



ORIGINAL COURSE IMPLEMENTATION DATE: September 2002
 REVISED COURSE IMPLEMENTATION DATE: September 2018
 COURSE TO BE REVIEWED: (six years after UEC approval) March 2024
 Course outline form version: 09/15/14

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: KIN 465	Number of Credits: 3 Course credit policy (105)																
Course Full Title: Adapted Physical Activity Course Short Title (if title exceeds 30 characters):																	
Faculty: Faculty of Health Sciences	Department (or program if no department): Kinesiology																
Calendar Description: An applied course focusing on the theory and practice of adapting physical activity and programming considerations for individuals with mental or physical challenges. Note: Students with credit for KPE 465 cannot take this course for further credit.																	
Prerequisites (or NONE):	KIN 365 (formerly KPE 365).																
Corequisites (if applicable, or NONE):	NONE																
Pre/corequisites (if applicable, or NONE):	NONE																
Equivalent Courses (cannot be taken for additional credit) Former course code/number: KPE 465 Cross-listed with: Equivalent course(s): KPE 465 <i>Note: Equivalent course(s) should be included in the calendar description by way of a note that students with credit for the equivalent course(s) cannot take this course for further credit.</i>	Transfer Credit Transfer credit already exists: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Transfer credit requested (OReg to submit to BCCAT): <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No (if yes, fill in transfer credit form) Resubmit revised outline for articulation: <input type="checkbox"/> Yes <input type="checkbox"/> No To find out how this course transfers, see bctransferguide.ca .																
Total Hours: 45 Typical structure of instructional hours: <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 5px;"> <tr><td>Lecture hours</td><td style="text-align: center;">20</td></tr> <tr><td>Seminars/tutorials/workshops</td><td></td></tr> <tr><td>Laboratory hours</td><td style="text-align: center;">6</td></tr> <tr><td>Field experience hours</td><td style="text-align: center;">12</td></tr> <tr><td>Experiential (practicum, internship, etc.)</td><td></td></tr> <tr><td>Online learning activities</td><td></td></tr> <tr><td>Other contact hours: student directed learning</td><td style="text-align: center;">7</td></tr> <tr><td style="text-align: right;">Total</td><td style="text-align: center;">45</td></tr> </table>	Lecture hours	20	Seminars/tutorials/workshops		Laboratory hours	6	Field experience hours	12	Experiential (practicum, internship, etc.)		Online learning activities		Other contact hours: student directed learning	7	Total	45	Special Topics Will the course be offered with different topics? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, different lettered courses may be taken for credit: <input type="checkbox"/> No <input type="checkbox"/> Yes, repeat(s) <input type="checkbox"/> Yes, no limit <i>Note: The specific topic will be recorded when offered.</i> Maximum enrolment (for information only): 36 Expected frequency of course offerings (every semester, annually, every other year, etc.): once annually
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Total	45																
Department / Program Head or Director: Alastair Hodges	Date approved: October 2017																
Faculty Council approval	Date approved: October 2017																
Campus-Wide Consultation (CWC)	Date of posting: November 24, 2017																
Dean/Associate VP: Joanne MacLean	Date approved: October 2017																
Undergraduate Education Committee (UEC) approval	Date of meeting: March 23, 2018																

Learning Outcomes

Upon successful completion of this course, students will be able to:

1. Explain the need for, scope of and structure of adapted physical activity adaptations for people with disabilities.
2. Describe various disabilities and basic information on the incidence, prevalence, etiology, illustrative behaviors and programming strategies for such disabilities.
3. Apply the theoretical knowledge of adapted physical activity to work with clients with multiple needs

Prior Learning Assessment and Recognition (PLAR)

Yes No, PLAR cannot be awarded for this course because

Typical Instructional Methods (guest lecturers, presentations, online instruction, field trips, etc.; may vary at department's discretion)

Classes will be taught using lecture format, group and class discussions, guest presenters, presentations and group teaching exercises, active participation, field experiences and hands-on laboratory and teaching exercises with disabled clients.

Grading system: Letter Grades: Credit/No Credit: Labs to be scheduled independent of lecture hours: Yes No

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Text(s) and Resource Materials (if more space is required, download Supplemental Texts and Resource Materials form)

Author (surname, initials)	Title (article, book, journal, etc.)	Current ed.	Publisher	Year
1. Winnick, J.P. ed	Adapted Physical Education & Sport	<input type="checkbox"/>	Human Kinetics	2016
2.		<input type="checkbox"/>		
3.		<input type="checkbox"/>		
4.		<input type="checkbox"/>		
5.		<input type="checkbox"/>		

Required Additional Supplies and Materials (software, hardware, tools, specialized clothing, etc.)**Typical Evaluation Methods and Weighting**

Final exam:	20%	Assignments:	%	Midterm exam:	20%	Practicum:	%
Quizzes/tests:	%	Lab work:	10%	Field experience:	20%	Shop work:	%
Teaching demonstrations:	10%	Presentations:	20%	Other:	%	Total:	100%

Details (if necessary):

Typical Course Content and Topics

Tentative lecture topics:

- Introduction
- Theories, principles and models
- History of adapted physical activity
- Celebrating individual differences
- Accessibility
- Considerations in adapting
- Goal setting and programming
- Assessment
- Tests of motor skills and fitness
- Posture, appearance and muscle imbalance
- Sports classifications, wheelchairs and assistive devices
- Wheelchair sports and spinal cord injuries
- Les autres conditions and amputations
- Cerebral palsy
- Stroke and traumatic brain injury
- Deafness and hearing impairments
- Blindness and visual impairments
- Learning disabilities, attention deficits and hyperactivity
- Relaxation and reduction of hyperactivity
- Serious emotional disturbance and autism
- Mental disabilities