

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: PNUR 140		Number of Credits: 2 Course credit policy (105)															
Course Full Title: Health Promotion I Course Short Title: <i>(Transcripts only display 30 characters. Departments may recommend a short title if one is needed. If left blank, one will be assigned.)</i>																	
Faculty: Faculty of Health Sciences		Department (or program if no department): School of Health Studies – Practical Nursing															
Calendar Description: Introduces the concepts of health promotion, the determinants of health and health inequities, and develops a beginning knowledge of normal growth and development. Topics include health enhancement, health protection, disease prevention, and health restoration (recovery, care, and support).																	
Prerequisites (or NONE):		Admission to the Practical Nursing diploma and PNUR 147.															
Corequisites (if applicable, or NONE):		PNUR 141, PNUR 142, PNUR 143, PNUR 144, and PNUR 145.															
Pre/corequisites (if applicable, or NONE):		None															
Antirequisite Courses <i>(Cannot be taken for additional credit.)</i> Former course code/number: Cross-listed with: Dual-listed with: Equivalent course(s): <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>		Special Topics This course is offered with different topics: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes <i>(Double-click on box to select it as checked.)</i> If yes, different lettered courses may be taken for credit: <input type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit <i>(The specific topic will be recorded when offered.)</i>															
Typical Structure of Instructional Hours <table border="1"> <tr> <td>Lecture/seminar hours</td> <td>30</td> </tr> <tr> <td>Tutorials/workshops</td> <td></td> </tr> <tr> <td>Supervised laboratory hours</td> <td></td> </tr> <tr> <td>Experiential (field experience, practicum, internship, etc.)</td> <td></td> </tr> <tr> <td>Supervised online activities</td> <td></td> </tr> <tr> <td>Other contact hours:</td> <td></td> </tr> <tr> <td>Total hours</td> <td>30</td> </tr> </table>		Lecture/seminar hours	30	Tutorials/workshops		Supervised laboratory hours		Experiential (field experience, practicum, internship, etc.)		Supervised online activities		Other contact hours:		Total hours	30	Transfer Credit Transfer credit already exists: (See bctransferguide.ca .) <input type="checkbox"/> No <input checked="" type="checkbox"/> Yes Submit revised outline for rearticulation: <input type="checkbox"/> No <input type="checkbox"/> Yes <i>(If yes, fill in transfer credit form.)</i>	
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Labs to be scheduled independent of lecture hours: <input type="checkbox"/> No <input type="checkbox"/> Yes		Grading System <input checked="" type="checkbox"/> Letter Grades <input type="checkbox"/> Credit/No Credit															
		Expected Frequency of Course Offerings: Fall only															
Department / Program Head or Director: Hannah MacDonald		Date approved: October 2018															
Faculty Council approval		Date approved: November 5, 2018															
Dean/Associate VP: Alastair Hodges		Date approved: November 5, 2018															
Campus-Wide Consultation (CWC)		Date of posting: n/a															
Undergraduate Education Committee (UEC) approval		Date of meeting: March 1, 2019															

Learning Outcomes:

Upon successful completion of this course, students will be able to:

1. Explain definitions and concepts related to health promotion.
2. Identify and explain epidemiology related to health promotion.
3. Explain the difference between primary, secondary, and tertiary prevention.
4. Provide examples that explain the difference between health promotion and disease prevention.
5. Discuss the major components of Canada's health care system.
6. Explain how the determinants of health impact health and wellness.
7. Identify health disparities between Indigenous people and non-Indigenous people in Canada.
8. Identify the determinants of health of Indigenous populations.
9. Define cultural sensitivity and awareness in health promotion.
10. Explain the principles of chronic disease management.
11. Describe teaching and learning principles for health promotion across the lifespan.
12. Describe the steps of communicable disease reporting.
13. Describe common normal growth and development theories across the lifespan.
14. Explain the concept of harm reduction.
15. Define trauma-informed practice.
16. Define health promotion principles in LGBTQ2 care.

Prior Learning Assessment and Recognition (PLAR)

☐ Yes ☐ No, PLAR cannot be awarded for this course because

Typical Instructional Methods (*Guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion.*)

Lectures, student presentations, videos, small group work, discussion

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Text(s) and Resource Materials (*If more space is required, download Supplemental Texts and Resource Materials form.*)

	Author (surname, initials)	Title (article, book, journal, etc.)	Current ed.	Publisher	Year
1.	Edelman, C., Kudzma, E.C & Mandle, C.	Health promotion throughout the lifespan	8 th ed.	St. Louis: Mosby.	2014
2.		PNUR 140 Course Pack			
3.	Arnold, E., & Boggs, K.U.	Interpersonal relationships: Professional Communication skills for nurses	7 th ed.	St. Louis: Saunders	2016
4.	Lewis, S.L., et al	Medical-surgical nursing in Canada: Assessment and management of clinical problems	4 th Canadian ed.	Toronto: Elsevier	2019
5.	Kozier, B. et al	Fundamentals of Canadian nursing: concepts, process and practice	4 th Canadian ed.	Toronto: Pearson	2018

Typical Evaluation Methods and Weighting

Final exam:	40%	Assignments:	30%	Midterm exam:	30%	Total:	100%
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Details (if necessary):**Typical Course Content and Topics**

- Canada's health care system
- Holistic health
- Wellness and health
- Determinants of health
- Maslow's Hierarchy of Needs
- Health promotion in Canada
- Normal growth and development across the lifespan
- Chronic disease management
- Understanding health disparities
- Diversity in health beliefs: including Indigenous and increasing multicultural populations
- Cultural sensitivity and awareness in health promotion
- Introduction to health statistics and epidemiology
- Teaching and learning in health promotion
- Communicable diseases and epidemiology
- Harm reduction
- Trauma-informed practice
- Health literacy