



ORIGINAL COURSE IMPLEMENTATION DATE: September 1993  
 REVISED COURSE IMPLEMENTATION DATE: September 2018  
 COURSE TO BE REVIEWED: (six years after UEC approval) March 2024  
 Course outline form version: 09/15/14

## OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

<b>Course Code and Number:</b> KIN 161		<b>Number of Credits:</b> 3 <a href="#">Course credit policy (105)</a>																	
<b>Course Full Title:</b> Introduction to Kinesiology																			
<b>Course Short Title (if title exceeds 30 characters):</b>																			
<b>Faculty:</b> Faculty of Health Sciences		<b>Department (or program if no department):</b> Kinesiology																	
<b>Calendar Description:</b>  An overview of the field of kinesiology, with an emphasis on career possibilities in kinesiology and on historical and philosophical perspectives on the field.  Note: Students with credit for KPE 161 cannot take this course for further credit.																			
<b>Prerequisites (or NONE):</b>		None.																	
<b>Corequisites (if applicable, or NONE):</b>		None																	
<b>Pre/corequisites (if applicable, or NONE):</b>		None																	
<b>Equivalent Courses (cannot be taken for additional credit)</b> Former course code/number: <b>KPE 161</b> Cross-listed with: Equivalent course(s): <b>KPE 161</b> <i>Note: Equivalent course(s) should be included in the calendar description by way of a note that students with credit for the equivalent course(s) cannot take this course for further credit.</i>		<b>Transfer Credit</b> Transfer credit already exists: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  Transfer credit requested (OReg to submit to BCCAT): <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No (if yes, fill in transfer credit form)  Resubmit revised outline for articulation: <input type="checkbox"/> Yes <input type="checkbox"/> No  To find out how this course transfers, see <a href="http://bctransferguide.ca">bctransferguide.ca</a> .																	
<b>Total Hours: 45</b> <b>Typical structure of instructional hours:</b> <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 5px;"> <tr><td>Lecture hours</td><td style="text-align: center;">30</td></tr> <tr><td>Seminars/tutorials/workshops</td><td></td></tr> <tr><td>Laboratory hours</td><td></td></tr> <tr><td>Field experience hours</td><td></td></tr> <tr><td>Experiential (practicum, internship, etc.)</td><td style="text-align: center;">10</td></tr> <tr><td>Online learning activities</td><td></td></tr> <tr><td>Other contact hours: Panel discussion / guest presenters</td><td style="text-align: center;">5</td></tr> <tr><td style="text-align: right;"><b>Total</b></td><td style="text-align: center;"><b>45</b></td></tr> </table>		Lecture hours	30	Seminars/tutorials/workshops		Laboratory hours		Field experience hours		Experiential (practicum, internship, etc.)	10	Online learning activities		Other contact hours: Panel discussion / guest presenters	5	<b>Total</b>	<b>45</b>	<b>Special Topics</b> Will the course be offered with different topics? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No  If yes, different lettered courses may be taken for credit: <input type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit  <i>Note: The specific topic will be recorded when offered.</i>	
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<b>Total</b>	<b>45</b>																		
		<b>Maximum enrolment (for information only):</b> 36																	
		<b>Expected frequency of course offerings (every semester, annually, every other year, etc.):</b> every semester																	
<b>Department / Program Head or Director:</b> Alastair Hodges		<b>Date approved:</b> May 2017																	
<b>Faculty Council approval</b>		<b>Date approved:</b> May 2017																	
<b>Campus-Wide Consultation (CWC)</b>		<b>Date of posting:</b> October 20, 2017																	
<b>Dean/Associate VP:</b> Joanne MacLean		<b>Date approved:</b> May 2017																	
<b>Undergraduate Education Committee (UEC) approval</b>		<b>Date of meeting:</b> March 23, 2018																	

**Learning Outcomes**

Upon successful completion of this course, students will be able to:

1. Describe the interdisciplinary nature of the field
2. Distinguish between a discipline and a profession and relate these concepts to the field of human movement
3. Provide an historical description of the field's development, with particular emphasis on the development in Canada
4. Articulate a personal philosophical framework
5. Distinguish between varying subdisciplinary knowledge bases in the field of human movement
6. Identify the various career paths that exists for graduates of the field
7. Defend a position regarding a current controversial issue in the field

**Prior Learning Assessment and Recognition (PLAR)**

Yes     No, PLAR cannot be awarded for this course because

**Typical Instructional Methods (guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion)**

Lecture, demonstration, small group practice, discussion, audiovisual presentation, use of models and charts.

**Grading system:** Letter Grades:  Credit/No Credit:     Labs to be scheduled independent of lecture hours: Yes  No

**NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.**

**Typical Text(s) and Resource Materials (if more space is required, download Supplemental Texts and Resource Materials form)**

Author (surname, initials)	Title (article, book, journal, etc.)	Current ed.	Publisher	Year
1.	Online assigned reading list	<input type="checkbox"/>		
2.		<input type="checkbox"/>		
3.		<input type="checkbox"/>		
4.		<input type="checkbox"/>		
5.		<input type="checkbox"/>		

**Required Additional Supplies and Materials (software, hardware, tools, specialized clothing, etc.)****Typical Evaluation Methods and Weighting**

Final exam:	25%	Assignments: Career observation	15%	Midterm exam:	20%	Practicum:	%
Quizzes/tests:	%	Lab work:	%	Field experience:	%	Shop work:	%
Journal critique:	20%	Debate:	15%	Participation:	5%	Total:	100%

**Details (if necessary):**

**Typical Course Content and Topics**

1. Introduction to KIN Research
2. Crafting the Critique
3. Historical Foundations
  - a. Early influences
  - b. Sport in Canada
4. Philosophical Frameworks
5. Subdisciplines
6. Careers in Kinesiology
7. Current and Future Directions
  - a. Debates