

COURSE IMPLEMENTATION DATE: May 2006
 COURSE REVISED IMPLEMENTATION DATE:
 COURSE TO BE REVIEWED: November 2009
 (Four years after UPAC final approval date) (MONTH YEAR)

OFFICIAL COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use.
 Shaded headings are subject to change at the discretion of the department and the material will vary
 - see course syllabus available from instructor

FACULTY/DEPARTMENT:	KINESIOLOGY AND PHYSICAL EDUCATION	
KPE 220C		3
COURSE NAME/NUMBER	FORMER COURSE NUMBER	UCFV CREDITS
	Teaching Swimming and Track & Field	
COURSE DESCRIPTIVE TITLE		

CALENDAR DESCRIPTION:

This course will provide the student with an understanding of developing curriculum and designing instruction for implementing swimming and track & field programs in the K-12 educational system. Active participation is required.

Note: Effective September 2007 KPE 221 (formerly KPE 421) will be required as a co- or pre- requisite.

PREREQUISITES: **None**
 COREQUISITES: **None**

SYNONYMOUS COURSE(S)	SERVICE COURSE TO:
(a) Replaces: N/A	
(Course #)	(Department/Program)
(b) Cannot take: N/A for further credit.	
(Course #)	(Department/Program)

TOTAL HOURS PER TERM:	56	TRAINING DAY-BASED INSTRUCTION
STRUCTURE OF HOURS:		LENGTH OF COURSE:
Lectures: 14 Hrs		HOURS PER DAY:
Seminar: Hrs		
Laboratory: 42 Hrs		
Field Experience: Hrs		
Student Directed Learning: Hrs		
Other (Specify): Hrs		

MAXIMUM ENROLLMENT:	36
EXPECTED FREQUENCY OF COURSE OFFERINGS:	Once annually
WILL TRANSFER CREDIT BE REQUESTED? (lower-level courses only)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
WILL TRANSFER CREDIT BE REQUESTED? (upper-level requested by department)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

AUTHORIZATION SIGNATURES:

Course Designer(s): _____	Chairperson: _____
G. Fletcher	(Curriculum Committee)
Department Head: _____	Dean: _____
G. Anderson	J. Snodgrass
UPAC Approval in Principle Date: _____	UPAC Final Approval Date: November 25, 2005

LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

At the conclusion of the course, the student will be able to:

- 1.describe the conceptual nature of swimming and track & field;
- 2.describe and demonstrate the techniques involved in the performance of swimming and track & field;
- 3.demonstrate an understanding of the tactics and strategies involved in the performance of swimming and track & field;
- 4.develop an effective skill progression for the teaching of individual skills;
- 5.exhibit a knowledge of both quantitative and qualitative analyses of the activities.

METHODS:

Lectures, Discussion, Demonstrations, Practical Applications and Experiences, Group Projects, Field Observations.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR (Please check:) Yes No

METHODS OF OBTAINING PLAR:

Level II NCCP, practical and theory in both sports.
Note: Bronze Medallion will suffice for swimming.

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

YMCA (1999)Teaching Swimming Fundamentals. Human Kinetics Publishers ISBN: 0736000445
Carr, G.A. (1999) Fundamentals of Track and Field. Human Kinetics PublishersISBN: 0736000089

SUPPLIES / MATERIALS:

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

Exam #1	25%
Exam #2	25%
Term Projects (2@10%)	20%
In-Class Presentation (2@10%)	20%
Class Participation/Performance	10%

COURSE CONTENT:

[Course content varies by instructor. An example of course content might be:]

Swimming:

- a) lifesaving skills
- b) stroke mechanics
- c) teaching progressions

Track and Field:

- a) rules and regulations from IAAF
- b) individual techniques for each activity
- c) teaching progressions
- d) Safety issues