

ORIGINAL COURSE IMPLEMENTATION DATE:

REVISED COURSE IMPLEMENTATION DATE:

September 2018

COURSE TO BE REVIEWED (six years after UEC approval):

November 2011

Course outline form version: 05/18/2018

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: KIN 220E		Number of Credits: 3 Course credit policy (105)				
Course Full Title: Teaching Dance and Gym	nastics					
Course Short Title:						
(Transcripts only display 30 characters. Departments may recommend a short title if one is needed. If left blank, one will be assigned.)						
Faculty: Faculty of Health Sciences	Department (or program if no department): Kinesiology					
Calendar Description:						
This course will provide the student with an understanding of developing curriculum and designing instruction for implementing dance and gymnastics programs in the K-12 educational system. Active participation is required.						
Note: Students with credit for KPE 220E or K	IN 322 canno	ot take this cou	rse for fur	ther credit.		
Prerequisites (or NONE):						
Corequisites (if applicable, or NONE):						
Pre/corequisites (if applicable, or NONE):	KIN 221 (fo	rmerly KPE 22°	1)			
Antirequisite Courses (Cannot be taken for	•		i	Tanias (Double eliek en beves to coloct)		
Former course code/number: KPE 220E	audilional cre	ean.)	I -	ecial Topics (Double-click on boxes to select.)		
Cross-listed with:			This course is offered with different topics: ☐ No ☐ Yes (If yes, topic will be recorded when offered.)			
Dual-listed with:						
Equivalent course(s): KIN 322			Independent Study If offered as an Independent Study course, this course may be repeated for further credit: (If yes, topic will be recorded.) ☑ No ☐ Yes, repeat(s) ☐ Yes, no limit			
(If offered in the previous five years, antirequi	site course(s	a) will be				
included in the calendar description as a note	that student	s with credit				
for the antirequisite course(s) cannot take this	s course for f	urther credit.)				
T : 10:				er Credit		
Typical Structure of Instructional Hours			□ No	r credit already exists: (See <u>bctransferguide.ca</u> .)		
Lecture/seminar hours		20		_		
Tutorials/workshops				outline for (re)articulation:		
Supervised laboratory hours		36	∐ No	Yes (If yes, fill in transfer credit form.)		
Experiential (field experience, practicum, into	ernship, etc.))	Grading	g System		
Supervised online activities			□ Lette	er Grades		
Other contact hours:			Maximu	um enrolment (for information only): 36		
	Total hours	56		ed Frequency of Course Offerings:		
Labs to be scheduled independent of lecture h	hours: N	o 🗌 Yes	-	nnually (Every semester, Fall only, annually, etc.)		
Department / Program Head or Director:			Date approved:			
Faculty Council approval			Date approved:			
Dean/Associate VP:				Date approved:		
Campus-Wide Consultation (CWC)				Date of posting:		
Undergraduate Education Committee (UEC) approval				Date of meeting: April 20, 2018		

Learning Outcomes:

Upon successful completion of this course, students will be able to:

Dance:

- 1. Understand the elements of rhythm, tempo, space, pattern and intensity
- 2. Understand the basics of applying rhythmic activities with small equipment.
- 3. Understand the basics of traditional and contemporary dance, including: Line-dance, Square dance, Ballroom Dancing, Latin and Swing, Jazz, Hip-Hop and Rhythmic Movement.
- 4. Understand the principles of teaching dance.
- 5. Evaluate and assess progress in dance.
- 6. Create a comprehensive lesson plan embodying various techniques gained from course material.
- 7. Apply information obtained from the course to design and implement a dance class suitable for instruction in the K-12 system.

Gymnastics:

- 1. Understand the basics of balance, agility and movement concepts as they relate to gymnastics.
- 2. Recognize and be able to instruct on aspects of gymnastics relating to: transfer of weight, balance, force, change of speed and direction, levels and relationships.
- 3. Recognize the principles of teaching gymnastics.
- 4. Evaluate and assess progress in gymnastics routines.
- 5. Create a comprehensive lesson plan incorporating various techniques gained from course material.
- 6. Apply information attained from the course to design and implement a gymnastics class suitable for instruction in the K-12 system.

Prior Learning Assessment and Recognition (PLAR)

Typical Instructional Methods (Guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion.) Instruction involving active class participation and theoretical knowledge delivered in the classroom in both dance and gymnastics by qualified instructors.

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Text(s) and Resource Materials (If more space is required, download Supplemental Texts and Resource Materials form.)					
	Author	Title (article, book, journal, etc.)	Current ed.	Publisher	Year
1.		Level Once NCCP Gymnastics Technical Manual	\boxtimes		
2.		Additional readings will be placed on reserve in the library or handed out in class.	\boxtimes		

Typical Evaluation Methods and Weighting

Exams: 20%	Assignments:	60%	Portfolio:	%
Midterm exam: %	Projects:	%	Presentations:	%
Quizzes/tests: %	Practical performance:	20%	Total:	100%
Details (if necessary):				

Details (if necessary):

Dance – instruction and lesson plan	20%
Dance – practical performance	10%
Dance – resource book	10%
Gymnastics – instruction and lesson plan	20%
Gymnastics – practical performance	10%
Gymnastics – resource book	10%
Final exam	20%

Typical Course Content and Topics

Dance:

- elements of rhythm, tempo, space, pattern and intensity
- applying rhythmic activities with small equipment
- traditional and contemporary dance
- evaluate and assess progress in dance
- · design and implement a dance class in the K-12 system

Gymnastics:

- balance, agility and movement concepts
- transfer of weight, balance, force, change of speed and direction, levels and relationships
- principles of teaching gymnastics
- evaluate and assess progress in gymnastics routines
- design and implement a gymnastics class in the K-12 system