

COURSE IMPLEMENTATION DATE:	Sep 1991
COURSE REVISED IMPLEMENTATION DATE:	September 2007
COURSE TO BE REVIEWED:	March 2010
(Four years after UPAC final approval date)	(MONTH YEAR)

**OFFICIAL COURSE OUTLINE INFORMATION**

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department and the material will vary - see course syllabus available from instructor

FACULTY/DEPARTMENT:	<b>School of Social Work &amp; Human Services</b>	
<b>HSER 501</b>	<b>HSER 401 A &amp; B</b>	<b>2</b>
COURSE NAME/NUMBER	FORMER COURSE NUMBER	UCFV CREDITS
	<b>Group Facilitation Skills for Addictions</b>	
	COURSE DESCRIPTIVE TITLE	

**CALENDAR DESCRIPTION:**

This course will assist the counsellor to develop group process and leadership skills in a variety of addictions settings, which may be therapeutic, educational, or social in nature, with a particular focus on the facilitation of psycho-educational groups in chemical dependency treatment. To work effectively with groups, it is important to incorporate the needs of the individual group members and systems when planning and implementing groups. Students will learn to facilitate groups and foster a climate of mutual respect and group acceptance, while using the group as a vehicle to assist members to learn appropriate group and individual skills.

PREREQUISITES: HSER 500 and HSER 527  
COREQUISITES: HSER 500 and HSER 527

SYNONYMOUS COURSE(S)	<b>SERVICE COURSE TO:</b>
(a) Replaces: <b>HSER 401 A&amp;B; SSSW 601A</b> (Course #)	(Department/Program)
(b) Cannot take: _____ for further credit. (Course #)	(Department/Program)

TOTAL HOURS PER TERM: <b>30</b>	TRAINING DAY-BASED INSTRUCTION
<b>STRUCTURE OF HOURS:</b>	LENGTH OF COURSE: <b>N/A</b>
Lectures: <b>10</b> Hrs	HOURS PER DAY: <b>N/A</b>
Seminar: <b>20</b> Hrs	
Laboratory: _____ Hrs	
Field Experience: _____ Hrs	
Student Directed Learning: _____ Hrs	
Other (Specify): _____ Hrs	

MAXIMUM ENROLLMENT:	<b>24</b>
EXPECTED FREQUENCY OF COURSE OFFERINGS:	<b>1 SECTION PER YEAR</b>
<b>WILL TRANSFER CREDIT BE REQUESTED? (lower-level courses only)</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
<b>WILL TRANSFER CREDIT BE REQUESTED? (upper-level requested by department)</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE:</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

**AUTHORIZATION SIGNATURES:**

Course Designer(s): _____ Gloria Wolfson	Chairperson: _____ (Curriculum Committee)
Department Head: _____ Gloria Wolfson	Dean: _____ Jackie Snodgrass
PAC Approval in Principle Date: _____	PAC Final Approval Date: March 2, 2007

**LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:**

- Skill in facilitating psycho-educational groups in chemical dependency
- Knowledge of group process, member roles, group development, and own leadership style.
- Keeping appropriate written records.
- Maintaining ethical behavior and appropriate boundaries.
- Understanding of one's own group leadership style and the impact it has upon your members.
- Knowledge of the different types of groups in the addictions field and their appropriate use.
- Use and understanding of group development.
- Proficiency in leading a group through various experiential, process oriented, and educational exercises and understanding of the rationale and appropriate use of each.

**METHODS:**

Lecturettes, fishbowls, skill practise.

**PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):**

Credit can be awarded for this course through PLAR (Please check:)  Yes  No

**METHODS OF OBTAINING PLAR:**

Portfolio and/or examination.

**TEXTBOOKS, REFERENCES, MATERIALS:**

[Textbook selection varies by instructor. An example of texts for this course might be:]

Johnson, D.W. & Johnson, F.P. (2003). *Joining Together: Group Theory and Group Skills*. (8th ed.) New York: Allyn and Bacon.  
Velasquez, M., Mauer, G., Crouch, C., & DiClemente, C. (2001). *Group Treatment for Substance Abuse: A Stages of Change Therapy Manual*. (2001). New York: The Guilford Press.

**SUPPLIES / MATERIALS:**

**STUDENT EVALUATION:**

[An example of student evaluation for this course might be:]

1. Attendance/group and class participation (10%)
2. Presentation (70%)
3. Feedback to peers (20%)

**COURSE CONTENT:**

[Course content varies by instructor. An example of course content might be:]

Session 1	Introduction to HSER 601
	Overview of course requirements and assignments
	Definition of Group
Session 2	Group Dynamics
	Structure: Roles, Norms
	Groups Stages over Time
	Effective vs Ineffective Groups

Session 3	Experiential Learning Action Theories ECL Cycle
Session 4	Group Goals and Social Interdependence, and Trust
Session 5	Communication Within Groups Common Process Issues Blocks to Communication
Session 6	Leadership
Session 7	Controversy and Creativity Conflicts of Interest
Session 8	Concurrent Addictions/Dual Diagnosis & Group Counselling
Session 9	Managing Diversity & Use of Power
Session 10	Closure/Termination and Review Evaluation and Feedback Ethical Guidelines for Group Counsellors