

## OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

|   |           |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
|---|-----------|---|----|------------------------------|--|------------------|--|------------------------|--|--|--|----------------------------|--|-----------------------------|----|--------------|-----------|--|--|
| <b>Course Code and Number:</b> THEA 215   |           | <b>Number of Credits:</b> 3 <a href="#">Course credit policy (105)</a>  |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Course Full Title:</b> Voice and Body I  |           |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Course Short Title (if title exceeds 30 characters):</b>   |           |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Faculty:</b> Faculty of Humanities   |           | <b>Department (or program if no department):</b> Theatre  |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Calendar Description:</b><br><p>An introduction to the techniques that performers use to develop a responsive and expressive vocal instrument. Students learn how the body generates sound, and the physical training and mental awareness needed to free the voice to become an effective instrument for performance.</p>   |           |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Prerequisites (or NONE):</b>   |           | THEA 112.   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Corequisites (if applicable, or NONE):</b>   |           |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Pre/corequisites (if applicable, or NONE):</b>   |           |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Equivalent Courses (cannot be taken for additional credit)</b><br>Former course code/number:<br>Cross-listed with:<br>Equivalent course(s):<br><i>Note: Equivalent course(s) should be included in the calendar description by way of a note that students with credit for the equivalent course(s) cannot take this course for further credit.</i>  |           | <b>Transfer Credit</b><br>Transfer credit already exists: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No<br>Transfer credit requested (OReg to submit to BCCAT):<br><input type="checkbox"/> Yes <input type="checkbox"/> No (if yes, fill in transfer credit form)<br>Resubmit revised outline for articulation: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No<br>To find out how this course transfers, see <a href="http://bctransferguide.ca">bctransferguide.ca</a> . |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Total Hours: 45</b><br><b>Typical structure of instructional hours:</b> <table border="1"> <tr> <td>Lecture hours</td> <td>10</td> </tr> <tr> <td>Seminars/tutorials/workshops</td> <td></td> </tr> <tr> <td>Laboratory hours</td> <td></td> </tr> <tr> <td>Field experience hours</td> <td></td> </tr> <tr> <td>Experiential (practicum, internship, etc.)</td> <td></td> </tr> <tr> <td>Online learning activities</td> <td></td> </tr> <tr> <td>Other contact hours: Studio</td> <td>35</td> </tr> <tr> <td><b>Total</b></td> <td><b>45</b></td> </tr> </table> |           | Lecture hours   | 10 | Seminars/tutorials/workshops |  | Laboratory hours |  | Field experience hours |  | Experiential (practicum, internship, etc.) |  | Online learning activities |  | Other contact hours: Studio | 35 | <b>Total</b> | <b>45</b> | <b>Special Topics</b><br>Will the course be offered with different topics?<br><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No<br>If yes, different lettered courses may be taken for credit:<br><input type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit<br><i>Note: The specific topic will be recorded when offered.</i> |  |
| Lecture hours   | 10        |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| Seminars/tutorials/workshops  |           |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| Laboratory hours  |           |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| Field experience hours  |           |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| Experiential (practicum, internship, etc.)  |           |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| Online learning activities  |           |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| Other contact hours: Studio   | 35        |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Total</b>  | <b>45</b> |   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
|   |           | <b>Maximum enrolment (for information only): 24</b><br><b>Expected frequency of course offerings (every semester, annually, every other year, etc.): Annually</b>   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Department / Program Head or Director:</b> Heather Davis-Fisch   |           | <b>Date approved:</b> November 2016   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Faculty Council approval</b>   |           | <b>Date approved:</b> December 2016   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Campus-Wide Consultation (CWC)</b>   |           | <b>Date of posting:</b> February 17, 2017   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Dean/Associate VP:</b> Jacqueline Nolte  |           | <b>Date approved:</b> December 2016   |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |
| <b>Undergraduate Education Committee (UEC) approval</b>   |           | <b>Date of meeting:</b> March 24, 2017  |    |                              |  |                  |  |                        |  |  |  |                            |  |                             |    |              |           |  |  |

