

## OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

<b>Course Code and Number:</b> KIN 323	<b>Number of Credits:</b> 3 <a href="#">Course credit policy (105)</a>																
<b>Course Full Title:</b> Teaching Outdoor Leadership <b>Course Short Title (if title exceeds 30 characters):</b>																	
<b>Faculty:</b> Faculty of Health Sciences	<b>Department (or program if no department):</b> Kinesiology																
<b>Calendar Description:</b> <p>A field course focusing on leadership in the natural environment. Provides students with the skills, knowledge, and dispositions necessary to teach and lead in outdoor and experiential education environments.</p> <p>Note: Students with credit for KIN 220F (formerly KPE 220F) cannot take this course for further credit.</p>																	
<b>Prerequisites (or NONE):</b>	45 university-level credits including KIN 121 (formerly KPE 121).																
<b>Corequisites (if applicable, or NONE):</b>	NONE																
<b>Pre/corequisites (if applicable, or NONE):</b>	NONE																
<b>Equivalent Courses (cannot be taken for additional credit)</b> Former course code/number: Cross-listed with: <b>N/A</b> Equivalent course(s): <b>KPE 220F, KIN 220F</b> <i>Note: Equivalent course(s) should be included in the calendar description by way of a note that students with credit for the equivalent course(s) cannot take this course for further credit.</i>	<b>Transfer Credit</b> Transfer credit already exists: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Transfer credit requested (OReg to submit to BCCAT): <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No (if yes, fill in transfer credit form) Resubmit revised outline for articulation: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No To find out how this course transfers, see <a href="http://bctransferguide.ca">bctransferguide.ca</a> .																
<b>Total Hours: 45</b> <b>Typical structure of instructional hours:</b> <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 5px;"> <tr><td>Lecture hours</td><td style="text-align: center;">12</td></tr> <tr><td>Seminars/tutorials/workshops</td><td></td></tr> <tr><td>Laboratory hours</td><td></td></tr> <tr><td>Field experience hours</td><td style="text-align: center;">33</td></tr> <tr><td>Experiential (practicum, internship, etc.)</td><td></td></tr> <tr><td>Online learning activities</td><td></td></tr> <tr><td>Other contact hours:</td><td></td></tr> <tr><td style="text-align: right;"><b>Total</b></td><td style="text-align: center;"><b>45</b></td></tr> </table>	Lecture hours	12	Seminars/tutorials/workshops		Laboratory hours		Field experience hours	33	Experiential (practicum, internship, etc.)		Online learning activities		Other contact hours:		<b>Total</b>	<b>45</b>	<b>Special Topics</b> Will the course be offered with different topics? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, different lettered courses may be taken for credit: <input type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit <i>Note: The specific topic will be recorded when offered.</i>
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Other contact hours:																	
<b>Total</b>	<b>45</b>																
<b>Department / Program Head or Director:</b> Dr. Alastair Hodges																	
<b>Date approved:</b> October 2017																	
<b>Faculty Council approval</b>																	
<b>Date approved:</b> October 2017																	
<b>Campus-Wide Consultation (CWC)</b>																	
<b>Date of posting:</b> November 24, 2017																	
<b>Dean/Associate VP:</b> Dr. Joanne MacLean																	
<b>Date approved:</b> October 2017																	
<b>Undergraduate Education Committee (UEC) approval</b>																	
<b>Date of meeting:</b> March 23, 2018																	

**Learning Outcomes**

Upon successful completion of this course, students will be able to:

- Apply first-hand experience in outdoor leadership theory and practice;
- Demonstrate skills required for wilderness tripping and camping;
- Examine and apply teamwork and collaboration skills within experiential learning environments;
- Apply critical thinking about peoples' relationships with nature and relationships with others;
- Serve as agents of social and environmental change;
- Construct safe educational plans for outdoor learning settings;

Note: Successful completion of this course will allow students to earn various certifications from the Recreational Canoeing Association of BC (RCABC).

**Prior Learning Assessment and Recognition (PLAR)**

Yes     No

**Typical Instructional Methods (guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion)**

One week of class lecture, followed by 6-day, 5-night field experience at outdoor center. Two-night out-trip experience while at camp. Student presentations, guest lectures, discussion, experiential learning.

**Grading system:** Letter Grades:  Credit/No Credit:  Labs to be scheduled independent of lecture hours: Yes  No

**NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.**

**Typical Text(s) and Resource Materials (if more space is required, download Supplemental Texts and Resource Materials form)**

Author (surname, initials)	Title (article, book, journal, etc.)	Current ed.	Publisher	Year
1. Louv, R	Last child in the woods: Saving our children from nature deficit disorder.	<input checked="" type="checkbox"/>	Chapel Hill, NC: Algonquin Books of Chapel Hill.	2005
2. Martin, Cashel, Wagstaff, & Breunig	Outdoor Leadership: Theory and Practice	<input checked="" type="checkbox"/>	Human Kinetics	2006

**Required Additional Supplies and Materials (software, hardware, tools, specialized clothing, etc.)**

Students will need to supply personal clothing required for field experience. All other equipment to be supplied by outdoor center. Additional fee for the field experience may be required.

**Typical Evaluation Methods and Weighting**

Final exam:	25%	Assignments:	25%	Field experience:	50	Total:	100%
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**Typical Course Content and Topics**

- Trip planning and packing
  - For efficiency; for safety; hiking vs canoeing; portaging; logistics planning
- Water skills: paddling/ canoe safety
  - Flatwater; tipping; re-entry; strokes
- Land skills: shelter/ cooking/ fire building/ bear proofing/ hiking
  - Individual; group skills
- Self-care and hygiene in outdoor settings
  - For survival; for comfort; resourcefulness
- Risk management in natural and dynamic settings
  - Safety and risk assessment and management; judgement and decision making; changing weather; wilderness first aid (non-certification); hypothermia; emergency preparedness
- Communication skills
  - Feedback; relationship to leadership
- Navigational and wayfinding skills
  - Land & water; individual and group; maps & compass
- Leadership, group dynamics, and stewardship in natural settings
  - Types of leadership; leadership theory; power; models; group dynamics
  - Leadership in outdoor/ experiential settings
- Pedagogy in experiential settings including theory of 'challenge by choice'
  - Goals and challenges of facilitation; considerations for outdoor leadership; lesson planning; outdoor teaching techniques
- Environmental ethics
  - Ecological literacy; preservation through education; leave no trace.