



ORIGINAL COURSE IMPLEMENTATION DATE:
 REVISED COURSE IMPLEMENTATION DATE: September 2018
 COURSE TO BE REVIEWED (six years after UEC approval): November 2011
 Course outline form version: 05/18/2018

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: KIN 220C	Number of Credits: 3 Course credit policy (105)														
Course Full Title: Teaching Swimming and Track & Field Course Short Title: <i>(Transcripts only display 30 characters. Departments may recommend a short title if one is needed. If left blank, one will be assigned.)</i>															
Faculty: Faculty of Health Sciences	Department (or program if no department): Kinesiology														
Calendar Description: This course will provide the student with an understanding of developing curriculum and designing instruction for implementing swimming and track & field programs in the K-12 educational system. Active participation is required. Note: Students with credit for KPE 220C or KIN 222 cannot take this course for further credit.															
Prerequisites (or NONE):															
Corequisites (if applicable, or NONE):															
Pre/corequisites (if applicable, or NONE): KIN 221 (formerly KPE 221).															
Antirequisite Courses <i>(Cannot be taken for additional credit.)</i> Former course code/number: KPE 220C Cross-listed with: Dual-listed with: Equivalent course(s): KIN 222 <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>	Special Topics <i>(Double-click on boxes to select.)</i> This course is offered with different topics: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes <i>(If yes, topic will be recorded when offered.)</i>														
Typical Structure of Instructional Hours <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Lecture/seminar hours</td><td style="text-align: center;">14</td></tr> <tr><td>Tutorials/workshops</td><td></td></tr> <tr><td>Supervised laboratory hours</td><td style="text-align: center;">42</td></tr> <tr><td>Experiential (field experience, practicum, internship, etc.)</td><td></td></tr> <tr><td>Supervised online activities</td><td></td></tr> <tr><td>Other contact hours:</td><td></td></tr> <tr><td style="text-align: right;">Total hours</td><td style="text-align: center;">56</td></tr> </table>	Lecture/seminar hours	14	Tutorials/workshops		Supervised laboratory hours	42	Experiential (field experience, practicum, internship, etc.)		Supervised online activities		Other contact hours:		Total hours	56	Independent Study If offered as an Independent Study course, this course may be repeated for further credit: <i>(If yes, topic will be recorded.)</i> <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit
Lecture/seminar hours	14														
Tutorials/workshops															
Supervised laboratory hours	42														
Experiential (field experience, practicum, internship, etc.)															
Supervised online activities															
Other contact hours:															
Total hours	56														
Labs to be scheduled independent of lecture hours: <input type="checkbox"/> No <input type="checkbox"/> Yes	Transfer Credit Transfer credit already exists: <i>(See bctransferguide.ca.)</i> <input type="checkbox"/> No <input type="checkbox"/> Yes Submit outline for (re)articulation: <input type="checkbox"/> No <input type="checkbox"/> Yes <i>(If yes, fill in transfer credit form.)</i>														
Grading System <input checked="" type="checkbox"/> Letter Grades <input type="checkbox"/> Credit/No Credit															
Maximum enrolment (for information only): 36															
Expected Frequency of Course Offerings: Once annually <i>(Every semester, Fall only, annually, etc.)</i>															
Department / Program Head or Director:	Date approved:														
Faculty Council approval	Date approved:														
Dean/Associate VP:	Date approved:														
Campus-Wide Consultation (CWC)	Date of posting:														
Undergraduate Education Committee (UEC) approval	Date of meeting: April 20, 2018														

Learning Outcomes:

Upon successful completion of this course, students will be able to:

1. describe the conceptual nature of swimming and track & field;
2. describe and demonstrate the techniques involved in the performance of swimming and track & field;
3. demonstrate an understanding of the tactics and strategies involved in the performance of swimming and track & field;
4. develop an effective skill progression for the teaching of individual skills;
5. exhibit a knowledge of both quantitative and qualitative analyses of the activities

Prior Learning Assessment and Recognition (PLAR)

Yes No, PLAR cannot be awarded for this course because

Typical Instructional Methods (*Guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion.*)

Lectures, discussion, demonstrations, practical applications and experiences, group projects, field observations.

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Text(s) and Resource Materials (*If more space is required, download Supplemental Texts and Resource Materials form.*)

Author (surname, initials)	Title (article, book, journal, etc.)	Current ed.	Publisher	Year
1. YMCA	Teaching Swimming Fundamentals	<input checked="" type="checkbox"/>	Human Kinetics Publishers	
2. Carr, G.A.	Fundamentals of Track and Field	<input checked="" type="checkbox"/>	Human Kinetics Publishers	
3.		<input type="checkbox"/>		
4.		<input type="checkbox"/>		
5.		<input type="checkbox"/>		

Required Additional Supplies and Materials (*Software, hardware, tools, specialized clothing, etc.*)**Typical Evaluation Methods and Weighting**

Exams (2 x 25%):	50%	Assignments:	%	Portfolio:	%
Midterm exam:	%	Projects (2 x 10%):	20%	Presentations (2 x 10%):	20%
Quizzes/tests:	%	Class participation/performance:	10%	Total:	100%

Details (if necessary):**Typical Course Content and Topics**

Swimming:

- a) lifesaving skills
- b) stroke mechanics
- c) teaching progressions

Track and Field:

- a) rules and regulations from IAAF
- b) individual techniques for each activity
- c) teaching progressions
- d) Safety issues