

COURSE IMPLEMENTATION DATE:	May 2002
COURSE REVISED IMPLEMENTATION DATE:	May 2006
COURSE TO BE REVIEWED:	November 2009
(Four years after UPAC final approval date)	(MONTH YEAR)

OFFICIAL COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department and the material will vary - see course syllabus available from instructor

FACULTY/DEPARTMENT:	KINESIOLOGY AND PHYSICAL EDUCATION	
KPE 220E	KPE 420 KPE 220	
COURSE NAME/NUMBER	FORMER COURSE NUMBER	UCFV CREDITS
	Teaching Dance and Gymnastics	
	COURSE DESCRIPTIVE TITLE	

CALENDAR DESCRIPTION:

This course will provide the student with an understanding of developing curriculum and designing instruction for implementing dance and gymnastics programs in the K-12 educational system. Active participation is required.

Note: Effective September 2007 KPE 221 (formerly KPE 421) will be required as a co- or pre- requisite.

PREREQUISITES: **None**
COREQUISITES: **None**

SYNONYMOUS COURSE(S)	SERVICE COURSE TO:
(a) Replaces: KPE 420	
(Course #)	(Department/Program)
(b) Cannot take: KPE 220 for further credit.	
(Course #)	(Department/Program)

TOTAL HOURS PER TERM:	56	TRAINING DAY-BASED INSTRUCTION
STRUCTURE OF HOURS:		LENGTH OF COURSE: _____
Lectures: 20	Hrs	HOURS PER DAY: _____
Seminar:	Hrs	
Laboratory: 36	Hrs	
Field Experience:	Hrs	
Student Directed Learning:	Hrs	
Other (Specify):	Hrs	

MAXIMUM ENROLLMENT:	36
EXPECTED FREQUENCY OF COURSE OFFERINGS:	Once annually
WILL TRANSFER CREDIT BE REQUESTED? (lower-level courses only)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
WILL TRANSFER CREDIT BE REQUESTED? (upper-level requested by department)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

AUTHORIZATION SIGNATURES:

Course Designer(s): _____	Chairperson: _____
G. Fletcher	(Curriculum Committee)
Department Head: _____	Dean: _____
G. Anderson	J. Snodgrass
UPAC Approval in Principle Date: _____	UPAC Final Approval Date: November 25, 2005

LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

At the conclusion of this course, the student should show an ability to:

DANCE:

1. Understand the elements of rhythm, tempo, space, pattern and intensity
2. Understand the basics of applying rhythmic activities with small equipment.
3. Understand the basics of traditional and contemporary dance, including: Line-dance, Square dance, Ballroom Dancing, Latin and Swing, Jazz, Hip-Hop and Rhythmic Movement.
4. Understand the principles of teaching dance.
5. Evaluate and assess progress in dance.
6. Create a comprehensive lesson plan embodying various techniques gained from course material.
7. Apply information obtained from the course to design and implement a dance class suitable for instruction in the K-12 system.

GYMNASTICS:

1. Understand the basics of balance, agility and movement concepts as they relate to gymnastics.
2. Recognize and be able to instruct on aspects of gymnastics relating to: transfer of weight, balance, force, change of speed and direction, levels and relationships.
3. Recognize the principles of teaching gymnastics.
4. Evaluate and assess progress in gymnastics routines.
5. Create a comprehensive lesson plan incorporating various techniques gained from course material.
6. Apply information attained from the course to design and implement a gymnastics class suitable for instruction in the K-12 system.

METHODS:

Instruction involving active class participation and theoretical knowledge delivered in the classroom in both dance and gymnastics by qualified instructors.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR (Please check:) Yes No

METHODS OF OBTAINING PLAR:

1. Portfolio Assessment
2. Challenge Exam

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

Level One NCCP Gymnastics Technical Manual

Additional Readings: Will be placed on reserve in the library or will be handed out in class.

SUPPLIES / MATERIALS:

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

Dance – instruction and lesson plan	20%
Dance – practical performance	10%

Dance – resource book	10%
Gymnastics – instruction and lesson plan	20%
Gymnastics – practical performance	10%
Gymnastics – resource book	10%
Final Exam	20%

COURSE CONTENT:

[Course content varies by instructor. An example of course content might be:]

DANCE:

- elements of rhythm, tempo, space, pattern and intensity
- applying rhythmic activities with small equipment
- traditional and contemporary dance
- evaluate and assess progress in dance
- design and implement a dance class in the K-12 system

GYMNASTICS:

- balance, agility and movement concepts
- transfer of weight, balance, force, change of speed and direction, levels and relationships
- principles of teaching gymnastics
- evaluate and assess progress in gymnastics routines
- design and implement a gymnastics class in the K-12 system