

UNIVERSITY COLLEGE OF THE FRASER VALLEY

COURSE INFORMATION

DEPARTMENT: HUMAN SERVICES

DATE: FEBRUARY 1994

<u>HSER 294</u>	<u>INTRODUCTION TO SUBSTANCE ABUSE</u>	<u>3</u>
NAME & NUMBER OF COURSE	DESCRIPTIVE TITLE	UCFV CREDIT

CATALOGUE DESCRIPTION:

This is an introductory course designed to give the para-professional a working knowledge of the nature and extent of substance abuse. Topics to be examined will include an overview of commonly abused substances, a review of the history of chemical dependence, a discussion of patterns of abuse, the social (familial and work) costs of abuse, specific drugs which are commonly abused, and the treatment and prevention of substance abuse. A particular focus will be on the abuse of alcohol, which is the most commonly abused drug in North America. The goal of the course is basically to make students aware of the nature of substance abuse and the treatment available.

COURSE PREREQUISITES: HSER 120, PSYCH 101/102 OR HSER 125

COURSE COREQUISITES: none

HOURS PER TERM FOR EACH STUDENT	Lecture	15 hrs	Student Directed	
	Laboratory	hrs	Learning	15 hrs
	Seminar	30 hrs	Other - specify:	
	Field Experience	hrs		hrs
			TOTAL	60 HRS

UCFV CREDIT <input type="checkbox"/> 1	UCFV CREDIT <input type="checkbox"/> 2	NON-CREDIT <input type="checkbox"/> 3
TRANSFER	NON-TRANSFER	

TRANSFER STATUS (Equivalent, Unassigned, Other Details)

UBC credits N/A

SFU credits N/A

UVIC units N/A

Other

GLORIA WOLFSON  
COURSE DESIGNER

W.R. BATE, VICE PRESIDENT  
DEAN OF CAREER PROGRAMS

**HSER 294**  
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COURSES FOR WHICH THIS IS A PREREQUISITE:	RELATED COURSES
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**TEXTBOOKS, REFERENCES, MATERIALS (List reading resources elsewhere)**

**TEXTS:**Doweiko, Harold F., Concepts of Chemical Dependency. California: Brooks, Cole, 1993.

Goode, Erich (editor), Drugs, Society, and Behavior 93/94. Guilford, Connecticut: The Dushkin Publishing Group., 1993.

Schladt, Richard G. Drugs, Society, and Behavior. Guilford, Connecticut: The Dushkin Publishing Group, 1992.

REFERENCES: Wolfson, Gloria, Instructor Prepared Manual, HSER 294, 1993/4.

**OBJECTIVES**

Upon successful completion of this course,, the student will be able to:

1. demonstrate a basic knowledge of the physiological and psychological effects of alcohol
2. demonstrate a basic knowledge of the physiological and psychological effects of marijuana and hashish, stimulants, cocaine and other stimulants, narcotics and tobacco.
3. discuss patterns of drug use and misuse.
4. describe the social costs of addiction
5. describe treatment modalities in general for drug/alcohol misuse
6. describe treatment modalities available in British Columbia for drug/alcohol misuse
7. discuss the role of prevention and educational programs in the field
8. discuss drug-use patterns among specific groups (women, natives, adolescents, seniors, ethnic groups).

**STUDENT EVALUATION PROCEDURE:**

As this is a somewhat experiential course, the student is required to attend and participate in at least 10 classes. Grades may be withheld from a student who does not attend or participate fully in class.

Midterm.....	30%
Final.....	30%
Personal Experience Paper.....	10%
Term Paper and Presentation.....	30%

A+ = > 95	C+ = 72 - 75
A = 92 - 95	C = 68 - 71
A- = 88 - 91	C- = 64 - 67
B+ = 84 - 87	P = 60 - 63
B = 80 - 83	NC = < 60
B- = 76 - 79	

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**COURSE CONTENT**

WEEK 1	Introduction/Overview
2	Social Costs, History, and the Problem in Canada
3	Use, Mis-Use, Abuse - Pharmacology
4	Alcohol Abuse
5	Marijuana, Hallucinogens
6	Midterm
7	Cocaine & Stimulants,
8	Narcotics and Depressants
9	Needs of Specific Groups
10	Needs of Specific Groups
11	Prevention
12	The Treatment of Substance Abuse
13	Presentations
14	Presentations
15	Wrap-up