



COURSE IMPLEMENTATION DATE: September 2012
COURSE REVISED IMPLEMENTATION DATE:
COURSE TO BE REVIEWED: June 2018
(six years after UEC approval) (month, year)

OFFICIAL UNDERGRADUATE COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use.
Shaded headings are subject to change at the discretion of the department - see course syllabus available from instructor

Table with 3 columns: COURSE NAME/NUMBER (DHYG 203), FACULTY/DEPARTMENT (Dental Hygiene, Health Promotion and Disease Prevention), UFV CREDITS (4). Includes COURSE DESCRIPTIVE TITLE.

CALENDAR DESCRIPTION:

This course introduces students to the role of dental hygienists as primary healthcare providers. Concepts of wellness, risk assessment, health promotion, and prevention of oral disease and its relationship to overall health are explored.

PREREQUISITES: Admission to the Dental Hygiene program.
COREQUISITES: DHYG 270
PRE or COREQUISITES:

SYNONYMOUS COURSE(S):

- (a) Replaces:
(b) Cross-listed with:
(c) Cannot take: for further credit.

SERVICE COURSE TO: (department/program)

TOTAL HOURS PER TERM: 60

STRUCTURE OF HOURS: Lectures: 55 Hrs, Seminar: Hrs, Laboratory: Hrs, Field experience: Hrs, Student directed learning: 5 Hrs, Other (specify): Hrs

TRAINING DAY-BASED INSTRUCTION:

Length of course: 15 weeks
Hours per day:

OTHER:

Maximum enrolment: 16
Expected frequency of course offerings: Fall term
(every semester, annually, every other year, etc.)

WILL TRANSFER CREDIT BE REQUESTED? (lower-level courses only) [] Yes [X] No
WILL TRANSFER CREDIT BE REQUESTED? (upper-level requested by department) [] Yes [X] No
TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE: [] Yes [X] No

Course designer(s): Leta Zaleski
Department Head: Date approved: May 2012
Supporting area consultation (Pre-UEC) Date of meeting: May 18, 2012
Curriculum Committee chair: Stephanie Kelly Date approved: May 2012
Dean/Associate VP: Diane Reed Date approved: May 2012
Undergraduate Education Committee (UEC) approval Date of meeting: June 22, 2012

LEARNING OUTCOMES:

Upon successful completion of this course, students will be able to:

1. Discuss WHO and other definitions of health and wellness.
2. Describe the concepts of health promotion, disease prevention and treatment of disease.
3. Describe the role of dental hygiene in risk assessment and health promotion.
4. Identify barriers to health promotion practices.
5. Discuss the Determinants of Health.
6. Discuss common oral diseases and anomalies whose outcome may be improved through health promotion and preventive strategies.
7. Discuss the influence of nutrition on oral health, dental disease and total health.
8. Discuss the process and rationale for various screening procedures to determine oral and systemic disease risk.
9. Describe the use of indices to determine self-care effectiveness.
10. Select and explain rationale for use of a variety of oral hygiene devices and aids based on individual client needs and preferences.
11. Select and explain rationale for use of a variety of chemotherapeutic agents based on individual client needs and preferences.
12. Describe risk management and preventive strategies related to craniofacial injuries.
13. Discuss relationship of smoking to oral and systemic disease.
14. Discuss tobacco cessation strategies.
15. Discuss basic principles of teaching and learning, motivation and culture, and their applications to dental hygiene client education, preventive care and oral health planning.

METHODS: *(Guest lecturers, presentations, online instruction, field trips, etc.)*

Lecture, seminar, self-directed learning.

METHODS OF OBTAINING PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Examination(s) Portfolio assessment Interview(s)

Other (specify):

PLAR cannot be awarded for this course for the following reason(s):

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

TBA

SUPPLIES / MATERIALS:

TBA

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

Assessment will be directly linked to the learning outcomes listed in the course content of the course outline.

Assignments	25%
Presentations	25%
Midterm Exam	25%
Final Exam	25%

UFV letter grading system will be used. A passing grade is 70% (B-).

COURSE CONTENT:

[Course content varies by instructor. An example of course content might be:]

1. Wellness vs. illness approach to providing health centered care and services; health promotion.
2. Concepts of preventive dentistry: primary, secondary and tertiary levels of prevention.
3. General and oral health education philosophies; general health promotion strategies; cultural considerations.
4. Determinants of health; client advocacy.
5. Determining clients' oral and systemic health needs, characteristics of effective instruction and counseling, resources and dental hygienist's role in counseling; motivational techniques, role of fear and anxiety in motivation.
6. Self-care as it relates to oral health/health promotion; self-care aids and techniques; chemotherapeutics; self-care education resources.
7. Indices for risk assessment and client education.
8. Risk management and prevention of craniofacial injuries.
9. Concepts and principles of nutrition; general and specific relation between nutrition and oral and overall health.
10. Tobacco use: health consequences; dependence and addiction.
11. Clinical tobacco intervention: principles, 5 "A's" strategy, cessation medications, special population considerations; BC Cancer Agency Clinical Tobacco Intervention Program for Clinical Professionals.