



ORIGINAL COURSE IMPLEMENTATION DATE: January 2001
 REVISED COURSE IMPLEMENTATION DATE: September 2018
 COURSE TO BE REVIEWED: (six years after UEC approval) March 2024
 Course outline form version: 09/15/14

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: KIN 451	Number of Credits: 3 Course credit policy (105)																
Course Full Title: Program Planning for Health Promotion Course Short Title (if title exceeds 30 characters): Prgm Planning for Health Promo																	
Faculty: Faculty of Health Sciences	Department (or program if no department): Kinesiology																
Calendar Description: Prepares students for planning, implementing, and evaluating health promotion, education, and fitness programming in a variety of settings. Planning theories and strategies are introduced and practically implemented with examples from needs assessments through to evaluating program success. Note: Students with credit for KPE 451 cannot take this course for further credit.																	
Prerequisites (or NONE):	KIN 360 (formerly KPE 360).																
Corequisites (if applicable, or NONE):	NONE																
Pre/corequisites (if applicable, or NONE):	NONE																
Equivalent Courses (cannot be taken for additional credit) Former course code/number: KPE 451 Cross-listed with: Equivalent course(s): KPE 451 <i>Note: Equivalent course(s) should be included in the calendar description by way of a note that students with credit for the equivalent course(s) cannot take this course for further credit.</i>	Transfer Credit Transfer credit already exists: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Transfer credit requested (OReg to submit to BCCAT): <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No (if yes, fill in transfer credit form) Resubmit revised outline for articulation: <input type="checkbox"/> Yes <input type="checkbox"/> No To find out how this course transfers, see bctransferguide.ca .																
Total Hours: 45 Typical structure of instructional hours: <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 5px;"> <tr><td>Lecture hours</td><td style="text-align: center;">45</td></tr> <tr><td>Seminars/tutorials/workshops</td><td></td></tr> <tr><td>Laboratory hours</td><td></td></tr> <tr><td>Field experience hours</td><td></td></tr> <tr><td>Experiential (practicum, internship, etc.)</td><td></td></tr> <tr><td>Online learning activities</td><td></td></tr> <tr><td>Other contact hours:</td><td></td></tr> <tr><td style="text-align: right;">Total</td><td style="text-align: center;">45</td></tr> </table>	Lecture hours	45	Seminars/tutorials/workshops		Laboratory hours		Field experience hours		Experiential (practicum, internship, etc.)		Online learning activities		Other contact hours:		Total	45	Special Topics Will the course be offered with different topics? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, different lettered courses may be taken for credit: <input type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit <i>Note: The specific topic will be recorded when offered.</i> Maximum enrolment (for information only): 36 Expected frequency of course offerings (every semester, annually, every other year, etc.): annually
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Total	45																
Department / Program Head or Director: Alastair Hodges	Date approved: October 2017																
Faculty Council approval	Date approved: October 2017																
Campus-Wide Consultation (CWC)	Date of posting: November 24, 2017																
Dean/Associate VP: Joanne MacLean	Date approved: October 2017																
Undergraduate Education Committee (UEC) approval	Date of meeting: March 23, 2018																

Learning Outcomes

Upon successful completion of this course, students will be able to:

1. Identify and describe a variety of health promotion planning models
2. Conduct a needs assessment
3. Develop a health promotion program
4. Analyze approaches to health promotion in a variety of settings
5. Analyze a variety of methods of program evaluation

Prior Learning Assessment and Recognition (PLAR)

Yes No, PLAR cannot be awarded for this course because

Typical Instructional Methods (guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion)

Lectures, discussions, projects

Grading system: Letter Grades: Credit/No Credit: Labs to be scheduled independent of lecture hours: Yes No

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Text(s) and Resource Materials (if more space is required, download Supplemental Texts and Resource Materials form)

Author (surname, initials)	Title (article, book, journal, etc.)	Current ed.	Publisher	Year
1.	UFV Article Access or Course pack	<input type="checkbox"/>		
2.		<input type="checkbox"/>		
3.		<input type="checkbox"/>		
4.		<input type="checkbox"/>		
5.		<input type="checkbox"/>		

Required Additional Supplies and Materials (software, hardware, tools, specialized clothing, etc.)**Typical Evaluation Methods and Weighting**

Final exam:	25%	Assignments:	40%	Midterm exam:	25%	Practicum:	%
Quizzes/tests:	%	Lab work:	%	Field experience:	%	Shop work:	%
Class Participation:	5%	Presentation:	5%	Other:	%	Total:	100%

Details (if necessary):

Typical Course Content and Topics

1. Introduction
 - Course summary
 - Key concepts
 - History
2. Epidemiology
 - Health behaviour
 - Adaption model
 - Needs assessment
3. Health Promotion
 - Introduction
 - Precede-proceed model
 - Health promotion initiatives (e.g., Healthy People 2000; Health Canada)
 - a. Workplace
 - b. Schools
 - c. Health care settings
 - d. Communities
4. Evaluation Methods for Health Promotion