

LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

- beginning knowledge of some of the major theories in working with families.
- understanding of the role of “theory” in developing one’s own framework for working with families
- a working knowledge of the family as an emotional system
- knowledge of the elements of system theory in relationship to families, including emotional triangles, over-under reciprocity, boundaries, and scapegoating
- knowledge of the interaction of the family emotional system with substance use/misuse issues
- apply the concepts of the family as an emotional system to one’s own family of origin.
- preparation and analysis of own genograms.
- knowledge of the implications of one’s own values personality, and past family experiences in influencing work with families.

METHODS:

Lectures, group discussion, video, experiential exercises, student presentations.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR (Please check:) Yes No

METHODS OF OBTAINING PLAR:

Portfolio and/or examination.

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

Richardson, Ronald. (1995). Family Ties That Bind (3rd ed.). Vancouver, Self-Counsel Press.

Instructor developed Course Pack of readings.

SUPPLIES / MATERIALS:

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

Assignment #1 Paper analyzing one’s own family of origin using and applying family systems concepts - 40%

Assignment #2 Presentation of one’s own genogram based - 40%

Assignment #3 Reflection Paper - 20%

COURSE CONTENT:

[Course content varies by instructor. An example of course content might be:]

1 Introduction, Overview of course requirements and assignments, Adopting a Family Framework

2 Systemic View point, a look at three models

3 Family as an Emotional System

4 Family as an Emotional System

5 Family as an Emotional System

6 Guest Speaker

7-9 Student Presentations

10 Wrap Up