

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: IPK 106		Number of Credits: 3 Course credit policy (105)													
Course Full Title: Stó:lō Ways of Healing and Helping															
Course Short Title: Stó:lō Ways of Healing/Helping															
Faculty: Faculty of Social Sciences		Department (or program if no department): Indigenous Studies													
Calendar Description: <p>By learning about Stó:lō ways of healing and helping, students will build upon a sense of self and connection to family and community responsibilities. Based within and from Stó:lō ways of being, students will reflect on the importance of holistic healing and building "self-in-relation" to healing, maintaining health, and building strong Stó:lō communities.</p> <p>Note: Students with credit for FNST 102 cannot take this course for further credit.</p>															
Prerequisites (or NONE):		None.													
Corequisites (if applicable, or NONE):															
Pre/corequisites (if applicable, or NONE):															
Antirequisite Courses <i>(Cannot be taken for additional credit.)</i> <p>Former course code/number: FNST 102</p> <p>Cross-listed with:</p> <p>Equivalent course(s):</p> <p><i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i></p>		Course Details <p>Special Topics course: No <i>(If yes, the course will be offered under different letter designations representing different topics.)</i></p> <p>Directed Study course: No <i>(See policy 207 for more information.)</i></p> <p>Grading System: Credit/No Credit</p> <p>Delivery Mode: May be offered in multiple delivery modes</p> <p>Expected frequency: Annually</p> <p>Maximum enrolment (for information only): 24</p>													
Typical Structure of Instructional Hours <table border="1"> <tr> <td>Lecture/seminar</td> <td>30</td> </tr> <tr> <td>Experiential (cultural/elder learning or participation)</td> <td>15</td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td>Total hours</td> <td>45</td> </tr> </table>		Lecture/seminar	30	Experiential (cultural/elder learning or participation)	15							Total hours	45	Prior Learning Assessment and Recognition (PLAR) <p>PLAR is available for this course.</p>	
Lecture/seminar	30														
Experiential (cultural/elder learning or participation)	15														
Total hours	45														
Scheduled Laboratory Hours <p>Labs to be scheduled independent of lecture hours: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes</p>		Transfer Credit <i>(See bctransferguide.ca.)</i> <p>Transfer credit already exists: No</p> <p>Submit outline for (re)articulation: Yes <i>(If yes, fill in transfer credit form.)</i></p>													
Department approval		Date of meeting: October 29, 2021													
Faculty Council approval		Date of meeting: January 2022													
Undergraduate Education Committee (UEC) approval		Date of meeting: February 25, 2022													

Learning Outcomes *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Describe a variety of Stó:lō methods of healing and helping.
2. Apply Stó:lō ways of knowing.
3. Reflect on the impact of self-esteem and motivation on healing.
4. Identify individual autonomy and its contribution to strengthening collective societies such as the Stó:lō.
5. Identify techniques of teamwork, sharing and group work that contribute to the healing and helping processes.
6. Practice the importance of building "self-in-relation" for healing and maintaining health.
7. Describe the holistic relationship between healing individuals and families and building healthy communities and nations.

Recommended Evaluation Methods and Weighting *(Evaluation should align to learning outcomes.)*

Holistic assessment:	30%	Portfolio:	40%	Assignments:	30%
			%		%

Details:

Students will submit two learning journals and a learning summary.

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Texts and Resource Materials *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

Type	Author or description	Title and publication/access details	Year
1. Other	Course Pack		
2. Textbook			
3. Textbook	Mucina, Devi Dee	Ubuntu Relational Love: Decolonizing Black Masculinities.	2019
4.			
5.			

Required Additional Supplies and Materials *(Software, hardware, tools, specialized clothing, etc.)***Course Content and Topics**

Week:

1. Course overview, course expectation, introduction to Stó:lō ways of teaching and knowing
2. The individual roles and responsibilities within collective societies
3. Collective conceptions of healing and helping
4. Power of healing the individual within collective societies
5. Identity building self-esteem sense of belonging and motivation
6. Self-esteem and self-examination, location of self in collective
7. Field visit/guest speaker
8. Teamwork, sharing, and groupwork
9. Building "self-in-relation"
10. Healing and community/nation development
11. Healing and reclaiming language
12. Wrap-up