

LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

Upon successful completion of this course, students will be able to:

1. Describe typical personal care needs of deinstitutionalized people with disabilities.
2. Develop strategies to ensure that personal dignity is respected and independence is encouraged in supporting people's personal care needs.
3. Describe guidelines for ensuring that individuals receive high quality personal care.
4. Demonstrate competency in personal care.
5. Demonstrate problem solving skills and an understanding of client needs.

METHODS:

Lecture, practice, demonstration, video, guest speakers, case studies.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR (Please check:) Yes No

METHODS OF OBTAINING PLAR:

Portfolio and examination; demonstration of skills.

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

Instructor prepared coursepack and materials.

SUPPLIES / MATERIALS:

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

Participation	10%
Agency Analysis Assignment	20%
Personal Care Plan Assignment	20%
Demonstrated Skills	20%
Final Exam	30%
Total	100%

COURSE CONTENT:

[Course content varies by instructor. An example of course content might be:]

Week:

1. Introduction and overview. The role of the personal care worker.
2. Personal Care needs and difficulties for those with specific disabilities such as Epilepsy and Cerebral Palsy.
3. Reporting and recording.
4. Integumentary system, personal care and hygiene.
5. Infection control and communicable diseases.
6. Bathing and bedmaking.
7. Client environment and safety.
8. Sensory, biomechanic and the musculoskeletal systems.
9. Client mobility, transfer, positioning and lifting.
10. Respecting and ensuring dignity and independence.
11. Digestive system and assistance with eating.
12. Urinary system and drainage.
13. Respiratory system, temperature and pulse.
14. Wrap up.

