

## OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

**Note:** The University reserves the right to amend course outlines as needed without notice.

<b>Course Code and Number:</b> EDUC 425		<b>Number of Credits:</b> 1 <a href="#">Course credit policy (105)</a>													
<b>Course Full Title:</b> Designs for Learning Elementary Physical and Health Education															
<b>Course Short Title:</b> Elementary Phys. & Health Ed.															
<b>Faculty:</b> Faculty of Education, Community, and Human Development		<b>Department:</b> Teacher Education													
<b>Calendar Description:</b> Introduces fundamental theoretical concepts and pedagogical skills for the implementation of a physical and health education program using the B.C. Ministry of Education curriculum that addresses equity, diversity, and inclusion for all elementary school students.															
<b>Prerequisites (or NONE):</b>		Admission to the Bachelor of Education.													
<b>Corequisites (if applicable, or NONE):</b>															
<b>Pre/corequisites (if applicable, or NONE):</b>															
<b>Antirequisite Courses</b> <i>(Cannot be taken for additional credit.)</i> Former course code/number: Cross-listed with: Equivalent course(s): <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>		<b>Course Details</b> Special Topics course: <b>No</b> <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: <b>No</b> <i>(See <a href="#">policy 207</a> for more information.)</i> Grading System: <b>Credit/No Credit</b> Delivery Mode: <b>May be offered in multiple delivery modes</b> Expected frequency: <b>Annually</b> Maximum enrolment (for information only): <b>32</b>													
<b>Typical Structure of Instructional Hours</b> <table border="1"> <tr> <td>Lecture/seminar</td> <td>6</td> </tr> <tr> <td>Tutorials/workshops</td> <td>9</td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td><b>Total hours</b></td> <td><b>15</b></td> </tr> </table>		Lecture/seminar	6	Tutorials/workshops	9							<b>Total hours</b>	<b>15</b>	<b>Prior Learning Assessment and Recognition (PLAR)</b> PLAR cannot be awarded for this course because: Connected to practicum	
Lecture/seminar	6														
Tutorials/workshops	9														
<b>Total hours</b>	<b>15</b>														
<b>Scheduled Laboratory Hours</b> Labs to be scheduled independent of lecture hours: <input type="checkbox"/> No <input type="checkbox"/> Yes		<b>Transfer Credit</b> (See <a href="#">bctransferguide.ca</a> ) Transfer credit already exists: <b>Yes</b> Submit outline for (re)articulation: <b>No</b> <i>(If yes, fill in <a href="#">transfer credit form</a>.)</i>													
<b>Department approval</b>		<b>Date of meeting:</b> December 8, 2021													
<b>Faculty Council approval</b>		<b>Date of meeting:</b> May 6, 2022													
<b>Undergraduate Education Committee (UEC) approval</b>		<b>Date of meeting:</b> June 17, 2022													

**Learning Outcomes** *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, candidates will be able to:

- Describe main components of the B.C. physical and health education K-7 curriculum.
- Implement instructional choices that promote equity, diversity, and inclusion in physical activity.
- Integrate physical and health education instruction with other elementary subject areas to promote physical activity across the curriculum.
- Apply a wide variety of strategies for teaching movement skills.
- Plan a short sequence of lessons using physical and health education integrated into other curriculum areas.
- Integrate physical and health education curriculum with information technology for the promotion of healthy, active lifestyles.
- Demonstrate the ability to respectfully integrate Indigenous pedagogy, resources, games, and activities into physical and health education.

**Recommended Evaluation Methods and Weighting** *(Evaluation should align to learning outcomes.)*

Assignments:	100%	%	%
	%	%	%

**Details:**

This is a 1 credit (15 hr) course, with two assignments: connected lesson plans (50%) and in-class teaching (50%)

**NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.**

**Texts and Resource Materials** *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

Type	Author or description	Title and publication/access details	Year
1. Online resource	Ministry of Education	BC physical and health education curriculum	2021
2. Article	Mandigo et al	What is teaching games for understanding? A Canadian perspective	1998
3. Article	Fenci	Fun and creative unit assessment ideas for all students in physical education	2014
4. Article	Chorney	Can anyone plan a quality physical education program?	2010
5.			

**Required Additional Supplies and Materials** *(Software, hardware, tools, specialized clothing, etc.)*

Gymnasium, sports equipment (including balls, bean bags, hula hoops, parachute, etc.), slahal set

**Course Content and Topics (example only)**

- Motor learning and children's growth and development
- Diversity, gender, and inclusion in physical fitness and wellness
- Introduction to the teaching of movement skills in sports, dance, and games
- Introduction to principles and skills for organizing and managing whole group activities
- Integration of physical activities into other curriculum areas
- Using technology as a creative medium for the promotion of healthy, active lifestyles
- Unit and lesson planning, and ongoing assessment
- Local resources and programs available for promoting physical fitness
- Indigenous pedagogy, resources, games, and activities for physical and health education