

SELF – REFLECTION IN LEARNING AND TEACHING

Personal Learning Reflection:

- Completing this portfolio reflection has helped me increase my knowledge and understanding that life experience accumulated over years are based on conceptual growth, technical skills and relational skills.
- I learned the importance of communication and interpersonal skills in learning and teaching process which will facilitate to develop skills through the lens of self-awareness and use my own experiences to understand the needs and importance of connection.

Collaboration:

- I am committed to be a life long learner seeking knowledge and skills so that I am always well informed and empowered with the necessary knowledge, skills and values to share with other people and to be more effective in my work.
To achieve this I am committed to maintaining dialogue with all people concerned.
- I am committed to sharing knowledge with the community and individuals as part of my contribution to build a community of learners and the wider society, as well as promoting that Adult Education is not a privilege but a human right.
- I learned that creating a healthy community requires communication, dialogue, and access to services and resources. I see a critical need to create the vehicles of collaboration that will allow adult learners to participate in the design and revitalization, rebuild and rehabilitation of their community to alleviate poverty.

Understanding:

- I know now that social change take time even generations, as an educator and learner, I have the duties and responsibilities to educate the future generation to carry on the process towards the healthy community.

Personal Relevance:

- I am committed to care, assist and raise awareness for empowerment of grass-root community projects through life-long learning, environment sustainability, global healing and partnerships for building a healthy community.