

COURSE IMPLEMENTATION DATE: { Jan-90 }
 COURSE REVISED IMPLEMENTATION DATE: { Sep-04 }
 COURSE TO BE REVIEWED: { Sep-08 }
 (FOUR (4) YEARS AFTER IMPLEMENTATION DATE) MONTH / YEAR

OFFICIAL COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department and material will vary ~ see course syllabus available from instructor

FACULTY/DEPARTMENT: School of Social Work and Human Services
COURSE NAME/NUMBER: HSER 196 **FORMER COURSE NUMBER:** HSER 196 **UCFV CREDITS:** 3
COURSE DESCRIPTIVE TITLE: Personal Care

CALENDAR DESCRIPTION:

This practical course provides the prospective worker with a fundamental overview of techniques involved in providing personal care, safety and comfort to people with multiple disabilities. The role of the community support worker in relation to the particular responsibilities of other health care professionals will be examined.

PREREQUISITES: Co- or prerequisites: HSER 190 or permission of the department chair

COREQUISITES: _____

SYNONYMOUS COURSE(S)	SERVICE COURSE TO:
(a) Replaces: <u>SSSW 196</u> (Course #)	_____
(b) Cannot take: _____ for further credit (Course #)	_____

TOTAL HOURS PER TERM: <u>45</u> STRUCTURE OF HOURS: Lectures: <u>15</u> hrs. Seminar: <u>15</u> hrs. Laboratory: <u>15</u> hrs. Field Experience: _____ hrs. Student Directed Learning: _____ hrs. Other (Specify): _____ hrs. Combination of Lecture and Lab Hours: _____ YES/NO	TRAINING DAY-BASED INSTRUCTION LENGTH OF COURSE: _____ N/A HOURS PER DAY: _____ N/A
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MAXIMUM ENROLMENT: 24

EXPECTED FREQUENCY OF COURSE OFFERING: 1 section per year

WILL TRANSFER CREDIT BE REQUESTED?: (Lower-level courses only) YES _____ NO X

WILL TRANSFER CREDIT BE REQUESTED?: (Upper-level requested by department) YES _____ NO _____

TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE: YES _____ NO X

AUTHORIZATION SIGNATURES:	
Course designer(s): <u>Dr. Gloria Wolfson</u>	Chairperson: <u>(type name in this field)</u> (Curriculum Committee)
Course reviewed by: <u>(type name in this field)</u>	
Department Head: <u>Dr. Gloria Wolfson, Director</u>	Dean: <u>Dr. Jacalyn Snodgrass</u>
PAC Approval in Principle Date: <u>(type date in this field)</u>	PAC Final Approval Date: <u>01-Oct-03</u>

HSER 196

COURSE NAME / NUMBER

LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

Upon successful completion of this course, students will be able to:

1. Describe typical personal care needs of deinstitutionalized people with disabilities.
2. Develop strategies to ensure that personal dignity is respected and independence is encouraged in supporting people's personal care needs.
3. Describe guidelines for ensuring that individuals receive high quality personal care.
4. Demonstrate competency in personal care.
5. Demonstrate problem solving skills and an understanding of client needs.

METHODS:

Lecture, practice, demonstration, video, guest speakers, case studies.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR

YES X

NO

METHODS OF OBTAINING PLAR:

All HSER courses are open for PLAR. Follow UCFV PLAR process.

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

Instructor prepared coursepack and materials.

SUPPLIES / MATERIALS:

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

Participation	10%
Agency Analysis Assignment	20%
Personal Care Plan Assignment	20%
Demonstrated Skills	20%
Final Exam	30%

COURSE CONTENT:

[Course content varies by instructor. An example of course content might be:]

Week:

1. Introduction and overview. The role of the personal care worker.
2. Personal Care needs and difficulties for those with specific disabilities such as Epilepsy and Cerebral Palsy.
3. Client environment and safety.
4. Sensory, biomechanic and the musculoskeletal systems.
5. Client mobility, transfer, positioning and lifting.
6. Respecting and ensuring dignity and independence.
7. Reporting and recording.
8. Integumentary system, personal care and hygiene.
9. Infection control and communicable diseases.
10. Bathing and bedmaking.
11. Digestive system and assistance with eating.
12. Urinary system and drainage.
13. Respiratory system, temperature and pulse.
14. Wrap up.