

COURSE IMPLEMENTATION DATE: { September-1993 }  
 COURSE REVISED IMPLEMENTATION DATE: { Fall, 2001 }  
 COURSE TO BE REVIEWED: { Fall 2005 }  
 (FOUR (4) YEARS AFTER IMPLEMENTATION DATE) Fall 2005

**OFFICIAL COURSE OUTLINE INFORMATION**

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department and material will vary ~ see course syllabus available from instructor

**FACULTY/DEPARTMENT:**

ECE 132

ECE 351

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**COURSE NAME/NUMBER**
**FORMER COURSE NUMBER**
**UCFV CREDITS**

Nutrition, Health and Safety

**COURSE DESCRIPTIVE TITLE**
**CALENDAR DESCRIPTION:**

This course is a consideration of the health and nutritional needs of young children. Topics include nutrition, food storage, preparation and presentation, Ministry of Health requirements, planning for safety, emergency procedures, first aid and childhood illnesses.

**PREREQUISITES:**

Completion of the second semester

**COREQUISITES:**

3rd semester courses

**SYNONYMOUS COURSE(S)**

 (a) Replaces: ECE 351  
 (Course #)

 (b) Cannot take: \_\_\_\_\_ for further credit  
 (Course #)

**SERVICE COURSE TO:**

 \_\_\_\_\_  
 (Department / Program)

 \_\_\_\_\_  
 (Department / Program)

**TOTAL HOURS PER TERM:** 45
**STRUCTURE OF HOURS:**

 Lectures: 30 hrs.  
 Seminar: \_\_\_\_\_ hrs.  
 Laboratory: 10 hrs.  
 Field Experience: 5 hrs.  
 Student Directed Learning: \_\_\_\_\_ hrs.  
 Other (Specify): \_\_\_\_\_ hrs.

**TRAINING DAY-BASED INSTRUCTION**
**LENGTH OF COURSE:** N/A
**HOURS PER DAY:** N/A
**Combination of Lecture and Lab Hours:** yes YES/NO

Creating literature props

**MAXIMUM ENROLMENT:** 36
**EXPECTED FREQUENCY OF COURSE OFFERING:** Once a Year
**WILL TRANSFER CREDIT BE REQUESTED?: (Lower-level courses only)** YES \_\_\_\_\_ NO x
**WILL TRANSFER CREDIT BE REQUESTED?: (Upper-level requested by departr)** YES \_\_\_\_\_ NO x
**TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:** YES \_\_\_\_\_ NO x
**AUTHORIZATION SIGNATURES:**

 Course designer(s): Gwen Clarke

 Chairperson: \_\_\_\_\_  
 (type name in this field)  
 (Curriculum Committee)

 Course reviewed by: \_\_\_\_\_  
 (type name in this field)

 Department Head: Christine Puder

 Dean: Jackie Snodgrass

 PAC Approval in Principi \_\_\_\_\_  
 (type date in this field)

 PAC Final Approva January 31, 2001

ECE 132

COURSE NAME / NUMBER

LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

Upon completion of this course, students will be able to:

1. Promote children's health based on knowledge of child development and observation.
2. Apply principle of health promotion philosophy to their lives as well as their work with children
3. Identify the scope and limits of the caregivers role with regard to health in early childhood education, recognizing the importance of sensitivity and respect for the primary role of parents and family.
4. Represent the holistic nature of "health" through examining its physical, mental, emotional and social dimensions.
5. The importance of collaborating and networking with other professionals, agencies on an ongoing basis to enhance health in child care programs.
6. Transfer the principles of essential health policies and practices to new situations in childcare.

METHODS:

Lectures, discussions, presentations, community resources explorations and audio-visual materials.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR YES   X   NO           

METHODS OF OBTAINING PLAR:

Portfolios , test, and assignments.

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

*Health Young Children*, Kendrick  
Course pack from UCFV Bookstore.

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**SUPPLIES / MATERIALS:**

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ECE 132

COURSE NAME / NUMBER

**STUDENT EVALUATION:**

[An example of student evaluation for this course might be:]

Assignments	50%
Midterm	25%
Final Exam	<u>25%</u>
Total	100%

**COURSE CONTENT:**

[Course content varies by instructor. An example of course content might be:]

1. Health, Safety and Nutrition Policies and Procedures
2. Child Abuse
3. Common Illnesses and Chronic Conditions
4. Emergency Preparedness
5. Nutrition for Young Children
6. Planning Educational Activities