

## OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

**Note:** The University reserves the right to amend course outlines as needed without notice.

<b>Course Code and Number:</b> NURS 314		<b>Number of Credits:</b> 4 <a href="#">Course credit policy (105)</a>													
<b>Course Full Title:</b> Health and Wellness II: Childbearing/Pediatric: Person and Families <b>Course Short Title:</b> Health: Childbearing/Pediatric															
<b>Faculty:</b> Faculty of Health Sciences		<b>Department (or program if no department):</b> Nursing													
<b>Calendar Description:</b> In this course, the concepts of health, environment, and individuals and families will be explored with a focus on the childbearing person and pediatrics settings.															
<b>Prerequisites (or NONE):</b>		HCS 211, NURS 214, NURS 215, and NURS 216.													
<b>Corequisites (if applicable, or NONE):</b>		NURS 315 and NURS 316.													
<b>Pre/corequisites (if applicable, or NONE):</b>															
<b>Antirequisite Courses</b> <i>(Cannot be taken for additional credit.)</i> Former course code/number: Cross-listed with: Equivalent course(s): <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>		<b>Course Details</b> Special Topics course: <b>No</b> <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: <b>No</b> <i>(See <a href="#">policy 207</a> for more information.)</i> Grading System: <b>Letter grades</b> Delivery Mode: <b>Hybrid only</b> Expected frequency: <b>Winter only</b> Maximum enrolment (for information only): <b>24</b>													
<b>.Typical Structure of Instructional Hours</b> <table border="1"> <tr> <td>Lecture/seminar</td> <td>30</td> </tr> <tr> <td>Tutorials/workshops</td> <td>30</td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td><b>Total hours</b></td> <td><b>60</b></td> </tr> </table>		Lecture/seminar	30	Tutorials/workshops	30							<b>Total hours</b>	<b>60</b>	<b>Prior Learning Assessment and Recognition (PLAR)</b> PLAR cannot be awarded for this course because: The course is specific to the LPNA program.	
Lecture/seminar	30														
Tutorials/workshops	30														
<b>Total hours</b>	<b>60</b>														
<b>Scheduled Laboratory Hours</b> Labs to be scheduled independent of lecture hours: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes		<b>Transfer Credit</b> (See <a href="#">bctransferguide.ca</a> .) Transfer credit already exists: <b>No</b> Submit outline for (re)articulation: <b>No</b> <i>(If yes, fill in <a href="#">transfer credit form</a>.)</i>													
<b>Department approval</b>		<b>Date of meeting:</b> December 2023													
<b>Faculty Council approval</b>		<b>Date of meeting:</b> December 19, 2022													
<b>Undergraduate Education Committee (UEC) approval</b>		<b>Date of meeting:</b> March 24, 2023													

**Learning Outcomes** *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Explore the growth and development of individuals and families during the perinatal period and childhood using the principles of trauma informed care and anti-racism.
2. Analyze health concepts related to nursing care during perinatal period and childhood.
3. Discuss the impact of the environment on childbearing families and children.
4. Examine the development and implementation of health policy and the effect on nursing.
5. Explore alterations in family processes during the perinatal period and childhood illness.
6. Examine Indigenous world views and ways of knowing and being related to childhood and childbearing families.
7. Apply advanced relational skills when working with children and families.

**Recommended Evaluation Methods and Weighting** *(Evaluation should align to learning outcomes.)*

Assignments:	45%	Quizzes/tests:	20%	Final exam:	35%
	%		%		%

**Details:**

Assignments include 10% for online discussion board, 25% for an academic paper and 10% for pre-class assignments.

**NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.**

**Texts and Resource Materials** *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

Type	Author or description	Title and publication/access details	Year
1. Textbook	Perry, S. E., Hockenberry, M. J., et al.	<i>Maternal child nursing care in Canada</i> (3 <sup>rd</sup> Canadian ed.). Toronto: Elsevier.	2021
2. Indigenous knowledge		<a href="#">BC First Nations and Aboriginal Maternal Child and Family Tripartite Strategic Approach.pdf (fnha.ca)</a> <a href="http://www.perinatalservicesbc.ca/Documents/Resources/Honouring_Indigenous_Womens_and_Families_Pregnancy_Journeys.pdf">http://www.perinatalservicesbc.ca/Documents/Resources/Honouring_Indigenous_Womens_and_Families_Pregnancy_Journeys.pdf</a>	
3. Indigenous knowledge			
4.			
5.			

**Required Additional Supplies and Materials** *(Software, hardware, tools, specialized clothing, etc.)***Course Content and Topics**

1. Environment
  - Social determinants of health
  - Indigenous health
  - Child poverty
  - Social and political supports
  - Environmental factors that impact human development
  - Home safety for children
  - Health policy development and frameworks
  - Canadian Institute for Health Information
2. Person: Family
  - Intro to family strengths assessment
  - Effect of family on health child development
  - Relational practice
3. Person: Community/Population
  - Community supports for families
4. Health: Culture
  - Cultural safety when caring for families
5. Health: Human Development
  - Developmental stages from embryo to adolescent
  - Changes in the human body related to childbearing
  - Genetics: impact on development
  - Effects of illness on development
6. Health: Pain/Comfort
  - Management of intrapartum and postpartum pain
  - Assessment of pain in neonates, infants, children and adolescents

- Sleep-Rest
  - Neonate, infant, child and adolescent – normal patterns
  - New parent
- 7. Health Oxygenation and Perfusion
  - Intrauterine to extrauterine oxygenation
  - Asthma
  - SIDS
  - Postpartum hemorrhage
  - Perfusion changes to newborn
  - Jaundice
  - Hypertension in pregnancy
- 8. Nutrition and Metabolism
  - Nutritional needs of the neonate, infant, child, adolescent and childbearing person
  - Type 1 diabetes
  - Gestational diabetes
- 9. Infection, Immunity and Thermoregulation
  - Meningitis
  - Postpartum infection
  - Childhood immunizations
  - Active/passive immunity to fetus
  - Neonatal thermoregulation
- 10. Mobility and Intracranial regulation
  - CP
  - Seizures
- 11. Fluid and Electrolytes and Acid Base
  - Dehydration
  - Diarrhea
- 12. Reproduction and Sexuality
  - Pregnancy – healthy/variances, planned/unplanned
  - Technologies (IVF)
  - Infertility
  - Contraception
  - Sexuality – childbearing person and adolescent
- 13. Health: Stress and Coping, Grief and Loss, Cellular Regulation and Cognition
  - Hospitalized child
  - Loss of a fetus or child
  - Child born with a disability
  - Neonatal adaptation syndrome
- 14. Health: Mood and Violence
  - Perinatal mood disorders
    - IPV
  - Adolescent mental health/self esteem
    - Eating disorders
    - Depression and anxiety
      - Suicide
  - Child abuse