



ORIGINAL COURSE IMPLEMENTATION DATE: September 2013  
 REVISED COURSE IMPLEMENTATION DATE: September 2024  
 COURSE TO BE REVIEWED (six years after UEC approval): March 2030  
 Course outline form version: 28/10/2022

## OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

**Note: The University reserves the right to amend course outlines as needed without notice.**

<b>Course Code and Number:</b> PSYC 364	<b>Number of Credits:</b> 3 <a href="#">Course credit policy (105)</a>												
<b>Course Full Title:</b> Environmental Psychology <b>Course Short Title:</b> Environmental Psychology													
<b>Faculty:</b> Faculty of Social Sciences	<b>Department (or program if no department):</b> Psychology												
<b>Calendar Description:</b> Tackling environmental crises requires behavioural change. This course considers impacts of environmental variables on human psychology. Students examine the roots of behaviours affecting the environment and assess how to change them. Students apply course concepts to real-world problems.													
<b>Prerequisites (or NONE):</b>	30 university-level credits including PSYC 101 and PSYC 102.												
<b>Corequisites (if applicable, or NONE):</b>	NONE												
<b>Pre/corequisites (if applicable, or NONE):</b>	NONE												
<b>Antirequisite Courses</b> <i>(Cannot be taken for additional credit.)</i> Former course code/number: <b>PSYC 264, PSYC 200Q</b> Cross-listed with: <b>N/A</b> Equivalent course(s): <b>N/A</b> <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>	<b>Course Details</b> Special Topics course: <b>No</b> <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: <b>No</b> <i>(See <a href="#">policy 207</a> for more information.)</i> Grading System: <b>Letter grades</b> Delivery Mode: <b>May be offered in multiple delivery modes</b> Expected frequency: <b>Annually</b> Maximum enrolment (for information only): <b>25</b>												
<b>Typical Structure of Instructional Hours</b> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">Lecture/seminar</td> <td style="width: 20%; text-align: center;">45</td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> </tr> <tr> <td style="text-align: right;"><b>Total hours</b></td> <td style="text-align: center;"><b>45</b></td> </tr> </table>	Lecture/seminar	45									<b>Total hours</b>	<b>45</b>	<b>Prior Learning Assessment and Recognition (PLAR)</b> PLAR is available for this course.
Lecture/seminar	45												
<b>Total hours</b>	<b>45</b>												
<b>Scheduled Laboratory Hours</b> Labs to be scheduled independent of lecture hours: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes	<b>Transfer Credit</b> <i>(See <a href="#">bctransferguide.ca</a>.)</i> Transfer credit already exists: <b>Yes</b> Submit outline for (re)articulation: <b>No</b> <i>(If yes, fill in <a href="#">transfer credit form</a>.)</i>												
<b>Department approval</b>	<b>Date of meeting:</b> November 2023												
<b>Faculty Council approval</b>	<b>Date of meeting:</b> December 8, 2023												
<b>Undergraduate Education Committee (UEC) approval</b>	<b>Date of meeting:</b> March 1, 2024												

**Learning Outcomes** *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Discuss the behaviours that contribute to a variety of different environmental problems.
2. Evaluate how attitudes, norms, situational constraints, cognitive constraints, motivations, learning, and personality factors contribute to those behaviours.
3. Evaluate strategies to change behaviours, referencing Indigenous perspectives.
4. Devise ways to exert social and political influence in the direction of environmentally responsible policies.
5. Analyze the effects of environmental conditions on human performance and well-being.

**Recommended Evaluation Methods and Weighting** *(Evaluation should align to learning outcomes.)*

Final exam:	35%	Assignments:	25%	%
Quizzes/tests:	40%		%	%

**Details:**

**NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.**

**Typical Instructional Methods** *(Guest lecturers, presentations, online instruction, field trips, etc.)*

This course will make use of a mixture of formal lecturing, and in-class discussion.

**Texts and Resource Materials** *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

Type	Author or description	Title and publication/access details	Year
1. Book for review	Hoggan, J.	I'm right and you're an idiot (2 <sup>nd</sup> ed.)/ New Society	2019
2. Journal Article	Bandura A.	Selective moral disengagement in the exercise of moral agency/ Journal of Moral	2002
3. Journal Article	Hardin, J.	The tragedy of the commons / Science	1968
4. Journal Article	Whitmarsh, L.	Behavioural responses to climate change: Asymmetry of intentions and impacts/ Journal of Environmental Psychology	2009
5. Article	Wang, X	The role of future orientation, cultural worldviews, and collective efficacy in the American public's climate change attitudes and policy support. <i>International Journal of Public Opinion Research</i>	2018

**Required Additional Supplies and Materials** *(Software, hardware, tools, specialized clothing, etc.)*

None

**Course Content and Topics**

- Introduction
- Psychological effects of scarcity
- Moral engagement and disengagement
- Effects of environmental conditions on people
- Tragedies of the commons
- Values, Indigenous perspectives, and religious approaches to conservation
- Educational approaches to conservation and incentives
- Community management of the commons
- Perceptual and cognitive processes
- Points of intervention