

OFFICIAL UNDERGRADUATE COURSE OUTLINE FORM

Note: The University reserves the right to amend course outlines as needed without notice.

Course Code and Number: PSYC 101		Number of Credits: 3 Course credit policy (105)													
Course Full Title: Introduction to Psychology I Course Short Title: Introduction to Psychology I															
Faculty: Faculty of Social Sciences		Department (or program if no department): Psychology													
Calendar Description: Introduction to psychology with an emphasis on research methods. Topics include the history of psychology, brain structure and neural communication, learning, memory, and social behaviour. Additional topics from the following areas will be included: sensation and perception; consciousness; language, thought, and problem solving; and introductory statistics.															
Prerequisites (or NONE):		Same as for ENGL 105; see ENGL 105 for details.													
Corequisites (if applicable, or NONE):															
Pre/corequisites (if applicable, or NONE):															
Antirequisite Courses <i>(Cannot be taken for additional credit.)</i> Former course code/number: None Cross-listed with: None Equivalent course(s): None <i>(If offered in the previous five years, antirequisite course(s) will be included in the calendar description as a note that students with credit for the antirequisite course(s) cannot take this course for further credit.)</i>		Course Details Special Topics course: No <i>(If yes, the course will be offered under different letter designations representing different topics.)</i> Directed Study course: No <i>(See policy 207 for more information.)</i> Grading System: Letter grades Delivery Mode: May be offered in multiple delivery modes Expected frequency: Every semester Maximum enrolment (for information only): 36													
Typical Structure of Instructional Hours <table border="1"> <tr> <td>Lecture/seminar</td> <td>45</td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td>Total hours</td> <td>45</td> </tr> </table>		Lecture/seminar	45									Total hours	45	Prior Learning Assessment and Recognition (PLAR) PLAR is available for this course.	
Lecture/seminar	45														
Total hours	45														
Scheduled Laboratory Hours Labs to be scheduled independent of lecture hours: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes		Transfer Credit <i>(See bctransferguide.ca.)</i> Transfer credit already exists: Yes Submit outline for (re)articulation: No <i>(If yes, fill in transfer credit form.)</i>													
Department approval		Date of meeting: March 2025													
Faculty Council approval		Date of meeting: March 14, 2025													
Undergraduate Education Committee (UEC) approval		Date of meeting: May 23, 2025													

Learning Outcomes *(These should contribute to students' ability to meet program outcomes and thus Institutional Learning Outcomes.)*

Upon successful completion of this course, students will be able to:

1. Describe the major theoretical perspectives of psychology.
2. Explain the strengths and limitations of basic research methods of psychology at an introductory level.
3. Describe the components of the nervous system and neural communication at an introductory level.
4. Apply principles of classical, operant, and observational learning.
5. Describe the types, mechanisms, and limitations of human memory.
6. Identify major constructs and research in social psychology.
7. Examine methods and research in Indigenous psychology.
8. Discuss selected research covered in two or more additional topics (sensation and perception; consciousness; language, thought, and problem solving; and introductory statistics).

Recommended Evaluation Methods and Weighting *(Evaluation should align to learning outcomes.)*

Assignments:	24%	Final exam:	35%	%
Quizzes/tests:	41%			%

Details:

All sections will include a number of individual written assignments totaling 24%

All sections will normally include a 4% research participation or observation assignment. The research participation grade reflects participation or observation of departmental research studies.

NOTE: The following sections may vary by instructor. Please see course syllabus available from the instructor.

Typical Instructional Methods *(Guest lecturers, presentations, online instruction, field trips, etc.)*

Lectures, seminars, laboratory experiences. This course may also be offered online or as a hybrid.

Texts and Resource Materials *(Include online resources and Indigenous knowledge sources. [Open Educational Resources](#) (OER) should be included whenever possible. If more space is required, use the [Supplemental Texts and Resource Materials form](#).)*

Type	Author or description	Title and publication/access details	Year
1. Textbook	Passer et al.,	Psychology: Frontiers and Applications	2023
2. Textbook	Weiten, W.	Psychology: Themes and Variations	2021
3. Online resource	Noba Project Modules	nobaproject.com	
4. Article	Goodwill, O. A. & McCormick, R.	Giibinenimidizomin: Owning ourselves—Critical incidents in the attainment of Aboriginal identity. <i>Canadian Journal of Counselling and Psychotherapy</i> (46), 21-34.	2012
5.			

Required Additional Supplies and Materials *(Software, hardware, tools, specialized clothing, etc.)***Course Content and Topics**

All sections of PSYC 101 will include 7-10 weeks of:

- Introduction to the history of psychology
- Research methods in psychology
- Nervous system structure and function: brain structure, neural communication
- Learning: classical conditioning, operant conditioning, observational learning
- Memory
- Social psychology

In addition, all sections of PSYC 101 will include 3-6 weeks of at least two of the following four topics:

- Sensation and perception
- Consciousness
- Language, thought, and problem solving
- Introduction to statistics

Most topics will include a segment from Indigenous psychology research.