

COURSE IMPLEMENTATION DATE:	<u>September 1993</u>
COURSE REVISED IMPLEMENTATION DATE:	<u>January 2009</u>
COURSE TO BE REVIEWED:	<u>January 2013</u>
<i>(four years after UPAC approval)</i>	<i>(month, year)</i>

OFFICIAL UNDERGRADUATE COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use.
 Shaded headings are subject to change at the discretion of the department – see course syllabus available from instructor

ECE 132 COURSE NAME/NUMBER	ECE/CYC FACULTY/DEPARTMENT Nutrition, Health and Safety COURSE DESCRIPTIVE TITLE	3 UCFV CREDITS
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CALENDAR DESCRIPTION:

This course is a consideration of the health and nutritional needs of young children. Topics include nutrition, food storage, preparation, presentation, Ministry of Health requirements, planning for safety, emergency procedures, and childhood illnesses.

PREREQUISITES: ECE 120, 122, 123, 124, 125
 Acceptance into the ECE program or permission of Department Head

COREQUISITES:
 PRE or COREQUISITES:

SYNONYMOUS COURSE(S):

- (a) Replaces: _____
- (b) Cross-listed with: _____
- (c) Cannot take: _____ for further credit.

SERVICE COURSE TO: *(department/program)*

TOTAL HOURS PER TERM: 45

STRUCTURE OF HOURS:

Lectures:	<u>35</u>	Hrs
Seminar:	_____	Hrs
Laboratory:	_____	Hrs
Field experience:	<u>5</u>	Hrs
Student directed learning:	<u>5</u>	Hrs
Other (specify):	_____	Hrs

TRAINING DAY-BASED INSTRUCTION:

Length of course: _____
 Hours per day: _____

OTHER:

Maximum enrolment: 36
 Expected frequency of course offerings: Annually
(every semester, annually, every other year, etc.)

WILL TRANSFER CREDIT BE REQUESTED? (lower-level courses only)	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
WILL TRANSFER CREDIT BE REQUESTED? (upper-level requested by department)	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

Course designer(s): <u>Gwen Clarke</u>	Date approved: <u>May 28, 2008</u>
Department Head: <u>Christine Puder</u>	Date of meeting: <u>February 08, 2008</u>
Supporting area consultation (UPACA1)	Date approved: <u>May 28, 2008</u>
Curriculum Committee chair: <u>Gwen Clarke</u>	Date approved: <u>December 10, 2008</u>
Dean/Associate VP: <u>Rosetta Kalideen</u>	Date of meeting: <u>January 30, 2009</u>
Undergraduate Program Advisory Committee (UPAC) approval	

LEARNING OUTCOMES:

Upon successful completion of this course, students will be able to:

1. Promote children's health, based on knowledge of child development and observation
2. Apply principles of health promotion philosophy to their lives as well as to their work with children
3. Identify the scope and limits of the caregiver's role with regard to health in early childhood education, recognizing the importance of sensitivity and respect for the primary role of parents and family
4. Represent the holistic nature of "health" through examining its physical, mental, emotional, and social dimensions
5. Understanding the importance of collaborating and networking with other professionals and agencies on an ongoing basis, to enhance health in child care programs
6. Transfer the principles of essential health policies and practices to new situations in childcare.

METHODS: (Guest lecturers, presentations, online instruction, field trips, etc.)

Lecture, discussions, presentations, community resources, exploration, field trip

METHODS OF OBTAINING PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Examination(s) Portfolio assessment Interview(s)

Other (specify):

PLAR cannot be awarded for this course for the following reason(s):

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

Pimento, Barbara, Kernested, Deborah Healthy Foundations In Early Childhood Settings

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

Assignments	50%
Mid Term	25%
Final Exam	25%

COURSE CONTENT:

[Course content varies by instructor. An example of course content might be:]

1. Health, safety, and nutrition policies and procedures
2. Common illnesses and chronic conditions
3. Emergency preparedness
4. Nutrition for young children
5. Planning educational activities
6. Obesity, the epidemic