

## OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

<b>Course Code and Number:</b> SOWK 283		<b>Number of Credits:</b> 3 <a href="#">Course credit policy (105)</a>																	
<b>Course Full Title:</b> Introduction to Social Work Practice with Families																			
<b>Course Short Title (if title exceeds 30 characters):</b> Social Work with Families																			
<b>Faculty:</b> Faculty of Professional Studies		<b>Department:</b> School of Social Work and Human Services																	
<b>Calendar Description:</b> This course introduces social work practice with families. Students will explore diverse family structures, functioning, and development from a variety of theoretical perspectives. Students will learn to engage with and assess family interactional patterns.																			
<b>Prerequisites (or NONE):</b>		HSER 120 and SOWK 110.																	
<b>Corequisites (if applicable, or NONE):</b>																			
<b>Pre/corequisites (if applicable, or NONE):</b>																			
<b>Equivalent Courses (cannot be taken for additional credit)</b> Former course code/number: <b>HSER 283</b> Cross-listed with: Equivalent course(s): <i>Note: Equivalent course(s) should be included in the calendar description by way of a note that students with credit for the equivalent course(s) cannot take this course for further credit.</i>		<b>Transfer Credit</b> Transfer credit already exists: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Transfer credit requested (OREg to submit to BCCAT): <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No (if yes, fill in transfer credit form) Resubmit revised outline for articulation: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No To find out how this course transfers, see <a href="http://bctransferguide.ca">bctransferguide.ca</a> .																	
<b>Total Hours: 45</b> <b>Typical structure of instructional hours:</b> <table border="1"> <tr> <td>Lecture hours</td> <td>20</td> </tr> <tr> <td>Seminars/tutorials/workshops</td> <td>25</td> </tr> <tr> <td>Laboratory hours</td> <td></td> </tr> <tr> <td>Field experience hours</td> <td></td> </tr> <tr> <td>Experiential (practicum, internship, etc.)</td> <td></td> </tr> <tr> <td>Online learning activities</td> <td></td> </tr> <tr> <td>Other contact hours:</td> <td></td> </tr> <tr> <td><b>Total</b></td> <td><b>45</b></td> </tr> </table>		Lecture hours	20	Seminars/tutorials/workshops	25	Laboratory hours		Field experience hours		Experiential (practicum, internship, etc.)		Online learning activities		Other contact hours:		<b>Total</b>	<b>45</b>	<b>Special Topics</b> Will the course be offered with different topics? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, different lettered courses may be taken for credit: <input type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit <i>Note: The specific topic will be recorded when offered.</i>	
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<b>Total</b>	<b>45</b>																		
		<b>Maximum enrolment (for information only):</b> 30 <b>Expected frequency of course offerings (every semester, annually, every other year, etc.):</b> 2 sections per year																	
<b>Department / Program Head or Director:</b> Margaret Coombes, Director		<b>Date approved:</b> March 17, 2017																	
<b>Faculty Council approval</b>		<b>Date approved:</b> April 7, 2017																	
<b>Campus-Wide Consultation (CWC)</b>		<b>Date of posting:</b> May 12, 2017																	
<b>Dean/Associate VP:</b> Tracy Ryder-Glass, Dean		<b>Date approved:</b> April 7, 2017																	
<b>Undergraduate Education Committee (UEC) approval</b>		<b>Date of meeting:</b> May 19, 2017																	

**Learning Outcomes**

Upon successful completion of this course, students will be able to:

1. Describe the family as a developmental and relational system
2. Critically examine their assumptions about the meaning of family
3. Explain the role of family stories as they influence identity formation
4. Articulate the impact of cultural stories on family functioning, including historical trauma influences
5. Examine the diversity of families from intergenerational and cultural perspectives
6. Examine the impact of colonization, including Indigenous residential schools, on parenting
7. Identify family relationship issues in the areas of substance misuse, family violence, and mental health
8. Apply family engagement and assessment skills, including referrals to appropriate community resources

**Prior Learning Assessment and Recognition (PLAR)**

☒ Yes      ☐ No, PLAR cannot be awarded for this course because

**Typical Instructional Methods (guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion)**

Instructional methods include family storytelling, interactional dialogue, small and large group discussions of case studies, clinical demonstrations through role play and streaming video, guest speakers, and published family studies research. Student-led presentations will also be used.

**Grading system:** Letter Grades: ☒ Credit/No Credit: ☐ Labs to be scheduled independent of lecture hours: Yes ☐ No ☒

**NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.**

**Typical Text(s) and Resource Materials (if more space is required, download Supplemental Texts and Resource Materials form)**

	Author (surname, initials)	Title (article, book, journal, etc.)	Current ed.	Publisher	Year
1.	Collins, D., Jordan, C., Coleman, H.	An Introduction To Family Social Work	<input checked="" type="checkbox"/>	Brooks/Cole	2013
2.	Richardson, R.	Family Ties That Bind: A self-help guide to change through family of origin therapy	<input checked="" type="checkbox"/>	Self Counsel Press	2011
3.			<input type="checkbox"/>		

**Required Additional Supplies and Materials (software, hardware, tools, specialized clothing, etc.)****Typical Evaluation Methods and Weighting**

Final exam:	30%	Assignments: Family Dynamics Reflection Paper	35%	Group Presentations:	35%
Quizzes/tests:	%	Midterm exam:	%	Total:	100%

**Typical Course Content and Topics**

Week 1	Opening – Introductions; review of assignments and grading; organize groups; family dynamics and the field of family social work
Week 2	Defining family Diversity of family structures
Week 3	Thinking in interactive patterns: Family systems and subsystems Function of families in transmitting cultural values and beliefs
Week 4	Birth order and gender Family development over the life cycle Family resilience
Week 5	Practical aspects of family social work Beginning work: Engagement and problem identification Assessment: <ul style="list-style-type: none"> <li>• Constructing a family genogram</li> <li>• Constructing a family eco-map</li> <li>• Constructing a family "story" timeline</li> </ul>
Week 6	Couple relationships
Week 7	Couple relationships and the role of parenting The influence of culture in the role of parenting Indigenous parenting and the impact of the historical trauma of residential schools
Week 8	Family interactional patterns and the trauma of family violence
Week 9	Family interactional patterns and substance misuse
Week 10	Family interactional patterns and mental health
Week 11	Group Presentations
Week 12	Group Presentations
Week 13	Group Presentations