

ORIGINAL COURSE IMPLEMENTATION DATE: September 1998
REVISED COURSE IMPLEMENTATION DATE: January 2018
COURSE TO BE REVIEWED: (six years after UEC approval) January 2023

Course outline form version: 09/15/14

## OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: NURS 401			Number of Credits: 4 Course credit policy (105)					
Course Full Title: Health and Wellness: Community Health Course Short Title (if title exceeds 30 characters): Health & Wellness: Community								
Faculty: Faculty of Health Sciences			<b>Department (or program if no department):</b> School of Health Studies, Bachelor of Science in Nursing					
Calendar Description:								
The social determinants of health and the role of the community nurse in meeting health goals will be analyzed through local, regional, and global perspectives.								
Prerequisites (or NONE):  Admission to the Bachelor of Science 306, and one of (STAT 104 or STAT				te in Nursing program, NURS 304, NURS 305, NURS 106).				
Corequisites (if applicable, or NONE):	NURS 402 and NURS 403.							
Pre/corequisites (if applicable, or NONE):								
Equivalent Courses (cannot be taken for additional credit)  Former course code/number:  Cross-listed with:  Equivalent course(s):  Note: Equivalent course(s) should be included in the calendar description by way of a note that students with credit for the equivalent course(s) cannot take this course for further credit.  Total Hours: 60  Typical structure of instructional hours:  Lecture hours 10  Seminars/tutorials/workshops  Laboratory hours  Field experience hours  Experiential (practicum, internship, etc.)  Online learning activities 20				Transfer credit already exists: ☐ Yes ☒ No  Transfer credit requested (OReg to submit to BCCAT): ☐ Yes ☒ No (if yes, fill in transfer credit form)  Resubmit revised outline for articulation: ☐ Yes ☒ No To find out how this course transfers, see bctransferguide.ca.  Special Topics  Will the course be offered with different topics? ☐ Yes ☒ No  If yes, different lettered courses may be taken for credit: ☐ No ☐ Yes, repeat(s) ☐ Yes, no limit  Note: The specific topic will be recorded when offered.  Expected frequency of course offerings (every semester,				
Other contact hours: In class learning activities (case studies, in class application exercises) 30  Total 60				annually, every other year, etc.): Every semester				
Department / Program Head or Director:	Date approved:	November 21, 2016						
Faculty Council approval:					Date approved:	February 10, 2017		
Campus-Wide Consultation (CWC)					Date of posting:	September 22, 2017		
Dean/Associate VP: Joanne MacLean					Date approved:	February 10, 2017		
Undergraduate Education Committee (UEC) approval					Date of meeting:	September 29, 2017		

## **Learning Outcomes**

Upon successful completion of this course, students will be able to:

- 1. Assess the impact of the Social Determinants of Health on health & wellness for individuals, families, communities, and populations.
- 2. Evaluate the resources available to optimize health and wellness for individuals, families, communities, and populations.
- 3. Analyze the relationship between environment and the health and wellness of communities and populations.
- 4. Plan interventions that meet the health needs of individuals, families, communities, and specific populations.
- 5. Apply concepts of epidemiology to selected populations.
- 6. Discuss the role of the nurse in achieving global health goals.

## Prior Learning Assessment and Recognition (PLAR)

☑ Yes ☐ No, PLAR cannot be awarded for this course because

Typical Instructional Methods (guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion)
Lecture, guest lecture, small group discussion, large group discussion, online instruction.

Grading system: Letter Grades: ☐ Credit/No Credit: ☐ Labs to be scheduled independent of lecture hours: Yes ☐ No ☐

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Text(s) and Resource Materials (if more space is required, download Supplemental Texts and Resource Materials form)											
	Author (surname, initials)		Title (article, book, joi	Current ed.	Publisher	Year					
1.	Kaakinen, J. R., Coehlo, D. P., Steele, R., Tabacco, A., & Harmon Hanson, S. M.		Family Health Care I	5 <sup>th</sup> ed.	FA Davis	2015					
2.	Stanhope, M., Lancaster, J., Jessup-Falcioni, H., Viveralis-Dresler, G.		Community Health N	3 <sup>rd</sup> Canadian	Elsevier	2017					
Typical Evaluation Methods and Weighting											
Fi	nal exam: 40%	Assignments (a	cademic paper): 30%	Midterm exam:	30%	Total:	100%				

## **Typical Course Content and Topics**

- 1. Person: Individual, Family, Community and Population
  - Community health
    - Home health, home assessment, allocation of support hours
    - Public health support
    - Community resources
  - Health Promotion
  - Epidemiology
    - o Health surveillance
  - Vulnerable populations
    - o Immigrants and refugees
    - o Homeless
    - o Frail elderly
    - Complex health situations
- 2. Environment: Physical, Socioeconomic, Political
  - Food security (national and global level)
  - Climate change
    - o Air quality
  - Community assessment
    - Home/neighbourhood risk assessment
  - Unemployment rates
  - Education and health literacy
  - Emergency preparedness and response
  - Health policy
- 3. Environment: Health Care Delivery/System
  - Evaluation and outcomes of health care programs
  - Out of province health care
  - Community health nursing (public health and home health)
  - Continuum of care
- 4. Health: Culture
  - Focus on specific culture for population health assignment
- 5. Health: Indigenous Peoples
- 6. Health: Infection and Immunity
  - Communicable diseases (Tuberculosis, STI's)
    - o Pandemics and endemics
  - Immunizations
- 7. Health: Global Health
  - Global health
  - Globalization
  - · Goals and targets
  - Global health organizations