grief and Loss																			
Course Short Title (if title exceeds 30 characters): Transitions: Grief and Loss																			
Faculty: Faculty of Professional Studies		Department/School (or program if no department): Child Youth & Family Studies																	
Calendar Description: <p>Based on Indigenous ways of moving forward after grief and loss, this curriculum provides students with knowledge of how to help children, youth, and families navigate through these transitions while providing support for the journey.</p> <p>Note: This course is dual-listed with CYC 462. Students with credit for CYC 462 cannot take this course for further credit.</p>																			
Prerequisites (or NONE):		Admission to the Graduate certificate in Child Life and Community Health.																	
Corequisites (if applicable, or NONE):																			
Pre/corequisites (if applicable, or NONE):																			
Equivalent Courses (cannot be taken for additional credit) <p>Former course code/number:</p> <p>Cross-listed with:</p> <p>Dual listed with: CYC 462</p> <p>Equivalent course(s):</p> <p><i>Note: Equivalent course(s) should be included in the calendar description by way of a note that students with credit for the equivalent course(s) cannot take this course for further credit.</i></p>																			
Total Hours: 45 Typical structure of instructional hours: <table border="1"> <tr> <td>Lecture hours</td> <td>35</td> </tr> <tr> <td>Seminars/tutorials/workshops</td> <td>10</td> </tr> <tr> <td>Laboratory hours</td> <td></td> </tr> <tr> <td>Field experience hours</td> <td></td> </tr> <tr> <td>Experiential (practicum, internship, etc.)</td> <td></td> </tr> <tr> <td>Online learning activities</td> <td></td> </tr> <tr> <td>Other contact hours:</td> <td></td> </tr> <tr> <td>Total</td> <td>45</td> </tr> </table>		Lecture hours	35	Seminars/tutorials/workshops	10	Laboratory hours		Field experience hours		Experiential (practicum, internship, etc.)		Online learning activities		Other contact hours:		Total	45	Special Topics <p>Will the course be offered with different topics?</p> <p><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p> <p>If yes, different lettered courses may be taken for credit:</p> <p><input type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit</p> <p><i>Note: The specific topic will be recorded when offered.</i></p>	
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Other contact hours:																			
Total	45																		
		Maximum enrolment (for information only): 12 Expected frequency of course offerings (every semester, annually, every other year, etc.): bi-annually																	
Graduate Program Committee:		Date approved:																	
Campus-Wide Consultation (CWC)		Date of posting:																	
Faculty Council approval		Date approved:																	
Dean(s): Jacqueline Nolte		Date approved:																	
Associate VP Graduate Studies: Adrienne Chan		Date approved:																	
Senate Graduate Studies Committee		Date of meeting: November 16, 2017																	

Course Objective

The overall purpose/rationale for this course is to share supports for children, youth and families who have experienced grief and loss; fulfilling a requirement to become a Certified Child Life Specialist.

Learning Outcomes

Upon successful completion of this course, students will be able to:

1. Apply the five stages of grief
2. Analyze varying forms of loss
3. Determine supportive language to talk about death and dying
4. Recommend strategies for dealing with the pain of grief from an Indigenous perspective
5. Build a repertoire of healing methodologies
6. Explain the transition from loss through mourning to memory

Prior Learning Assessment and Recognition (PLAR) ☒ Yes ☐ No, PLAR cannot be awarded for this course because

Typical Instructional Methods (guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion)

Lectures, discussions, small group tasks, videos, Ted Talks.

Grading system: Letter Grades: ☒ Credit/No Credit: ☐ Labs to be scheduled independent of lecture hours: Yes ☐ No ☒

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Text(s) and Resource Materials (if more space is required, download Supplemental Texts and Resource Materials form)

	Author (surname, initials)	Title (article, book, journal, etc.)	Current ed.	Publisher	Year
1.	Walsh, K.	Grief and Loss: Theories and Skills for the Helping Professions	<input checked="" type="checkbox"/>	Pearson	2011
2.	Nielsen, M.; Cochran, A.; Doyle, J.	Walking Forward: Grief and Loss Program for Children and Youth	<input checked="" type="checkbox"/>	Nlaka'pamux Nation Tribal Council and Fraser Thompson Indian Services Society	2012
3.	Kubler-Ross, E.; Kessler, D.	Grief and Grieving: Finding the Meaning of Grief through the Five Stages of Loss	<input checked="" type="checkbox"/>	Scribner	2014
4.					
5.					

Required Additional Supplies and Materials (software, hardware, tools, specialized clothing, etc.)

Several journal articles will be provided for supplementary prereading.

Typical Evaluation Methods and Weighting

Final exam:	25%	Assignments:	20%	Midterm exam:	%	Practicum:	%
Quizzes/tests:	%	Lab work:	%	Field experience:	%	Shop work:	%
Journey Essay:	30%	Other:	%	Journal:	25%	Total:	100 %

Details (if necessary):

Typical Course Content and Topics

The stages of grief
 Memorials and moving on
 Variety and impact of losses
 Shame or guilt in grief and loss
 Moving forward
 Secondary effects of loss
 Compassion fatigue
 Head and heart
 Cleansing and tears
 Worries and wishes
 The power of memories
 Strength in witnesses