

COURSE IMPLEMENTATION DATE: { January-2002 }
 COURSE REVISED IMPLEMENTATION DATE: { September-2004 }
 COURSE TO BE REVIEWED: { December-2007 }
 (FOUR (4) YEARS AFTER IMPLEMENTATION DATE) MONTH / YEAR

OFFICIAL COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department and material will vary ~ see course syllabus available from instructor

FACULTY/DEPARTMENT: Early Childhood/ Child & Youth Care
 FAM04 1.5
 COURSE NAME/NUMBER FORMER COURSE NUMBER UCFV CREDITS
Health, Safety and Nutrition
 COURSE DESCRIPTIVE TITLE

CALENDAR DESCRIPTION:

This course will familiarize participants with the health, safety and nutritional needs of young children. It will emphasize how family child care providers can offer a safe home environment that is consistent with the healthy growth and development of children.

PREREQUISITES:

None

COREQUISITES:

None

SYNONYMOUS COURSE(S)

(a) Replaces: None
 (Course #)
 (b) Cannot take: None for further credit
 (Course #)

SERVICE COURSE TO:

(Department / Program)

(Department / Program)

TOTAL HOURS PER TERM: **25**

STRUCTURE OF HOURS:

Lectures: 21 hrs.
 Seminar: hrs.
 Laboratory: hrs.
 Field Experience: hrs.
 Student Directed Learning: 4 hrs.
 Other (Specify): hrs.

Combination of Lecture and Lab Hours: No YES/NO

TRAINING DAY-BASED INSTRUCTION

LENGTH OF COURSE: N/A

HOURS PER DAY: N/A

MAXIMUM ENROLMENT: 25

EXPECTED FREQUENCY OF COURSE OFFERING: 1 time per year at each campus

WILL TRANSFER CREDIT BE REQUESTED?: (Lower-level courses only) YES NO x

WILL TRANSFER CREDIT BE REQUESTED?: (Upper-level requested by department) YES NO x

TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE: YES NO x

AUTHORIZATION SIGNATURES:

Course designer(s): Linda Matwichuk

Chairperson: (type name in this field)
 (Curriculum Committee)

Course reviewed by: (type name in this field)

Department Head: Christine Puder

Dean: Jackie Snodgrass

PAC Approval in Principle Date: (type date in this field)

PAC Final Approval Date: 03-Dec-03

FAM04

COURSE NAME / NUMBER

LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

This course will introduce Family Child Care providers to some of the basic issues in the areas of nutrition, health, and safety in child care settings, focussing on a home environment.

METHODS:

Lecture, Class participation, Student directed learning, Observation assignments, Video, Guest speakers

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR YES X NO

METHODS OF OBTAINING PLAR:

PLAR can be applied to a maximum of two courses in the Family Child Care Certificate program by way of:

- 1) Transfer of credit - the decision to award formal credit for learning acquired from a recognized post-secondary institution will depend on several factors including the level, duration and content of the course work and how current the learning is. (no charge).
- 2) Challenge - learners must demonstrate mastery of the objectives of the course by way of exam, interview or essay or as determined and marked by the instructor of the particular course (full tuition fee)
- 3) Portfolio - learners identify, articulate and document learning in portfolio format. The portfolio must include a short autobiography, a paper outlining educational and career goals, description of specific learning outcomes and documentation that provides evidence of learning in the subject area in which the learner is applying for assessment. (full tuition fee)

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

- Healthy Young Children - NAEYC, 1995
- Promoting Nutritional Health During the Preschool Years - Canadian Guidelines
- Preventing Illness in Child Care Settings - Ministry of Health
- BC Ministry of Health Booklets: Preventing Injury; Preventing Illness; Fire & Life Safety; A Quick Guide to Common Childhood Diseases; Good Eating; The Vegetarian Edge; Safe Playgrounds; Furniture and Equipment

SUPPLIES / MATERIALS:

As required - binder, pens, observation journal

FAM04

COURSE NAME / NUMBER

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

Assignments	50%
Quizzes/Tests	50%
Total	100%

COURSE CONTENT:

[Course content varies by instructor. An example of course content might be:]

1. Overview of health
2. Experiences for children i.e. health and nutrition
3. Nutritional guidelines
4. Assessment and management of illnesses
5. Nutrient needs of preschoolers
6. Safety
7. Stress-care provider and children