UNIVERSITY COLLEGE of the FRASER VALLEY

PAC FORM #2

COURSE IMPLEMENTATION DATE: { September 2002 }
COURSE REVISED IMPLEMENTATION DATE: { }
COURSE TO BE REVIEWED: { September 2006 }
(Four years after implementation date)

OFFICAL COURSE OUTLINE INFORMATION

Students are advised to keep course outlines in personal files for future use.

Shaded headings are subject to change at the discretion of the department and material will vary - see course syllabus available from instructor

FACULTY/DEPARTMENT: **KINESIOLOGY AND PHYSICAL EDUCATION**

COURSE NAME/NUMBER	FORMER COURSE NUMBER	UCFV CREDITS
KPE 465		**3**

ADAPTED PHYSICAL ACTIVITY
COURSE DESCRIPTIVE TITLE

CALENDAR DESCRIPTION:
This is an applied course focusing on the current trends in the theory and practice of adapting physical activity for individuals with mental or physical challenges. Students will be provided with the foundations and rationale for adapting physical activity, along with a survey of various disabilities and programming considerations for people with disabilities. Students will be expected to apply their knowledge in real world settings.

PREREQUISITES: KPE 170; KPE 365

COREQUISITES: NONE

SYNONYMOUS COURSE(S)

(a) Replaces: N/A (*Course #*)

(b) Cannot take: N/A (*Course #*) for further credit

SERVICE COURSE TO:

N/A (*Department / Program*)

N/A (*Department / Program*)

TOTAL HOURS PER TERM: **45**

STRUCTURE OF HOURS:

Lectures:	20	hrs.
Seminar:		hrs.
Laboratory:	6	hrs.
Field Experience:	12	hrs.
Student Directed Learning:	7	hrs.
Other (Specify):		hrs.

TRAINING DAY-BASED INSTRUCTION

LENGTH OF COURSE: N/A

HOURS PER DAY: N/A

MAXIMUM ENROLMENT: **36**

EXPECTED FREQUENCY OF COURSE OFFERING: Once/year

WILL TRANSFER CREDIT BE REQUESTED?: (Lower-level courses only) YES ____ NO **X**

WILL TRANSFER CREDIT BE REQUESTED?: (Upper-level requested by department) YES **X** NO ____

TRANSFER CREDIT EXISTS IN BCCAT TRANSFER GUIDE: YES ____ NO **X**

AUTHORIZATION SIGNATURES:

Course designer(s): Alison Pritchard-Orr, M.Sc.

Chairperson: (*Curriculum Committee*)

Department Head: Craig J. Chamberlin, Ph.D.

Dean: J. Snodgrass

PAC Approval in Principle Date: ____

PAC Final Approval Date: 2002 04 24

KPE 465 - Adapted Physical Education

COURSE NAME / NUMBER

LEARNING OBJECTIVES / GOALS / OUTCOMES / LEARNING OUTCOMES:

1. To understand the need for, scope of and structure of adapted physical activity adaptations for people with disabilities.
2. To acquire the knowledge of various disabilities and basic information on the incidence, prevalence, etiology, illustrative behaviors and programming strategies for such disabilities.
3. To be able to apply the theoretical knowledge of adapted physical activity to work with clients with multiple needs.

METHODS:

Classes will be taught using lecture format, group and class discussions, guest presenters, presentations and group teaching exercises, active participation, field experiences and hands-on laboratory and teaching exercises with disabled clients.

PRIOR LEARNING ASSESSMENT RECOGNITION (PLAR):

Credit can be awarded for this course through PLAR YES **X** NO _____

METHODS OF OBTAINING PLAR:

1. Portfolio Assessment
2. Transfer Articulation
3. Challenge Exam

TEXTBOOKS, REFERENCES, MATERIALS:

[Textbook selection varies by instructor. An example of texts for this course might be:]

Winnick, J.P. ed (2000), Adapted Physical Education & Sport (3rd edition). Human Kinetics, Windsor, Ontario

SUPPLIES / MATERIALS:

STUDENT EVALUATION:

[An example of student evaluation for this course might be:]

1. Laboratory Experiences	10%
2. Class Presentations	20%
3. Teaching Demonstrations	10%
4. Field Experience and Journal	20%
5. Midterm Exam	20%
6. Final Exam	20%

KPE 465 - Adapted Physical Education

COURSE NAME / NUMBER

COURSE CONTENT:

[Course content varies by instructor. An example of course content might be:]

Tentative Lecture Topics
Introduction
Theories, Principles and Models
History of Adapted Physical Activity
Celebrating Individual Differences
Accessibility
Considerations in Adapting
Goal Setting and Programming
Assessment
Tests of Motor Skills and Fitness
Posture, Appearance and Muscle Imbalance
Sports Classifications, Wheelchairs and Assistive Devices
Wheelchair Sports and Spinal Cord Injuries
Les Autres Conditions and Amputations
Cerebral Palsy
Stroke and Traumatic Brain Injury
Deafness and Hearing Impairments
Blindness and Visual Impairments
Learning Disabilities, Attention Deficits and Hyperactivity
Relaxation and reduction of Hyperactivity
Serious Emotional Disturbance and Autism
Mental Disabilities