

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: HSER 140		Number of Credits: 3 Course credit policy (105)													
Course Full Title: Introduction to Indigenous-Centred Human Services Course Short Title: Intro Indigenous-Centred HS															
Faculty: Faculty of Education, Community, & Human Dev.		Department/School: Social Work & Human Services													
Calendar Description: Introduces Indigenous-centred human services in Canada in relation to the distinct histories, experiences, and worldviews of the First Nations, the Inuit, and the Métis Nation. Explores how colonization continues to impact Indigenous Peoples. Examines Indigenous-settler relationships and culturally safe practices within human services.															
Prerequisites (or NONE):		Admission to the Social Service Worker certificate or diploma.													
Corequisites (if applicable, or NONE):		None.													
Pre/corequisites (if applicable, or NONE):		HSER 120 and SOWK 110.													
Antirequisite Courses <i>(Cannot be taken for additional credit.)</i> Former course code/number: Cross-listed with: Equivalent course(s): <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>		Course Details Special Topics course: No <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: No <i>(See policy 207 for more information.)</i> Grading System: Letter grades Delivery Mode: Face-to-face only Expected frequency: Annually Maximum enrolment (for information only): 24													
Typical Structure of Instructional Hours <table border="1"> <tr> <td>Lecture/seminar</td> <td>45</td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td>Total hours</td> <td>45</td> </tr> </table>		Lecture/seminar	45									Total hours	45	Prior Learning Assessment and Recognition (PLAR) PLAR is available for this course.	
Lecture/seminar	45														
Total hours	45														
Scheduled Laboratory Hours Labs to be scheduled independent of lecture hours: No		Transfer Credit (See bctransferguide.ca) Transfer credit already exists: Yes Submit outline for (re)articulation: No <i>(If yes, fill in transfer credit form.)</i>													
Department approval		Date of meeting: March 6, 2026													
Faculty Council approval		Date of meeting: May 15, 2026													
Undergraduate Education Committee (UEC) approval		Date of meeting: June 19, 2026													

Learning Outcomes *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Explain the history of human services as it relates to the distinct experiences of colonization among the First Nations, the Inuit, and the Métis Nation historically and presently.
2. Differentiate between Indigenous and non-Indigenous worldviews to critically examine Indigenous-settler relationships.
3. Integrate cultural humility and safety by respecting and honouring Indigenous protocols and ways of doing, knowing, and being.
4. Explore distinctions-based and intersectional Indigenous experiences of racism, discrimination, and intergenerational trauma.
5. Demonstrate trauma-informed care and respectfully align with Indigenous healing.
6. Engage in wellness, allyship, and intentional use of self within Indigenous-centred practice.
7. Affirm Indigenous self-determination, self-governance, and sovereignty.
8. Apply a foundational understanding of decolonization, Indigenization, and reconciliation.

Recommended Evaluation Methods and Weighting *(Evaluation should align to learning outcomes.)*

Assignments:	60%	%	%
Project:	40%	%	%

Details:

Assignments include 10% participation and may include reflective papers. Students are required to actively participate in class discussions and circles. This is important both for effectively engaging with clients and families and to reflect Indigenous principles, values, and ethics, particularly in relation to oral traditions. Students may also participate in a holistic self-assessment to discuss what they contributed to, and learned in, circle.

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Instructional Methods *(Guest lecturers, presentations, online instruction, field trips, etc.)*

Lectures, experiential activities, and guest speakers.

Texts and Resource Materials *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

Type	Author or description	Title and publication/access details	Year
1. Other	Course pack		
2. Textbook	Belanger, Y.	<i>Ways of knowing: An introduction to native studies in Canada</i>	Current
3.			
4.			
5.			

Required Additional Supplies and Materials *(Software, hardware, tools, specialized clothing, etc.)***Course Content and Topics**

- Introduction
- Indigenous and non-Indigenous worldviews
- The distinct experiences of colonization for the First Nations, the Inuit, and the Métis Nation
- Indigenous protocol and practices
- Residential schools, Sixties Scoop, and Millenium Scoop
- Distinctions-based Indigenous experiences of racism, discrimination, and intergenerational trauma
- Trauma-informed care and Indigenous healing
- Indigenous-centred human services practice
- Indigenous self-determination, self-governance, and sovereignty
- Cultural humility and safety
- Wellness, allyship, and intentional use of self
- Decolonization, Indigenization, and reconciliation
- Truth and Reconciliation Commission's Calls to Action, the National Inquiry into MMIWG Calls for Justice, and the United Nations Declaration on the Rights of Indigenous People