

COURSE IMPLEMENTATION DATE:	September 2007
COURSE REVISED IMPLEMENTATION DATE:	
COURSE TO BE REVIEWED:	November 2009
(Four years after UPAC final approval date)	(MONTH YEAR)

**OFFICIAL COURSE OUTLINE INFORMATION**

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department and the material will vary - see course syllabus available from instructor

FACULTY/DEPARTMENT:	<b>KINESIOLOGY AND PHYSICAL EDUCATION</b>	
<b>KPE 220C</b>		<b>3</b>
COURSE NAME/NUMBER	FORMER COURSE NUMBER	UCFV CREDITS
	<b>Teaching Swimming and Track &amp; Field</b>	
COURSE DESCRIPTIVE TITLE		

**CALENDAR DESCRIPTION:**

This course will provide the student with an understanding of developing curriculum and designing instruction for implementing swimming and track & field programs in the K-12 educational system. Active participation is required.

PREREQUISITES: **KPE 221 (formerly KPE 421)**  
COREQUISITES: **KPE 221**

SYNONYMOUS COURSE(S)	<b>SERVICE COURSE TO:</b>
(a) Replaces: <b>N/A</b>	
(Course #)	(Department/Program)
(b) Cannot take: <b>N/A</b> for further credit.	
(Course #)	(Department/Program)

TOTAL HOURS PER TERM:	<b>56</b>	TRAINING DAY-BASED INSTRUCTION	
<b>STRUCTURE OF HOURS:</b>		LENGTH OF COURSE:	
Lectures:	<b>14</b> Hrs	HOURS PER DAY:	
Seminar:			
Laboratory:	<b>42</b> Hrs		
Field Experience:	Hrs		
Student Directed Learning:	Hrs		
Other (Specify):	Hrs		

MAXIMUM ENROLLMENT:	<b>36</b>
EXPECTED FREQUENCY OF COURSE OFFERINGS:	<b>Once annually</b>
<b>WILL TRANSFER CREDIT BE REQUESTED? (lower-level courses only)</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>WILL TRANSFER CREDIT BE REQUESTED? (upper-level requested by department)</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
<b>TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

**AUTHORIZATION SIGNATURES:**

Course Designer(s):	G. Fletcher	Chairperson:	(Curriculum Committee)
Department Head:	G. Anderson	Dean:	J. Snodgrass
UPAC Approval in Principle Date:		UPAC Final Approval Date:	November 25, 2005

**LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:**

At the conclusion of the course, the student will be able to:

- 1.describe the conceptual nature of swimming and track & field;
- 2.describe and demonstrate the techniques involved in the performance of swimming and track & field;
- 3.demonstrate an understanding of the tactics and strategies involved in the performance of swimming and track & field;
- 4.develop an effective skill progression for the teaching of individual skills;
- 5.exhibit a knowledge of both quantitative and qualitative analyses of the activities.

**METHODS:**

Lectures, Discussion, Demonstrations, Practical Applications and Experiences, Group Projects, Field Observations.

**PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):**

Credit can be awarded for this course through PLAR (Please check:)     Yes                     No

**METHODS OF OBTAINING PLAR:**

Level II NCCP, practical and theory in both sports.  
Note: Bronze Medallion will suffice for swimming.

**TEXTBOOKS, REFERENCES, MATERIALS:**

[Textbook selection varies by instructor. An example of texts for this course might be:]

YMCA (1999)Teaching Swimming Fundamentals. Human Kinetics Publishers ISBN: 0736000445  
Carr, G.A. (1999) Fundamentals of Track and Field. Human Kinetics PublishersISBN: 0736000089

**SUPPLIES / MATERIALS:**

**STUDENT EVALUATION:**

[An example of student evaluation for this course might be:]

Exam #1	25%
Exam #2	25%
Term Projects (2@10%)	20%
In-Class Presentation (2@10%)	20%
Class Participation/Performance	10%

**COURSE CONTENT:**

[Course content varies by instructor. An example of course content might be:]

Swimming:

- a) lifesaving skills
- b) stroke mechanics
- c) teaching progressions

Track and Field:

- a) rules and regulations from IAAF
- b) individual techniques for each activity
- c) teaching progressions
- d) Safety issues