



HSER 401

COURSE NAME / NUMBER

LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

- Skill in facilitating psycho-educational groups in chemical dependency.
  - Knowledge of group process, member roles, group development, and own leadership style. orientation issues)
  - Keeping appropriate written records
  - Maintaining ethical behaviour and appropriate boundaries
  - Understanding of one's own group leadership style and the impact it has upon members
  - Knowledge of the different types of groups in the addictions field and their appropriate use
  - Use and understanding of the stages of group development
- Competency in leading a group through various experiential, process oriented, and educational exercises and understanding of the rationale and appropriate use of each.

METHODS:

The course will be conducted in lecture/discussion style with video tapes, class discussion, and small group activities and skills practise as indicated.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR YES   X   NO       

METHODS OF OBTAINING PLAR:

All HSER 400 level courses (with the exception of the practicum) are open for PLAR. Follow UCFV PLAR process.

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

SSSW 601 Coursepack, *Group Skills for Alcoholism Counsellors* . (1985). Rockville, MD: NIAA, (reprinted with permission).

Harrison, S., & Carver V. (Eds.). (1997). *Alcohol and Drug Problems: A Practical Guide for Counsellors* . Toronto: Addiction Research Foundation.

Johnson, D.W., & Johnson, F.P. (1994). *Joining Together: Group Theory and Group Skills* . Needham Heights, MA: Allyn and Bacon.

SUPPLIES / MATERIALS:

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**STUDENT EVALUATION:**

[An example of student evaluation for this course might be:]

As this is an experientially based course, attendance is required and credit will be withheld from students missing more than 2 classes.

Attendance	10%
Presentation	70%
Peer Feedback	20%

**COURSE CONTENT:**

[Course content varies by instructor. An example of course content might be:]

Week:

- 1 - Introduction, Overview of course requirements and assignments
- 2 - Group Dynamics
- 3 - Experiential Learning
- 4 - Group Goals and Development
- 5 - Communication
- 6 - Leadership
- 7 - Controversy and Creativity
- 8 - Dual Addictions and Group Counselling
- 9 - Dealing with Diversity and Use of Power
- 10 - Ethical Guidelines, Evaluation and Feedback, Closure/Termination