

COURSE IMPLEMENTATION DATE: {	1991	}
COURSE REVISED IMPLEMENTATION DATE: {	1993, 1998	}
COURSE TO BE REVIEWED: {	2002	}
(FOUR (4) YEARS AFTER IMPLEMENTATION DATE)	MONTH / YEAR	

**OFFICIAL COURSE OUTLINE INFORMATION**

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department and material will vary - see course syllabus available from instructor

<b>FACULTY/DEPARTMENT:</b>	School of Social Work and Human Services	
<b>HSER 400</b>	<b>SSSW 600</b>	<b>2</b>
<b>COURSE NAME/NUMBER</b>	<b>FORMER COURSE NUMBER</b>	<b>UCFV CREDITS</b>
<b>Counselling Skills for Addictions Work</b>		
<b>COURSE DESCRIPTIVE TITLE</b>		

**CALENDAR DESCRIPTION:**

This experientially based course will help the counsellor to focus in on developing strategies for working with clients who use/misuse psychoactive drugs. Skills to be developed include establishing rapport with clients, challenging clients, working through defences, change processes, setting goals with clients, exploring issues, and approaches to working with clients from culturally and socially diverse populations. Supportive counselling techniques will be practised. The use of written records in the counselling process will be explored and a continuing focus will be on ethical behaviour and appropriate expectations. Extensive use of video-tape practise will be made.

**PREREQUISITES:**

Admission into the Substance Abuse Counselling program or permission of the program head.

**COREQUISITES:**

HSER 410 or SOWK 394, and HSER 427

<b>SYNONYMOUS COURSE(S)</b>	<b>SERVICE COURSE TO:</b>
(a) Replaces: <u>SSSW 600</u> (Course #)	_____
(b) Cannot take: _____ for further credit (Course #)	_____
	(Department / Program)
	(Department / Program)

<b>TOTAL HOURS PER TERM:</b> <span style="border: 1px solid black; padding: 2px;">30</span>	<b>TRAINING DAY-BASED INSTRUCTION</b>
<b>STRUCTURE OF HOURS:</b>	<b>LENGTH OF COURSE:</b> _____ N/A
Lectures: _____ hrs.	<b>HOURS PER DAY:</b> _____ N/A
Seminar: _____ hrs.	
Laboratory: _____ hrs.	
Field Experience: _____ hrs.	
Student Directed Learning: _____ hrs.	
Other (Specify): _____ hrs.	
<b>Combination of Lecture and Lab Hours:</b> _____ <b>YES/NO</b>	

<b>MAXIMUM ENROLMENT:</b> _____ <b>24</b>	
<b>EXPECTED FREQUENCY OF COURSE OFFERING:</b> _____	Once yearly
<b>WILL TRANSFER CREDIT BE REQUESTED?: (Lower-level courses only)</b>	YES _____ NO _____
<b>WILL TRANSFER CREDIT BE REQUESTED?: (Upper-level requested by department)</b>	YES _____ NO _____
<b>TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:</b>	YES _____ NO <b>X</b>

<b>AUTHORIZATION SIGNATURES:</b>	
<b>Course designer(s):</b>	<b>Chairperson:</b>
Gloria Wolfson	(type name in this field) (Curriculum Committee)
<b>Course reviewed by:</b>	
(type name in this field)	
<b>Department Head:</b>	<b>Dean:</b>
Gloria Wolfson	Jackie Snodgrass
<b>PAC Approval in Principle Date:</b>	<b>PAC Final Approval Date:</b>
(type date in this field)	(February 26, 2003)

HSER 400

COURSE NAME / NUMBER

LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

- Beginning skill in working with clients with substance use/misuse issues.
- Knowledge of the counselling process and practice as it relates to clients with use/misuse issues
- Skills in working with clients from diverse population groups (i.e. gender, culture, age, sexual orientation issues)
- Keeping appropriate written records
- Maintaining ethical behaviour and appropriate boundaries
- Engage clients in a therapeutic interaction
- Articulate a personal counselling style and philosophy of client change.

METHODS:

This course will be conducted in lecture/discussion style with video tapes, small group activities, and skills practise as indicated.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR YES  X  NO

METHODS OF OBTAINING PLAR:

All HSER 400 level courses (with the exception of the practicum) are open for PLAR. Follow UCFV PLAR process.

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

Egan, Gerard. (2001). *The Skilled Helper: A Problem Management Approach to Helping*. 7th ed, Pacific Grove, CA: Brooks Cole.

Harrison, S., & Carver V. (Eds.) (1997). *Alcohol and Drug Problems: A Practical Guide for Counsellors*. Toronto: Addiction Research Foundation.

SUPPLIES / MATERIALS:

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

As this is an experientially based course, attendance is required and credit will be withheld from students missing more than

Video 1	25%
Video Transcript	25%
Concerns Facing Beginning Helpers	25%
Matching Personal Perspective to Helping Strategies	25%

**COURSE CONTENT:**

[Course content varies by instructor. An example of course content might be:]

- 1 Introduction, Overview of course requirements and assignments
- 2 Overview of the Helping Model
- 3 Building the Helping Relationship, Values in Action
- 4 A Bias Toward Action
- 5 Basic Communication Skills in Helping: Attending and Listening
- 6 Basic Communication Skills in Helping: Basic Empathy and Probing
- 7 Advanced Communication Skills, Helping Clients identify and clarify problem situations
- 8 Advanced Communication Skills: Skills and Guidelines for Effective Challenging
- 9 Helping Clients Develop Programs for Constructive Change: A Better Future
- 10 Making Plans: Helping Clients Develop Action Plans that Work