

COURSE IMPLEMENTATION DATE: { 1991 }  
 COURSE REVISED IMPLEMENTATION DATE: { 1993, 1998 }  
 COURSE TO BE REVIEWED: { }  
 (FOUR (4) YEARS AFTER IMPLEMENTATION DATE) MONTH / YEAR

**OFFICIAL COURSE OUTLINE INFORMATION**

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department and material will vary - see course syllabus available from instructor

<b>FACULTY/DEPARTMENT:</b>	School of Social Work and Human Services	
HSER 428	SSSW 628	1.5
<b>COURSE NAME/NUMBER</b>	<b>FORMER COURSE NUMBER</b>	<b>UCFV CREDITS</b>
<b>Integrative and Self-Care Seminar</b>		
<b>COURSE DESCRIPTIVE TITLE</b>		

**CALENDAR DESCRIPTION:**

This is an integrative and self care seminar as, ultimately, what the counsellor has is the "use of self." The course meets once a week during the term and is required of all students registered in HSER 400, 401, and 402. Topics to be explored will include: ethics, boundaries, stress, cross disciplinary teams, legal issues, information sharing, and working with people with HIV/AIDS. Personal biases that may interfere with client service will be discussed. Certification, licensure, and professional affiliations will be discussed.

**PREREQUISITES:**

HSER 427

**COREQUISITES:**
**SYNONYMOUS COURSE(S)**

- (a) Replaces: SSSW 628  
(Course #)
- (b) Cannot take: \_\_\_\_\_ for further credit  
(Course #)

**SERVICE COURSE TO:**

\_\_\_\_\_  
(Department / Program)

\_\_\_\_\_  
(Department / Program)

<p><b>TOTAL HOURS PER TERM:</b> <span style="border: 1px solid black; padding: 2px;">22</span></p> <p><b>STRUCTURE OF HOURS:</b></p> <p>Lectures: _____ hrs.</p> <p>Seminar: <u>22</u> hrs.</p> <p>Laboratory: _____ hrs.</p> <p>Field Experience: _____ hrs.</p> <p>Student Directed Learning: _____ hrs.</p> <p>Other (Specify): _____ hrs.</p> <p>Combination of Lecture and Lab Hours: _____ YES/NO</p>	<p><b>TRAINING DAY-BASED INSTRUCTION</b></p> <p><b>LENGTH OF COURSE:</b> _____ N/A</p> <p><b>HOURS PER DAY:</b> _____ N/A</p>
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**MAXIMUM ENROLMENT:** 24
**EXPECTED FREQUENCY OF COURSE OFFERING:** Once yearly
**WILL TRANSFER CREDIT BE REQUESTED?: (Lower-level courses only)** YES \_\_\_\_\_ NO \_\_\_\_\_

**WILL TRANSFER CREDIT BE REQUESTED?: (Upper-level requested by department)** YES \_\_\_\_\_ NO \_\_\_\_\_

**TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:** YES \_\_\_\_\_ NO X

**AUTHORIZATION SIGNATURES:**

<b>Course designer(s):</b> <div style="border: 1px solid black; padding: 2px; text-align: center;">Gloria Wolfson</div>	<b>Chairperson:</b> <div style="border: 1px solid black; padding: 2px; text-align: center;">(type name in this field) (Curriculum Committee)</div>
<b>Course reviewed by:</b> <div style="border: 1px solid black; padding: 2px; text-align: center;">(type name in this field)</div>	<b>Dean:</b> <div style="border: 1px solid black; padding: 2px; text-align: center;">Jackie Snodgrass</div>
<b>Department Head:</b> <div style="border: 1px solid black; padding: 2px; text-align: center;">Gloria Wolfson</div>	<b>PAC Final Approval Date:</b> <div style="border: 1px solid black; padding: 2px; text-align: center;">28-May-97</div>
<b>PAC Approval in Principle Date:</b> <div style="border: 1px solid black; padding: 2px; text-align: center;">(type date in this field)</div>	

HSER 428

COURSE NAME / NUMBER

**LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:**

This course has no pre-established outcomes. Upon successful completion of this course, the student will have explored:

- ethical behaviour
- maintaining boundaries
- stress
- working on cross disciplinary teams
- legal issues
- information sharing
- working with client with HIV/AIDS

**METHODS:**

The course will be conducted in discussion style seminars with small group activities as indicated.

**PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):**

Credit can be awarded for this course through PLAR

YES \_\_\_\_\_

NO   X  

**METHODS OF OBTAINING PLAR:**

All HSER 400 level courses (with the exception of the practicum) are open for PLAR. Follow UCFV PLAR process.

**TEXTBOOKS, REFERENCES, MATERIALS:**

[Textbook selection varies by instructor. An example of texts for this course might be:]

Instructor Prepared Manual

Harrison, S., & Carver V. (Eds.) (1997). *Alcohol and Drug Problems: A Practical Guide for Counsellors*. Toronto: Addiction Research Foundation.

**SUPPLIES / MATERIALS:**

**STUDENT EVALUATION:**

[An example of student evaluation for this course might be:]

The course is offered on a Credit/No Credit basis. Credit will be withheld from students who miss more than 2 seminars per 15 week term. The seminar does not meet the first and last week of each term - thus there are only 13 meetings.

Attendance and Participation      100%

**COURSE CONTENT:**

[Course content varies by instructor. An example of course content might be:]

Topics and issues to be explored vary from year to year and may include, but not be limited to, the following:

- ethical behaviour
- maintaining boundaries
- stress
- working on cross disciplinary teams
- legal issues
- information sharing
- working with client with HIV/AIDS