

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: NURS 216		Number of Credits: 5 Course credit policy (105)													
Course Full Title: Nursing Practice I: Mental Health and Surgical															
Course Short Title: Pract: Mental Health/Surgical															
Faculty: Faculty of Health Sciences		Department (or program if no department): Nursing													
Calendar Description: Through laboratory, simulation, and clinical experiences, this course will prepare students to manage the nursing care of surgical and mental health patients.															
Prerequisites (or NONE):		Admission to LPN Access program.													
Corequisites (if applicable, or NONE):		HSC 211, NURS 214, and NURS 215.													
Pre/corequisites (if applicable, or NONE):															
Antirequisite Courses <i>(Cannot be taken for additional credit.)</i> Former course code/number: Cross-listed with: Equivalent course(s): <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>		Course Details Special Topics course: No <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: No <i>(See policy 207 for more information.)</i> Grading System: Credit/No Credit Delivery Mode: Face-to-face only Expected frequency: Fall only Maximum enrolment (for information only): 24													
Typical Structure of Instructional Hours <table border="1"> <tr> <td>Supervised laboratory hours (design lab)</td> <td>20</td> </tr> <tr> <td>Practicum</td> <td>140</td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td>Total hours</td> <td>160</td> </tr> </table>		Supervised laboratory hours (design lab)	20	Practicum	140							Total hours	160	Prior Learning Assessment and Recognition (PLAR) PLAR cannot be awarded for this course because: The course is specific to the LPNA program.	
Supervised laboratory hours (design lab)	20														
Practicum	140														
Total hours	160														
Scheduled Laboratory Hours Labs to be scheduled independent of lecture hours: <input type="checkbox"/> No <input checked="" type="checkbox"/> Yes		Transfer Credit (See bctransferguide.ca) Transfer credit already exists: No Submit outline for (re)articulation: No <i>(If yes, fill in transfer credit form.)</i>													
Department approval		Date of meeting: December 2023													
Faculty Council approval		Date of meeting: December 19, 2022													
Undergraduate Education Committee (UEC) approval		Date of meeting: March 24, 2023													

Learning Outcomes *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Perform surgical and mental health assessments in a holistic, trauma-informed way.
2. Plan nursing care that promotes, preserves, and restores well-being.
3. Prioritize and reprioritize nursing interventions.
4. Implement nursing interventions ensuring safety and comfort.
5. Apply communication strategies to understand individuals' health experiences.
6. Apply principles of holistic teaching and learning, Indigenous ways of knowing for the individual(s) in a culturally safe manner.
7. Demonstrate collaboration as a member of the health care team.
8. Integrate course concepts and theory into practice.
9. Perform within UFV and agency policies, BCCNM Professional Standards, and Practice Standards.
10. Apply ethical and legal standards of practice.
11. Demonstrate professionalism in clinical performance.

Recommended Evaluation Methods and Weighting *(Evaluation should align to learning outcomes.)*

Quizzes/tests:	35%	Assignments:	30%	%
Final exam:	35%	Practicum:	Pass/Fail	%

Details:

Students must achieve 63% in the academic evaluations and satisfactory clinical performance to achieve credit in the course.

1. Clinical indicators
2. Clinical assignments
3. Skill performance

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Texts and Resource Materials *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

Type	Author or description	Title and publication/access details	Year
1. Textbook	Jarvis, C	<i>Pocket companion for physical examination and health assessment</i> (3 rd Canadian ed.). Saunders	2018
2. Textbook	Lewis, S.L. et al	<i>Medical-surgical nursing in Canada: Assessment and management of clinical problems</i> (4 th Canadian ed.). Elsevier Canada	2019
3. Textbook	Sealock, K., et al.	<i>Lilley's pharmacology for Canadian health care practice</i> (4 th ed.). Elsevier.	2021
4. Textbook	Pollard, C.L., Jakubec, S.L. & Halter, M.J.	<i>Varcarolis's Canadian psychiatric mental health nursing</i> (2 nd Canadian ed.). Elsevier.	2019
5. Textbook	Perry, A.G., Potter, P.A., & Ostendorf, W.R.	<i>Nursing interventions and clinical skills</i> (7 th ed.). Elsevier.	2019

Required Additional Supplies and Materials *(Software, hardware, tools, specialized clothing, etc.)*

Uniform, stethoscope

Course Content and Topics

1. Laboratory
 - Mental health assessment
 - IM injections Glucometers and insulin
 - IV medications: Minibags, IV direct
 - Catheter insertion and irrigation
 - Nasogastric, gastrostomy, J- tube management
 - Enteral feeding & medication administration
 - Ostomy review
 - Epidural/PCA
2. Clinical
 - Clinical experiences may include acute surgical and psychiatric units in hospital settings as well as a variety of community mental health placements.