

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: NURS 214		Number of Credits: 4 Course credit policy (105)													
Course Full Title: Health and Wellness I: Acute and Chronic Care															
Course Short Title: Health: Acute & Chronic Care															
Faculty: Faculty of Health Sciences		Department (or program if no department): Nursing													
Calendar Description: In this course the concepts of health, environment, and person will be explored with a focus on the adult surgical and mental health populations.															
Prerequisites (or NONE):		Admission to LPN Access program.													
Corequisites (if applicable, or NONE):		HSC 211, NURS 215, and NURS 216.													
Pre/corequisites (if applicable, or NONE):															
Antirequisite Courses <i>(Cannot be taken for additional credit.)</i> Former course code/number: Cross-listed with: Equivalent course(s): <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>		Course Details Special Topics course: No <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: No <i>(See policy 207 for more information.)</i> Grading System: Letter grades Delivery Mode: Hybrid only Expected frequency: Fall only Maximum enrolment (for information only): 24													
Typical Structure of Instructional Hours <table border="1"> <tr> <td>Lecture/seminar</td> <td>20</td> </tr> <tr> <td>Tutorials/workshops</td> <td>40</td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td>Total hours</td> <td>60</td> </tr> </table>		Lecture/seminar	20	Tutorials/workshops	40							Total hours	60	Prior Learning Assessment and Recognition (PLAR) PLAR cannot be awarded for this course because: The course is specific to the LPNA program.	
Lecture/seminar	20														
Tutorials/workshops	40														
Total hours	60														
Scheduled Laboratory Hours Labs to be scheduled independent of lecture hours: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes		Transfer Credit (See bctransferguide.ca .) Transfer credit already exists: No Submit outline for (re)articulation: No <i>(If yes, fill in transfer credit form.)</i>													
Department approval		Date of meeting: December 2023													
Faculty Council approval		Date of meeting: December 19, 2022													
Undergraduate Education Committee (UEC) approval		Date of meeting: March 24, 2023													

Learning Outcomes *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Explore the interrelationship of social determinants of health when working with adults in the surgical and mental health care environments.
2. Analyze health in the acute surgical and mental health settings using holistic concepts.
3. Understand how alterations in illness and hospitalization impact individuals and families.
4. Examine the community and cultural influences on the surgical and/or mental health patient's experience.
5. Analyze the influence of determinants of health and culture on the lived experience of surgical and/or patients with mental illnesses.

Recommended Evaluation Methods and Weighting *(Evaluation should align to learning outcomes.)*

Quizzes/tests:	25%	Assignments:	35%	Final exam:	40%
	%		%		%

Details:

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Texts and Resource Materials *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

Type	Author or description	Title and publication/access details	Year
1. Textbook	Jarvis, C.	Pocket companion for physical examination and health assessment (3 rd Canadian ed.). Saunders	2018
2. Textbook	Lewis, S.L., et al.	Medical-surgical nursing in Canada: Assessment and management of clinical problems. (4 th Canadian ed.). Elsevier Canada	2019
3. Textbook	Potter, P.A., Perry, A.G. et al.	Canadian fundamentals of nursing (6 th ed.). Mosby Canada	2019
4. Textbook	Pollard, C.L., Jakubec, S.L. & Halter, M.J.	Varcarolis's Canadian psychiatric mental health nursing (2nd Canadian ed.). Elsevier.	2019
5. Indigenous knowledge		https://www.fnha.ca/wellness/wellness-for-first-nations/first-nations-perspective-on-health-and-wellness https://www.fnha.ca/wellness/wellness-and-the-first-nations-health-authority/cultural-safety-and-humility	

Course Content and Topics

1. Culture
 - Cultural safety and humility in the surgical and mental health settings
 - Review of holistic concepts
2. Human Development
 - Adult – alteration of developmental tasks due to hospitalization
 - Effects of chronic illness and/or acute illness and mental health on meeting developmental tasks
3. Cognition, mood, violence and stress/coping
 - Bipolar 1 & 2
 - Panic disorders
 - OCD
 - Personality disorders
 - Adjustment disorders (PTSD & Stress reaction)
4. Surgical patient: Oxygenation, perfusion, immunity, mobility
 - Pulmonary emboli, thrombi, atelectasis, pleural effusions, OSA
 - Hypovolemia/hypervolemia, edema
 - Heparin-induced thrombocytopenia
 - Post-op delirium and sedation
 - Sepsis, shock
5. Pain/comfort of the surgical patient
 - Post-op pain
6. Elimination, nutrition, and acid base
 - IBS, bowel obstructions, Crohns, resections, perforated viscus
 - GI bleed
 - Post-op nausea
 - Nephrectomy, cystectomy
7. Cellular regulation, reproduction, grief/loss, sexuality
 - Prostate, breast and colon cancer

- Mastectomy, prostatectomy, hysterectomy
- 8. Person: Community
 - Continuum of care
- 9. Environment: Physical, Socio-Economic, Political, Health Care
 - Physical adaptations of home post-operatively (restorative care)
 - Impact on mental health and well-being
 - Surgical waitlists