

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: SOWK 301		Number of Credits: 3 Course credit policy (105)													
Course Full Title: Social Work Practice with Groups Course Short Title: SW Practice with Groups															
Faculty: Faculty of Education, Community, & Human Dev.		Department (or program if no department): School of Social Work and Human Services													
Calendar Description: Provides students with an understanding of group dynamics, group facilitation, and the group process in relationship to social work practice. Explores socio-cultural forces, ethical issues, and responsibilities unique to working with groups. Introduces skills and techniques as they pertain to group stages.															
Prerequisites (or NONE):		Admission to the Bachelor of Social Work or Master of Social Work, or 45 university-level credits.													
Corequisites (if applicable, or NONE):		NONE													
Pre/corequisites (if applicable, or NONE):		NONE													
Antirequisite Courses <i>(Cannot be taken for additional credit.)</i> Former course code/number: Cross-listed with: Equivalent course(s): <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>		Course Details Special Topics course: No <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: No <i>(See policy 207 for more information.)</i> Grading System: Letter grades Delivery Mode: Face-to-face only Expected frequency: Annually Maximum enrolment (for information only): 24													
Typical Structure of Instructional Hours <table border="1"> <tr> <td>Lecture/seminar</td> <td>45</td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td>Total hours</td> <td>45</td> </tr> </table>		Lecture/seminar	45									Total hours	45	Prior Learning Assessment and Recognition (PLAR) PLAR is available for this course.	
Lecture/seminar	45														
Total hours	45														
Scheduled Laboratory Hours Labs to be scheduled independent of lecture hours: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes		Transfer Credit <i>(See bctransferguide.ca.)</i> Transfer credit already exists: Yes Submit outline for (re)articulation: No <i>(If yes, fill in transfer credit form.)</i>													
Department approval		Date of meeting: September 22, 2023													
Faculty Council approval		Date of meeting: December 1, 2023													
Undergraduate Education Committee (UEC) approval		Date of meeting: January 26, 2024													

Learning Outcomes *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Describe ethical issues unique to working with groups in social work.
2. Analyze the role of group work within the social work profession.
3. Articulate group work as a system of mutual aid for supporting individuals.
4. Evaluate the appropriate use and value of different group types.
5. Explain the responsibilities, skills, and patterns associated with each group stage.
6. Identify how diverse identities influence group work practice in social work.
7. Critically reflect on ways in which group work has been colonized.
8. Demonstrate skills to assess and meet individual members' needs and the needs of the group as a whole.

Recommended Evaluation Methods and Weighting *(Evaluation should align to learning outcomes.)*

Assignments:	70%	Project:	30%	%
	%		%	%

Details:

Assignments: small group discussion (20%); large group co-facilitation (25%); critical self-reflection and assessment of skills (25%).
 Project: group work proposal (30%).

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Instructional Methods *(Guest lecturers, presentations, online instruction, field trips, etc.)*

In-class activities, presentations, lectures, guest speakers.

Texts and Resource Materials *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

Type	Author or description	Title and publication/access details	Year
1. Textbook	Toseland, R. W., & Rivas, R. F.	An introduction to group work practice	current
2. Textbook	Pelech, W., Basso, R., Lee, C. D., Gandarilla, L., & Gandarilla, M.	Inclusive group work	current
3. Textbook	Coholic, D., & MacEwan, L.	Social group work: A strengths-based approach	current
4.			
5.			

Required Additional Supplies and Materials *(Software, hardware, tools, specialized clothing, etc.)***Course Content and Topics**

1. Introduction to inclusive group work; groups as a system of mutual aid
2. Types of groups; history of group work in social work
3. Ethics in group work, ethical dilemmas, and decision-making; influential group-oriented theories
4. Group dynamics and the group work process
5. Group leadership and co-facilitation in group work
6. Group work, diversity, and social justice; cultural safety and humility
7. Planning for groups
8. The beginning stage of group work
9. The assessment process in group work
10. The middle stage of group work (trauma-informed and strengths-based interventions)
11. The middle stage of group work (Indigenous methods)
12. The ending stage of group work and evaluation of groups
13. Student co-facilitation