

COURSE IMPLEMENTATION DATE: Jan 1990  
 COURSE REVISED IMPLEMENTATION DATE: September 2006  
 COURSE TO BE REVIEWED: October 2009  
 (Four years after UPAC final approval date) (MONTH YEAR)

**OFFICIAL COURSE OUTLINE INFORMATION**

Students are advised to keep course outlines in personal files for future use.  
 Shaded headings are subject to change at the discretion of the department and the material will vary  
 - see course syllabus available from instructor

FACULTY/DEPARTMENT:	School of Social Work & Human Services	
<b>HSER 196</b>	<b>HSER 196</b>	<b>3</b>
COURSE NAME/NUMBER	FORMER COURSE NUMBER	UCFV CREDITS
<b>Personal Care for Persons with Disabilities</b>		
COURSE DESCRIPTIVE TITLE		

**CALENDAR DESCRIPTION:**

This practical course provides the prospective worker with a fundamental overview of techniques involved in providing personal care, safety and comfort to people with multiple disabilities. The role of the community support worker in relation to the particular responsibilities of other health care professionals will be examined.

PREREQUISITES: Co- or prerequisites: HSER 190 or permission of the department chair  
 COREQUISITES:

SYNONYMOUS COURSE(S)	<b>SERVICE COURSE TO:</b>
(a) Replaces: <u>SSSW 196</u> (Course #)	(Department/Program)
(b) Cannot take: _____ for further credit. (Course #)	(Department/Program)

TOTAL HOURS PER TERM: <b>45</b>	TRAINING DAY-BASED INSTRUCTION
<b>STRUCTURE OF HOURS:</b>	LENGTH OF COURSE: _____
Lectures: <b>15</b> Hrs	HOURS PER DAY: _____
Seminar: <b>15</b> Hrs	
Laboratory: <b>15</b> Hrs	
Field Experience: _____ Hrs	
Student Directed Learning: _____ Hrs	
Other (Specify): _____ Hrs	

MAXIMUM ENROLLMENT:	<b>24</b>
EXPECTED FREQUENCY OF COURSE OFFERINGS:	<b>One section per year</b>
<b>WILL TRANSFER CREDIT BE REQUESTED? (lower-level courses only)</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
<b>WILL TRANSFER CREDIT BE REQUESTED? (upper-level requested by department)</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

**AUTHORIZATION SIGNATURES:**

Course Designer(s): _____ Dr. Gloria Wolfson	Chairperson: _____ (Curriculum Committee)
Department Head: _____ Dr. Gloria Wolfson, Director	Dean: _____ Dr. Jacalyn Snodgrass
UPAC Approval in Principle Date: _____	UPAC Final Approval Date: October 28, 2005

**LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:**

Upon successful completion of this course, students will be able to:

1. Describe typical personal care needs of deinstitutionalized people with disabilities.
2. Develop strategies to ensure that personal dignity is respected and independence is encouraged in supporting people's personal care needs.
3. Describe guidelines for ensuring that individuals receive high quality personal care.
4. Demonstrate competency in personal care.
5. Demonstrate problem solving skills and an understanding of client needs.

**METHODS:**

Lecture, practice, demonstration, video, guest speakers, case studies.

**PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):**

Credit can be awarded for this course through PLAR (Please check:)     Yes                     No

**METHODS OF OBTAINING PLAR:**

Portfolio and examination; demonstration of skills.

**TEXTBOOKS, REFERENCES, MATERIALS:**

[Textbook selection varies by instructor. An example of texts for this course might be:]

Instructor prepared coursepack and materials.

**SUPPLIES / MATERIALS:**

**STUDENT EVALUATION:**

[An example of student evaluation for this course might be:]

Participation	10%
Agency Analysis Assignment	20%
Personal Care Plan Assignment	20%
Demonstrated Skills	20%
Final Exam	30%
Total	100%

**COURSE CONTENT:**

[Course content varies by instructor. An example of course content might be:]

Week:

1. Introduction and overview. The role of the personal care worker.
2. Personal Care needs and difficulties for those with specific disabilities such as Epilepsy and Cerebral Palsy.
3. Reporting and recording.
4. Integumentary system, personal care and hygiene.
5. Infection control and communicable diseases.
6. Bathing and bedmaking.
7. Client environment and safety.
8. Sensory, biomechanic and the musculoskeletal systems.
9. Client mobility, transfer, positioning and lifting.
10. Respecting and ensuring dignity and independence.
11. Digestive system and assistance with eating.
12. Urinary system and drainage.
13. Respiratory system, temperature and pulse.
14. Wrap up.

