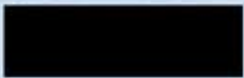


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From my experience of coming to this wonderful country over 33 years ago, I have learned and grown immensely.

I have seen myself grow up from a young, naive, innocent girl into a mother of a teenager. Like most people taking this journey, I too have had my share of happiness and sorrow. However each of these events has helped to mold me into the person I am today. For I believe that without hardships and adversity, we would be shallow individuals. I consider myself to be a life-long learner and with each new experience, I will grow as a person. Learning for me is a daily part of life, be it a new task at work, a challenge, or new skill. I am always willing to try something new! And of course, my health is very important to me, so I do try to take care of my body! I am trying to balance family, spirituality, health and work, but it is not always easy. At the same time, being a single mother has taught me the art of planning, multi-tasking, and time management, just to mention a few.

“If you will call your troubles experiences, and remember that every experience develops some latent force within you, you will grow vigorous and happy, however adverse your circumstances may seem to be.”

(John Heywood)