

## OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

<b>Course Code and Number:</b> PNUR 151		<b>Number of Credits:</b> 3.0 <a href="#">Course credit policy (105)</a>															
<b>Course Full Title:</b> Variations in Health II <b>Course Short Title:</b> <i>(Transcripts only display 30 characters. Departments may recommend a short title if one is needed. If left blank, one will be assigned.)</i>																	
<b>Faculty:</b> Faculty of Health Sciences		<b>Department (or program if no department):</b> School of Health Sciences Practical Nursing program															
<b>Calendar Description:</b> Focuses on pathophysiology as it relates to the aging process and selected chronic illnesses. The main focus is on the care of older adults experiencing a health challenge. Cultural diversity in healing practices will be explored as well as evidence-informed research and practice.																	
<b>Prerequisites (or NONE):</b>		Admission to the Practical Nursing diploma and PNUR 146.															
<b>Corequisites (if applicable, or NONE):</b>		PNUR 150, PNUR 152, PNUR 153, PNUR 154, and PNUR 155.															
<b>Pre/corequisites (if applicable, or NONE):</b>																	
<b>Antirequisite Courses</b> <i>(Cannot be taken for additional credit.)</i> Former course code/number: Cross-listed with: Dual-listed with: Equivalent course(s): <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>		<b>Special Topics</b> This course is offered with different topics: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes <i>(Double-click on box to select it as checked.)</i> If yes, different lettered courses may be taken for credit: <input type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit <i>(The specific topic will be recorded when offered.)</i>															
<b>Typical Structure of Instructional Hours</b> <table border="1"> <tr> <td>Lecture/seminar hours</td> <td>45</td> </tr> <tr> <td>Tutorials/workshops</td> <td></td> </tr> <tr> <td>Supervised laboratory hours</td> <td></td> </tr> <tr> <td>Experiential (field experience, practicum, internship, etc.)</td> <td></td> </tr> <tr> <td>Supervised online activities</td> <td></td> </tr> <tr> <td>Other contact hours:</td> <td></td> </tr> <tr> <td><b>Total hours</b></td> <td><b>45</b></td> </tr> </table>		Lecture/seminar hours	45	Tutorials/workshops		Supervised laboratory hours		Experiential (field experience, practicum, internship, etc.)		Supervised online activities		Other contact hours:		<b>Total hours</b>	<b>45</b>	<b>Transfer Credit</b> Transfer credit already exists: (See <a href="#">bctransferguide.ca</a> ) <input type="checkbox"/> No <input checked="" type="checkbox"/> Yes Submit revised outline for rearticulation: <input type="checkbox"/> No <input type="checkbox"/> Yes <i>(If yes, fill in transfer credit form.)</i>	
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		<b>Grading System</b> <input checked="" type="checkbox"/> Letter Grades <input type="checkbox"/> Credit/No Credit															
		<b>Expected Frequency of Course Offerings:</b> Winter only <i>(Every semester, Fall only, annually, every other Fall, etc.)</i>															
<b>Department / Program Head or Director:</b> Hannah MacDonald		<b>Date approved:</b> October 2018															
<b>Faculty Council approval</b>		<b>Date approved:</b> November 5, 2018															
<b>Dean/Associate VP:</b> Alastair Hodges		<b>Date approved:</b> November 5, 2018															
<b>Campus-Wide Consultation (CWC)</b>		<b>Date of posting:</b> n/a															
<b>Undergraduate Education Committee (UEC) approval</b>		<b>Date of meeting:</b> March 1, 2019															

Labs to be scheduled independent of lecture hours: ☐ No ☐ Yes

**Learning Outcomes:**

Upon successful completion of this course, students will be able to:

1. Explain the pathophysiology of common chronic illness related to the aging process.
2. Describe the nursing management of common illness associated with the aging process.
3. Identify altered presentations of illness in the older adult client.
4. Identify common mental health challenges or mental illness experienced by older adults, i.e., differences between normal aging and symptoms of a mental illness in older adults.
5. Give examples of diversity in traditional healing practices in management of chronic illness.
6. Describe how evidence informed research and practice impacts nursing care of the older adult.
7. Identify holistic practice associated with chronic illness
8. Explain the influence of culture and cultural competency in health and healing

**Prior Learning Assessment and Recognition (PLAR)**

☐ Yes      ☐ No, PLAR cannot be awarded for this course because

**Typical Instructional Methods** *(Guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion.)*

Lecture, guest lectures, group work, Elder visit, videos

**NOTE:** The following sections may vary by instructor. Please see course syllabus available from the instructor.

**Typical Text(s) and Resource Materials** *(If more space is required, download Supplemental Texts and Resource Materials form.)*

Author (surname, initials)	Title (article, book, journal, etc.)	Current ed.	Publisher	Year
1. Deglin, J. H. & Vallerand, A. H.	Davis's drug guide for nurses	16 ed.	Philadelphia: F. A. Davis	2017
2. Edelman, C. & Mandle, C.	Health promotion throughout the lifespan	9 <sup>th</sup> ed.	St. Louis: Mosby	2018
3. Adams, M.P., Urban, C.Q., El-Hussein, M., Osuji, J., & King, S.	Pharmacology for nurses: A pathophysiology approach	2 <sup>nd</sup> Canadian ed.	New Jersey: Pearson	2018
4. Touhy, T.A., Jett, K.F., Boscart, V. & McCleary, L.,	Ebersole and Hess' Gerontological Nursing & Healthy Aging	1st Canadian ed.	Toronto: Elsevier	2012
5. Lewis, S.L., Bucher, S.R., McLean-Heitkemper, M., Harding, M.M., Barry, M.A., Lok, J., Tyerman, J., & Goldsworthy, S.	Medical-surgical nursing in Canada: Assessment and management of clinical problems	4 <sup>th</sup> Canadian ed	Toronto: Elsevier	2019
6.	PNUR 151 Course Pack			

**Typical Evaluation Methods and Weighting**

Exam #1:	25%	Assignments:	15%	Field experience:	%	Portfolio:	%
Exam #2:	25%	Exam #3	35%	Practicum:	%	Total:	100%

**Details (if necessary):****Typical Course Content and Topics**

Course outcomes will be met through examination and exploration of the following:

- Physiological changes in the older adult contributing to disease and illness
- Recognition and presentation of common disease and illness in the older adult
- Nursing management of disease and illness for the older adult according to body systems:
  - Integumentary
  - Cardiovascular
  - Respiratory
  - Musculoskeletal
  - Endocrine
  - Gastrointestinal
  - Genitourinary
  - Neurological
  - Sensory
  - Haematological
  - Immune
- Therapeutic interventions and treatments
- Traditional healing practices
- Introduction to diagnostics
- Evidence-informed research and practice