

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: PNUR 240		Number of Credits: 2.5 Course credit policy (105)															
Course Full Title: Health Promotion III Course Short Title: <i>(Transcripts only display 30 characters. Departments may recommend a short title if one is needed. If left blank, one will be assigned.)</i>																	
Faculty: Faculty of Health Sciences		Department (or program if no department): Health Sciences, Practical Nursing program															
Calendar Description: Focuses on health promotion as it relates to the continuum of care across the lifespan. Health promotion in the context of mental illness, physical and developmental disabilities, and maternal/child health is highlighted. Normal growth and development from conception to middle adulthood is addressed.																	
Prerequisites (or NONE):		Admission to the Practical Nursing diploma and PNUR 156.															
Corequisites (if applicable, or NONE):		PNUR 241, PNUR 242, PNUR 243, and PNUR 244.															
Pre/corequisites (if applicable, or NONE):																	
Antirequisite Courses <i>(Cannot be taken for additional credit.)</i> Former course code/number: Cross-listed with: Dual-listed with: Equivalent course(s): <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>		Special Topics This course is offered with different topics: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes <i>(Double-click on box to select it as checked.)</i> If yes, different lettered courses may be taken for credit: <input type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit <i>(The specific topic will be recorded when offered.)</i>															
Typical Structure of Instructional Hours <table border="1"> <tr> <td>Lecture/seminar hours</td> <td>36</td> </tr> <tr> <td>Tutorials/workshops</td> <td></td> </tr> <tr> <td>Supervised laboratory hours</td> <td></td> </tr> <tr> <td>Experiential (field experience, practicum, internship, etc.)</td> <td></td> </tr> <tr> <td>Supervised online activities</td> <td></td> </tr> <tr> <td>Other contact hours: Student Directed Learning</td> <td></td> </tr> <tr> <td>Total hours</td> <td>36</td> </tr> </table>		Lecture/seminar hours	36	Tutorials/workshops		Supervised laboratory hours		Experiential (field experience, practicum, internship, etc.)		Supervised online activities		Other contact hours: Student Directed Learning		Total hours	36	Transfer Credit Transfer credit already exists: <i>(See bctransferguide.ca.)</i> <input type="checkbox"/> No <input checked="" type="checkbox"/> Yes Submit revised outline for rearticulation: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes <i>(If yes, fill in transfer credit form.)</i>	
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Labs to be scheduled independent of lecture hours: <input type="checkbox"/> No <input type="checkbox"/> Yes		Grading System <input checked="" type="checkbox"/> Letter Grades <input type="checkbox"/> Credit/No Credit															
		Expected Frequency of Course Offerings: Every fall <i>(Every semester, Fall only, annually, every other Fall, etc.)</i>															
Department / Program Head or Director:		Date approved: October 18, 2019															
Faculty Council approval		Date approved: November 2019															
Dean/Associate VP: Alastair Hodges		Date approved: November 2019															
Campus-Wide Consultation (CWC)		Date of posting: January 10, 2020															
Undergraduate Education Committee (UEC) approval		Date of meeting: February 28, 2020															

Learning Outcomes:

Upon successful completion of this course, students will be able to:

1. Identify normal patterns of growth and development from conception to middle adulthood.
2. Provide examples of public health services available to pregnant women in the community.
3. Describe health promoting strategies for the post-partum client and the newborn.
4. Provide examples of mental health/illness services available to clients in the community.
5. Describe how culture may impact utilization of mental health resources.
6. Compare the level of mental health services from urban to rural areas.
7. Explore examples of harm reduction activities.
8. Discuss disparities in the delivery of community health services in BC including LGBTQ2 Care.
9. Identify and describe health promotion activities for clients living with mental illness and those living with disabilities.
10. Analyze the impact of cultural safety and trauma-informed practice to support mental health.
11. Give examples of teaching and learning strategies for care in the community.
12. Discuss the impact of immunization in health promotion.

Prior Learning Assessment and Recognition (PLAR)

☒ Yes ☐ No, PLAR cannot be awarded for this course because

Typical Instructional Methods *(Guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion.)*

Lectures, paper writing, group presentations, videos, reading, client interviews.

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Text(s) and Resource Materials *(If more space is required, download Supplemental Texts and Resource Materials form.)*

Author (surname, initials)	Title (article, book, journal, etc.)	Current ed.	Publisher	Year
1. Edelman, C.L. & Kudzma, E.C.	Health promotion throughout the lifespan	9 th ed	Mosby	2018
2. Perry, S. E., Hockenberry, M. J., Lowdermilk, D. L., Wilson, D., Keenan-Lindsay, L., & Sams, C. A.	Maternal child nursing care in Canada	2 nd Canadian Ed	Toronto: Elsevier	2017
3. Lewis, S. L., Bucher, L., McLean-Heitkemper, M. M., Harding, M. M., Barry, M. A., Lok, J., Tyerman, J., & Goldsworthy, S	Medical-surgical nursing in Canada: Assessment and management of clinical problems	4 th Canadian Ed	Mosby/Elsevier	2019
4.	Course pack			

Typical Evaluation Methods and Weighting

Final exam:	40 %	Assignments:	30%	Field experience:	%	Portfolio:	%
Midterm exam:	30%	Project:	%	Practicum:	%	Other:	%
Quizzes/tests:	%	Lab work:	%	Shop work:	%	Total:	100%

Details (if necessary):**Typical Course Content and Topics**

- Normal growth and development – conception to middle adulthood
- Continuum of care for maternal/child health client
- Teaching and learning
- Continuum of care for clients experiencing mental illness
- Substance abuse
- Health promotion strategies for clients with mental illness and physical or developmental disabilities
- Promotion of safety for clients experiencing mental illness
- Families experiencing violence
- Public health services
- Resource allocation/inequities
- Illness prevention: immunization
- Harm reduction
 - Principles of trauma-informed practice
 - Cultural safety across the continuum of care
 - LGBTQ2 Care
- Normal physiological changes related to pregnancy