

ORIGINAL COURSE IMPLEMENTATION DATE:

REVISED COURSE IMPLEMENTATION DATE:

September 2010 September 2019

**COURSE TO BE REVIEWED** (six years after UEC approval):

Course outline form version: 05/18/2018

March 2025

# OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: TASK 056		Number of Credits: 0 Course credit policy (105)				
Course Full Title: Personal and Career Portfolio Course Short Title: Personal & Career Portfolio (Transcripts only display 30 characters. Departments may recommend a short title if one is needed. If left blank, one will be assigned.)						
Faculty: Faculty of Access and Continuing Education		Department: Upgrading and University Preparation				
Calendar Description:						
Students will develop a personal, career-relat through life experience and/or training and ed		at identifies an	d shows	evidence of workplace e	ssential skills attained	
Prerequisites (or NONE):	TASK 051, TASK 052, TASK 053, and instructor's permission.					
Corequisites (if applicable, or NONE):	TASK 054, TASK 055					
Pre/corequisites (if applicable, or NONE):						
Antirequisite Courses (Cannot be taken for additional credit.)  Former course code/number:  Cross-listed with:  Dual-listed with:  Equivalent course(s):  (If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)			Special Topics (Double-click on boxes to select.)  This course is offered with different topics:  ☑ No ☐ Yes (If yes, topic will be recorded when offered.)  Independent Study  If offered as an Independent Study course, this course may be repeated for further credit: (If yes, topic will be recorded.)  ☑ No ☐ Yes, repeat(s) ☐ Yes, no limit  Transfer Credit			
Typical Structure of Instructional Hours			Transfer credit already exists: (See bctransferguide.ca.)			
Lecture/seminar hours		30	⊠ No	No ☐ Yes Submit outline for (re)articulation:		
Tutorials/workshops		30				
Supervised laboratory hours		30	<ul><li>No ☐ Yes (If yes, fill in transfer credit form.)</li><li>Grading System</li></ul>			
Experiential (field experience, practicum, internship, etc.)						
Supervised online activities			Lette	er Grades 🛛 Credit/No	Credit	
Other contact hours:	Total hours	90		um enrolment (for infor		
Labs to be scheduled independent of lecture hours:   No  Y			Expected Frequency of Course Offerings:  Once per year (Every semester, Fall only, annually, etc.)			
Department / Program Head or Director: Greg St. Hilaire				Date approved:	January 4, 2019	
Faculty Council approval				Date approved:	January 4, 2019	
Dean/Associate VP: Sue Brigden				Date approved:	December 20, 2018	
Campus-Wide Consultation (CWC)				Date of posting:	January 25, 2019	
Undergraduate Education Committee (UEC	Undergraduate Education Committee (UEC) approval			Date of meeting:	March 1, 2019	

## **Learning Outcomes:**

Upon successful completion of this course, students will be able to:

### Develop a Portfolio

- 1. Identify short, medium, and long-term career-related goals.
- List four measurable steps, within a reasonable time frame, for achieving short-term goals.
- Recognize where and how experiential learning has occurred.
- 4. Identify the skills acquired through experiential learning (transferable skills).
- 5. Discriminate between formal and other learning.
- 6. Identify and list personal skill competencies.
- 7. Support learning statements with evidence (e.g., certificates attained, work evaluations, letters of reference).
- 8. Prepare/update a work-ready resume.
- 9. Identify learning needs for self-advancement.
- 10. Identify regional learning opportunities for personal advancement.
- 11. Identify funding options.
- 12. List locations of learning materials relevant to chosen work or field of interest.
- 13. Organize capstone material into a portfolio.

## Job Search Skills

- 1. Identify local public and private employment agencies.
- 2. Identify and outline individual employment support and training needs.
- 3. Create a supported or independent job search plan.
- 4. Connect with the organization that will assist with the next step toward education or employment.

## Prior Learning Assessment and Recognition (PLAR)

**Typical Instructional Methods** (Guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion.) Presentations, computer research, lectures.

## NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Text(s) and Resource Materials (If more space is required, download Supplemental Texts and Resource Materials form.)						
	Author (surname, initials)	Title (article, book, journal, etc.)	Current ed.	Publisher	Year	
1.	Urban, H.	Life's Greatest Lessons: 20 Things That Matter	$\boxtimes$	Simon and Schuster	2003	
2.	Ellis, D., Toft, D., Dawson, D.	Becoming a Master Student	$\boxtimes$	Wadsworth Cengage Learning	2015	

Required Additional Supplies and Materials (Software, hardware, tools, specialized clothing, etc.)

UFV campus card with credit for printing.

## **Typical Evaluation Methods and Weighting**

Final exam: %	Assignments: %	Field experience: %	Career Portfolio: 65%
Midterm exam: %	Next step planning: 25%	Practicum: %	Participation: 10%
Quizzes/tests:	Lab work:	Shop work: %	Total: 100%

### Details (if necessary):

Participation is graded because this course focuses on employability. Participation and attendance demonstrate employability skills that are taught within this course.

### **Typical Course Content and Topics**

- 1. Realistic goal setting
- 2. Next steps plan
- 3. Lifelong learning
- 4. Portfolios