**Learning Outcomes**

Upon successful completion of this course, students will be able to:

- Practice a range of exercises and techniques to enhance vocal and physical flexibility and expressivity
- Engage mental and physical self-awareness to explore how the body moves and generates sound
- Employ flexibility in the body and the breath to realize a range of vocal and physical expression
- Employ physical, social, and emotional awareness to make precise and meaningful physical performance choices
- Describe the effects of different physical configurations of performer and audiences
- Critique one's own and others' performances constructively
- Use critique from self, peers, and instructor to refine performances
- Collaborate effectively as part of an ensemble to create performances focused on vocal and physical expression

**Prior Learning Assessment and Recognition (PLAR)**

☒ Yes ☐ No, PLAR cannot be awarded for this course because

**Typical Instructional Methods (guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion)**

Presentations, demonstrations, physical and vocal exercises.

**Grading system:** Letter Grades: ☒ Credit/No Credit: ☐ Labs to be scheduled independent of lecture hours: Yes ☐ No ☒

**NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.**

**Typical Text(s) and Resource Materials (if more space is required, download Supplemental Texts and Resource Materials form)**

| Author (surname, initials) | Title (article, book, journal, etc.)   | Current ed.                         | Publisher | Year |
|----------------------------|--|-------------------------------------|-----------|------|
| 1. Wangh, S.               | An Acrobat of the Heart  | <input checked="" type="checkbox"/> | Vintage   | 2000 |
| 2. Linklater, K.           | Freeing the Natural Voice, 2 <sup>nd</sup> Ed.   | <input checked="" type="checkbox"/> | Nick Hern | 2006 |
| 3. Calais-Germain, B.      | Anatomy of Breathing   | <input checked="" type="checkbox"/> | Eastland  | 2006 |
| 4.                         | Course-pack or handouts of selected prose, poems, monologues and scenes for vocal practice and performance |                                     |           |      |

**Required Additional Supplies and Materials (software, hardware, tools, specialized clothing, etc.)**

Exercise mat, water bottle, and loose-fitting clothing required for classes. Students may need to find costumes, props, etc for projects.

**Typical Evaluation Methods and Weighting**

|                      |     |                           |     |                   |   |            |      |
|----------------------|-----|---------------------------|-----|-------------------|---|------------|------|
| Final Exam:          | 20% | Assignments:              | 25% | Midterm exam:     | % | Practicum: | %    |
| Quizzes/tests:       | %   | Lab work:                 | %   | Field experience: | % | Shop work: | %    |
| Other: Participation | 25% | Other: Class Performances | 30% | Other:            | % | Total:     | 100% |

**Details (if necessary):**

**Typical Course Content and Topics**

Week 1: Ensemble building; Intro to voice and body  
 Week 2: Foundation of the Breath: Centering and alignment of the body; Exploring vowels and consonants  
 Week 3: Authentic Voice and Body; Solos, duet and group improvisations; exploring range of experimental performance practices  
 Week 4: Reading panels; Viewpoints; Character work; Habits; Obstacles  
 Week 5: One-minute self-scripted solos; Group feedback; exploring gender and identity, and ethnical and intercultural texts and performances  
 Week 6: Freeing the Voice: integrating physical alignment, flexibility, breath, and voice  
 Week 7: Working with dramatic texts; poetry; Two- minute self-scripted solos; Group feedback  
 Week 8: Corporals, Plastiques, Resonators  
 Week 9: Corporals, Plastiques, Resonators, cont.  
 Week 10: Presence Work 1| Three-minute solos; Group feedback  
 Week 11: Presence work 2; Three-minute solos; Group feedback  
 Week 12: Alternative staging and audience relationships; Five-minute solos 1; Group feedback  
 Week 13: Five-minute solos 2; Group feedback  
 Exam period: Final Presentations of five-minute solos